



GIVE YOURSELF THE GIFT OF LEARNING THIS HOLIDAY WITH

# LYNDACAMPUS

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With all the challenges you run into during a hectic time of year, take a moment to prepare and escape the stress of the season.



**Meeting and chatting  
with relatives both  
new and old**

When the turkey isn't the only thing getting *grilled* at the dinner table, prepare with courses like [Interpersonal Communication](#) and [Communication Fundamentals](#). Or check out this [playlist](#)!

If you only have just a few minutes to learn...

- [How to interpret nonverbal cues \(3 mins\)](#)
- [How to handle interruption \(3 mins\)](#)
- [Building rapport \(5 mins\)](#)



**Managing Holiday  
Spending**

When your shopping list is as long as Santa's naughty list, use these [5 Personal Finance Tips](#) to manage your spending. Or check out this [playlist](#) to help organize your own personal Santa's Workshop.

If you only have just a few minutes...

- [Managing a budget \(2 mins\)](#)



**Hitting every house on  
the block**

When you have a handful of places to be and people to see you will want to [Manage your Calendar for Peak Productivity](#) and master some tried and true [Time Management Fundamentals](#). If that isn't enough, check out this [playlist](#).

If you only have just a few minutes...

- [Tips for coordinating schedules \(2 mins\)](#)
- [Establishing your most valuable activities \(3 mins\)](#)
- [Saying no to others \(3 mins\)](#)

**When you need a break from it all... Download the [mobile app](#) and check out some [Happiness Tips](#)!**

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