

**Nutrition Minor  
Curriculum Guide  
(18 credit hours)**

The Nutrition minor at West Chester University is designed to impart fundamental nutrition knowledge and an interdisciplinary understanding of the relationship among nutrition, health, physical fitness, and well-being. The minor will provide learning experiences that build upon and integrate knowledge from supporting disciplines. The curriculum focuses on nutrition with an emphasis on the application of knowledge regarding the maintenance of human health and well being throughout the life cycle.

A minor in Nutrition requires students to complete two required courses, NTD 303 and NTD309. Four additional “NTD” courses must be completed for a total of 18 credit hours. A “C” grade or better must be earned in each of these courses before clearance for graduation with the minor will be granted.

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Sem/Yr	Course	Cr	Grade	Req Gr	Prereq
_____	NTD 303 Intro Prin Human Nutrition	3	_____	C	
_____	NTD 309 Nutr Thru Lifecycle	3	_____	C	NTD303
_____	NTD Elective <sup>A</sup>	3	_____	C	
_____	NTD Elective <sup>A</sup>	3	_____	C	
_____	NTD Elective <sup>A</sup>	3	_____	C	
_____	NTD Elective <sup>A</sup>	3	_____	C	

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<sup>A</sup> NTD electives **exclude** the following courses: NTD/NTL205, NTD300, NTD320, and NTD409. In other words, these courses will not count towards the Nutrition Minor.

**NTD electives include but are not limited to:** NTD200 (Nutrition and Culture), NTD301 (Consumer Nutrition), NTD304 (Global Nutrition), NTD305 (Vegetarian Nutrition), NTD315 (Mind, Body, Nutrition), NTD420 (Perspectives on Obesity), NTD422 (Nutrition for Health, Fitness, and Sport), NTD435 (NTD Workshop), or other NTD elective courses that can be taken in consultation with the Nutrition Minor advisor.

**Procedures for Declaring and Graduating with a Nutrition Minor**

Students who want to minor in Nutrition must:

1. Complete an *Application for Minor* form;
2. Consult with the Nutrition Minor advisor;
3. Consult with your major advisor, obtaining approval and the required signature to minor in Nutrition;
4. Obtain your Department Chairperson's signature on the Application for Minor form;
5. Obtain the Nutrition and Dietetics Department Chairperson's signature on the *Application for Minor* form (HSC 222); and
6. Submit the completed *Application for Minor* form to the Office of the Registrar.

During the process of graduation clearance, the Office of the Registrar will contact the Department of Nutrition for your minor clearance. Before graduation from the University is granted, either the requirements for the minor must have been met or you will need to have removed the minor from your program (refer to the *Remove a Minor Form*).

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Should you have questions, feel free to call (X3113), e-mail ([swalz@wcupa.edu](mailto:swalz@wcupa.edu)), or visit with (HSC 222C) Dr. Sandra Walz, Nutrition Minor Program Advisor.