

WEST CHESTER UNIVERSITY DEPARTMENT OF KINESIOLOGY
ATHLETIC COACHING MINOR GUIDANCE RECORD FORM for Non-Kinesiology majors

NAME _____ ID# _____

Prerequisite course sequence:	Credits/Grade
KIN 241 Body Systems (3 credits) OR	Fall/Spring ___ ___
BIO 259 & BIO 269 Anatomy & Physiology (8 credits) AND	Fall/Spring ___ ___
PHY 100 Elements of Physical Science (3 credits)	Fall/Spring ___ ___

Required Courses:

Group One

SMD 271 First Aid & Athletic Training (2 credits) Fall/Spring ___ ___

Group Two

KIN 452 Principles & Practices of Coaching (3 credits) Fall/Spring ___ ___

Group Three (Choose One)

EXS361 Intro to Kinesiology (3 credits) Fall/Spring ___ ___

Prereq-EXS 241 Body Systems (3 credits)

EXS/EXL 262 Kinesiology (4 credits) Fall/Spring ___ ___

Prereq-BIO 259 Anatomy I (4 credits) & PHY 100 (3 credits)

Group Four (Choose One)

EXS 364 Intro to Exercise Physiology (3 credits) Fall/Spring ___ ___

Prereq-EXS 241 Body Systems (3 credits)

EXS/EXL 380 Exercise Physiology (4 credits) Fall/Spring ___ ___

Prereq-BIO 269 Anatomy II (4 credits)

Group Five

EXS 482 Exercise Technique and Physical Fall/Spring ___ ___

Conditioning (4 credits)

Prereq-EXS/EXL 262 or KIN 361 (3 credits)

Group Six

KIN 475 Mental Training (3 credits) Fall/Spring ___ ___

Note: All students must meet course prerequisites. Non HPE majors may be required to take up to 11 additional credits.

A coaching internship following consent of the Coaching Minor Advisor is required.

Site _____ **Dates** _____

Supervisor _____ **Documentation Received** _____