

Famous People with Mental Illness

- Abraham Lincoln (16th President – depression)
- Edgar Allen Poe (poet, writer – bipolar disorder)
- Elton John (singer, composer – depression)
- Harrison Ford (actor – depression)
- Jim Carrey (actor, comedian – depression)
- John Nash (Nobel Prize winner – schizophrenia)
- Mark Twain (author, humorist – depression)
- Vincent Van Gogh (artist – bipolar disorder)
- Marlon Brando (actor – depression)
- Alanis Morissette (singer – eating disorder)
- Janet Jackson (singer – depression)
- Marie Osmond (singer – postpartum depression)
- Courtney Love (singer – depression)
- Mike Wallace (news correspondent – depression)
- Sheryl Crow (singer – depression)
- Ray Charles (singer – depression)
- Paula Abdul (dancer, singer – eating disorder)
- Trent Reznor (musician – depression)
- Drew Carey (show host – depression)
- Patty Duke (actress – bipolar disorder)
- Eric Clapton (musician, singer – depression)
- Billy Joel (musician, singer – depression)
- Charles Dickens (author – depression)
- Terry Bradshaw (football great, announcer – depression)
- Ludwig Van Beethoven (composer – bipolar disorder)
- Princess Diana (Princess of Wales – eating disorder)
- Brooke Shields (actress – postpartum depression)

Ten Things to Know about Mental Illness

1. Mental illness can happen to anyone.
2. Mental illnesses are common. Each year more than 50 million people in the U.S. are affected by mental illness.
3. Mental illnesses affect the way people feel, think, and act.
4. There are more than 200 different forms of mental illness.
5. No one knows the exact causes of mental illness, but genetics, brain chemistry, or very stressful or traumatic events are some factors.
6. Depression can cause someone to feel long-lasting sadness, guilt, fatigue, helplessness, irritability, and even hopelessness.

7. Bipolar disorder can cause extreme mood swings, including depression.
8. Anxiety disorders can cause someone to be filled with fear and uncertainty for no concrete reason.
9. Schizophrenia is a thought disorder and may include hallucinations and delusions.
10. Treatment works! With treatment, most people get better and stay well.

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