



WCU WISH Week

2017

Wednesday, March 22, 2017
Mindset Day (Growth Mindset)

“Becoming Is Better Than Being”

Assessments Available: Mindset (Growth or Fixed) Brief Character Strengths
 Authentic Happiness General Happiness
 Life Satisfaction



Assessment Follow Up Available Immediately or at later time with Steve Uhlenbrock, MA

<u>All Day</u>	Theme-related Books	FHG Library Circulation Area (by Mindset Book Area)
<u>11:00 – 12:00</u>	Online Assessment Station Picture Boards	HSC Lobby
<u>12:00 – 1:00</u>	Mudd on the Move WCU’s Therapy Dog	FHG Library Rachel Daltry, Counseling Center
<u>12:30 – 2:00</u>	Online Assessment Station Picture Boards	Lower Level Library (by Starbucks)
<u>2:30 – 3:30</u>	Online Assessment Station Picture Boards	Sykes Lobby
<u>7:00- 8:30</u>	Spiritual Wellness Night	Sykes 115 Center for Wellness Promotion

Check out our Facebook page for the full week’s schedule!

See our **daily Snap-Chat filters!** Use our **daily Picture Boards!**

Like us on Facebook and earn a raffle ticket for end-of-the week prize give-aways.