



# CAREER READINESS

Create Your Co-Curricular Education Plan

Semester/Year	Program Title	Primary Learning Goal
	Major Match Game	Critical Thinking
	Prepare for the Fair	Integrative Learning
	Etiquette Dinner	Intercultural Fluency
	Exploring Careers in Public Service	Personal Development
	Dub-C Autism Program	Personal Development
	PEERS® Social Curriculum	Personal Development
	Graduate School Road Map	Problem Solving



# COMMUNITY ENGAGEMENT

Create Your Co-Curricular Education Plan

Semester/Year	Program Title	Primary Learning Goal
	Nobel Peace Prize Leadership Series	Civic Engagement
	RAMsCare: Homelessness & Hunger in Our Community	Civic Engagement
	The Power of Speech: The First Amendment & College Campuses	Civic Engagement
	Volunteering 101: A Student Leader's Guide to Meaningful Service	Civic Engagement
	University Hearing Board Experience	Integrative Learning
	Fraternity and Sorority Potential New Member Orientation	Personal Development
	Sykes Union Building Tour	Personal Development
	Event Planning 102	Problem Solving
	Event Planning 101	Problem Solving
	Olympus Leadership Series	Problem Solving



# HEALTH & WELLNESS

Create Your Co-Curricular Education Plan

Semester/Year	Program Title	Primary Learning Goal
	Ram's Step Up	Civic Engagement
	Introduction to Camping	Critical Thinking
	Rock Climbing Fundamentals: WCU Belay Certification	Critical Thinking
	Discovering Well Being	Integrative Learning
	All About Anxiety	Personal Development
	Choices About Cannabis	Personal Development
	Decisions About Drinking	Personal Development
	Dub-C Autism Program	Personal Development
	Nurturing Relationships	Personal Development
	Sexy Bingo	Personal Development
	Shift Happens: Understanding Social Norms & Substance Use	Personal Development
	Sport Club Leadership Seminar	Personal Development
	Sports Official Certification	Personal Development
	What's Next: Life After Athletics	Personal Development
	Introduction to Standup Paddleboarding	Personal Development
	PEERS® Social Curriculum	Personal Development
	Alcohol Education for Fraternity and Sorority Members	Problem Solving
	American Red Cross CPR/AED First Aid Certification	Problem Solving
	Any Ram Can: Bystander Intervention	Problem Solving
	Introduction to Hiking	Problem Solving
	Refresh Program: Strategies to Achieve Better Sleep	Problem Solving
	Microwaves & Mini-Fridges: Eating Nutritiously on the Go	Problem Solving
	Rock Climbing Advanced: Lead Climbing	Problem Solving



# INVOLVEMENT & LEADERSHIP

Create Your Co-Curricular Education Plan

Semester/Year	Program Title	Primary Learning Goal
	Nobel Peace Leadership Prize	Civic Engagement
	The Power of Speech: The First Amendment and College Campuses	Civic Engagement
	Introduction to Camping	Critical Thinking
	Rock Climbing Fundamentals: WCU Belay Certification	Critical Thinking
	Club and Organization Executive Board Training	Integrative Learning
	Dowdy Multicultural Center Peer Mentoring Program	Integrative Learning
	University Hearing Board Experience	Integrative Learning
	Dub-C Autism Program	Personal Development
	Explore Leadership Series Tier 1	Personal Development
	Fraternity and Sorority Potential New Member Orientation	Personal Development
	Sport Club Leadership Seminar	Personal Development
	Sports Official Certification	Personal Development
	Explore Leadership Series Tier 2	Personal Development
	Introduction to Standup Paddleboarding	Personal Development
	PEERS® Social Curriculum	Personal Development
	Alcohol Education for Fraternity and Sorority Members	Problem Solving
	Event Planning 101	Problem Solving
	Collegiate Leadership Competition	Problem Solving
	Event Planning 102	Problem Solving
	Introduction to Hiking	Problem Solving
	Olympus Leadership Series	Problem Solving
	Rock Climbing Advanced: Lead Climbing	Problem Solving



# SOCIAL JUSTICE

Create Your Co-Curricular Education Plan

Semester/Year	Program Title	Primary Learning Goal
	EqualiTea Series	Civic Engagement
	RAMsCare: Homelessness & Hunger in Our Community	Civic Engagement
	Rams Step Up!	Civic Engagement
	Nobel Peace Prize Leadership Series	Civic Engagement
	Ruby Jones Conference on Race, Social Justice and Civic Leadership	Integrative Learning
	From Allyship to Advocacy	Intercultural Fluency
	Trans Advocacy	Intercultural Fluency
	Olympus Leadership Series	Problem Solving