

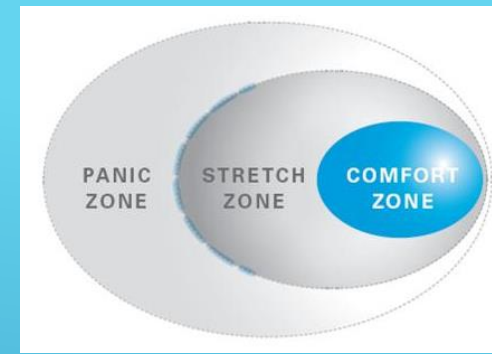
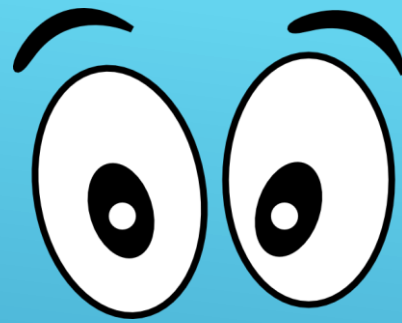
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- ▶ A series of physical & mental challenges geared towards improving individual and group “soft skills” such as teamwork, communication, perseverance, problem solving and many others.
- ▶ Team-building, low, high elements

## WHAT IS ADVENTURE/EXPERIENTIAL ED



# ADVENTURE ED PROGRAM

<https://www.wcupa.edu/healthSciences/kinesiology/adventureEd.aspx>

## Community

- ▶ Paradise Farms (10 sessions)
- ▶ Brandywine Red Clay Alliance
- ▶ Chester Eastside
- ▶ Calvary Lutheran (W. Chester)
- ▶ K-12 school administrators



## In House

- ▶ Summer Bridge Program
- ▶ Honor's College
- ▶ Grandparent's University
- ▶ Athletic Teams
- ▶ Leadership Minor (in-dev)
- ▶ Leadership Retreat Center (in-dev)
- ▶ One day Outdoor Rec. Programs
- ▶ ROTC

# GROWING EXPERIENTIAL ED PROGRAMMING



# RESEARCH TOPIC 1



- ▶ Adventure Education Staff Training
- ▶ Create multiple rubrics for evaluating adventure education staff, pilot test the instruments and compare reliability between observers and a certified trainer.
  - ▶ Sample rubric
  - ▶ ACCT Level I and II Certs

# RESEARCH TOPIC 2



- ▶ Impact of Adventure Education on Students' Transition to College
- ▶ Measure how the adventure activities provided to students in WCU's Summer Bridge Program impact their scores on the Student Adaptation to College Questionnaire and the Challenge Course Experience Questionnaire.

## Employers rate candidate soft skills/qualities in order of importance

- 1 Ability to verbally communicate with persons inside and outside the organization
- 2 Ability to work in a team structure
- 3 Ability to make decisions and solve problems
- 4 Ability to plan, organize and prioritize work
- 5 Ability to obtain and process information
- 6 Ability to analyze quantitative data
- 7 Technical knowledge related to the job
- 8 Proficiency with computer software programs
- 9 Ability to create and/or edit written reports
- 10 Ability to sell or influence others

Source: Job Outlook 2013

Courtesy of the National Association of Colleges and Employers

- ▶ Focus on development of whole child
- ▶ Explore additional collaborations (camps) and focus on organization's goals
  - ▶ YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

## FUTURE DIRECTIONS

