



Online Dual Enrollment Partnership Courses Spring 2026

First Day of Classes: January 20

Last Day of Classes: May 4 (Finals Week is May 5-9)

Note: The Dual Enrollment courses below follow the [WCU Academic Calendar](#) for the Spring 2026 Session.

LIT 165. Topics in Literature. 3 Credits.

Modality: Asynchronous Online

A course designed to develop awareness of literature as being central to all the arts, to increase levels of literacy and critical faculties, and to broaden understanding of the human condition. Gen Ed Attribute: Humanities Distributive Requirement, Writing Emphasis.

NTD 200. Nutrition and Culture. 3 Credits.

Modality: Asynchronous Online

Students will increase awareness of the connection between health outcomes, diet and nutrition, and socio-cultural influences. Course studies will lay a foundation for understanding why people eat the foods that they do. A bio-cultural framework is applied to examine how individual dietary habits, choices, and nutritional health outcomes are influenced by social structure, historic patterns and events, and cultural beliefs and ideology. Students explore food ways, food scripts, health beliefs and practices, demographic characteristics, and population health across diverse communities within the United States. The course also employs a critical analysis of macro-structural inequalities, societal stresses, and cultural norms that alter access and availability to healthy foods and disparately undermine the nutritional health of some populations. Gen Ed Attribute: Diversity Requirement.

NTD 303. Introductory Principles Human Nutrition. 3 Credits.

Modality: Asynchronous Online

This course introduces students to the biochemical, physiological, and microbiological basics of human nutrition. Topics include the scientific method; dietary guidelines; digestion, absorption, metabolism, and use of carbohydrates, lipids, and proteins; food sources and functions of vitamins and minerals; and the relationship between nutrition and health. Gen Ed Attribute: Science Distributive.