



Hosted by:
WCU Student
Recreation Center



Exercise
is Medicine®
On Campus

West Chester University

RAMFIT

BOOTCAMP

**JOIN US FOR A NIGHT OF FUN AS WE
KICKOFF EXERCISE IS MEDICINE WITH
OUR EVER POPULAR BOOTCAMP
WHEN: APRIL 5TH 5-7PM
WHERE: CAMPUS RECREATION**

TO SIGN UP GO TO:

[HTTPS://WWW.WCUPA.EDU/_SERVICES/CAMPUSREC/GROUPTRAINING.ASPX](https://www.wcupa.edu/_services/campusrec/grouptraining.aspx)