

BECOME

A GROUP FITNESS INSTRUCTOR



LES MILLS Instructors help others to fall in love with fitness every day. We're on our mission to create a Fitter Planet and we're searching for people who can deliver incredible workout experiences to join us!

You don't have to be currently working in the fitness space; the only requirement is that you're ready to work up a sweat and bring your A-game!

LES MILLS workouts are incredibly diverse, including HIIT, cycle, core, cardio and yoga classes – as well as the iconic BODYPUMP™ programme. With choreography and music updated every three months, it's easy to keep you and your participants motivated!

UP FOR THE CHALLENGE? Attend our LesMills Launch Day on November 2nd.



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When? November 2nd

Where? MAC Court

How? Sign up below



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LesMILLS X



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Are you interested?
Scan this QR code to
get on our radar!



More questions? Contact aostveen@wcupa.edu & js940440@wcuaa.edu

LES MILLS X

