



# RAM-FIT Employee Small Group Training

## Schedule of Events

| Date             | Location        | Time                  | Description             |
|------------------|-----------------|-----------------------|-------------------------|
| 10/03            | SRC<br>Studio A | 12PM -<br>12:45PM     | Fitness<br>Screenings   |
| 10/05            | SRC<br>Studio A | 12PM -<br>12:45PM     | Fitness<br>Screenings   |
| 10/10 -<br>12/07 | SRC<br>Studio A | M/W 12PM<br>- 12:45PM | Small Group<br>Training |

\*\*\*no class on 10/17 due to Fall Break\*\*\*

Register ahead of  
time on IMLeagues  
for each session!



Scan the QR to  
be directed to IM  
Leagues

