

**WEST CHESTER UNIVERSITY**  
**DEPARTMENT OF KINESIOLOGY**  
**ATHLETIC COACHING MINOR**  
*GUIDANCE RECORD FORM – Kinesiology Majors*

NAME \_\_\_\_\_ ID# \_\_\_\_\_

REQUIRED COURSES:

Credits/Grade

***Required Courses:***

**Group One**

SMD 271 First Aid & Athletic Training (2 credits) Fall/Spring \_\_\_ \_\_\_

**Group Two**

KIN 452 Principles & Practices of Coaching (3 credits) Fall/Spring \_\_\_ \_\_\_

**Group Three (Choose One)**

EXS 361 Intro to Kinesiology (3 credits) Fall/Spring \_\_\_ \_\_\_

Prereq-EXS 241 Body Systems (3 credits)

EXS/EXL 262 Kinesiology (4 credits) Fall/Spring \_\_\_ \_\_\_

Prereq-BIO 259 Anatomy I (4 credits) & PHY 100 (3 credits)

**Group Four (Choose One)**

EXS 364 Intro to Exercise Physiology (3 credits) Fall/Spring \_\_\_ \_\_\_

Prereq-EXS 241 Body Systems (3 credits)

EXS/EXL 380 Exercise Physiology (4 credits) Fall/Spring \_\_\_ \_\_\_

Prereq-BIO 269 Anatomy II (4 credits)

**Group Five**

EXS 482 Exercise Technique and Physical Conditioning (4 credits) Fall/Spring \_\_\_ \_\_\_

Prereq-EXS/EXL 262 or KIN 361 (3 credits)

**Group Six**

KIN 475 Mental Training (3 credits) Fall/Spring \_\_\_ \_\_\_

***A coaching internship following consent of the Coaching Minor Advisor is required.***

Site \_\_\_\_\_ Dates \_\_\_\_\_

Supervisor \_\_\_\_\_ Documentation Received \_\_\_\_\_

Revised 10-2012