

CAMPUS RECREATION

RAM FIT CHALLENGE

MARCH 1- APRIL 5

NATIONAL
NUTRITION
MONTH

FUELING THE WHOLE YOU!

PLAYA BOWL
GIFT CARD

GAIAM YOGA MATS



FOLLOW US:
@WCUGROUPFITNESS
OR
@WCUPACAMPUSREC

FREE
WCU GEAR

DO YOU HAVE WHAT IT TAKES?

10
CHALLENGES

5
WEEKS

Sign up during our promo tabling or in any group fitness class!