

# WCU WISH Week

WELL-BEING. INTERESTS & STRENGTHS.  
SUCCESS & MINDSET. HAPPINESS.

TUESDAY 3/27: INTERESTS & STRENGTHS DAY

WISH Week Promo Tables & Giveaways

11:00 - 2:00, Sykes Lobby

Focus on Nutrition and Lifestyle

Stress Reducing Foods with Healthy Snacks and Recipes

3:00 - 6:00, Student Recreation Center

Zumba on the Courts

6:00 - 7:00, Multi-Activity Court

at Student Recreation Center

"Coming Alive: Understanding Your Personality  
& Discovering Your Passions" Talk by Johnny Tadros

7:30, Brandywine 031