

MASTER CLASS

WITH NATIONAL TRAINER CESAR VASQUEZ



× **LES MILLS**

Join us for another Les Mills event, our 2 PART Masterclass! At this event, you can participate in our newest format, BodyCombat, and Grit led by a Les Mills Master Instructor and one of your favorite Rec Instructors- Sammie! Sign up now to win Lululemon goodies!



WHEN: February 15th

TIME: 5:00-6:30pm

WHERE: MAC Court

SIGN UP HERE:

SESSION 1



SESSION 2

