

APRIL FLOWERS

333 Apple Street, Philadelphia, PA 19104
555-444-6769, af123456@wcupa.edu

EDUCATION:

West Chester University of Pennsylvania, West Chester, PA

Bachelor of Science in Nutrition and Dietetics

Anticipated Graduation May 2020

- GPA: 3.93
- **Awards:** 2018 EAPSU Scholarship Recipient for Leadership and Academic Achievement; Dean's List

RELATED INVOLVEMENT:

Member of Student Dietetic Association, West Chester University of Pennsylvania *Aug. 2017-Present*

- Leadership Role: **Community Coordinator**; connecting the club with opportunities in the community, making the community aware of club events and working on professional networking.
- Founder and coordinator of WCU Nutrition and Dietetic Research Discussion Group

Sports Nutrition Interest Group Member (SNIG) at West Chester University *Sept. 2018-Present*

- Planned, organized and executed *Exercise is Medicine Day* event participation
- Conducted tour of healthy cafeteria food options for various men's teams
- Prepared and delivered Sports Nutrition education session to young athletes attending summer sports campus at WCU

FeelGood: Vice President *Aug. 2017-Present*

- Lead chapter of FeelGood a college movement that raises money to donate to organizations that end extreme poverty
- Coordinate with fellow board members to execute events, schedule and run meetings, running meetings, and handling finances

WORK EXPERIENCE:

Whole Foods Market, Philadelphia, PA
Present

Jan. 2017-

Customer Service Team Member; Healthy Eating Ambassador

- Assisted the Healthy Eating Specialist in store events and projects
- Provided excellent customer service; participated in quarterly store inventories

SKILLS:

- Experienced in Microsoft Office Suite
- Meal planning for sports performance
- Experienced in research process, including literature reviews, survey design, IRB submissions, etc.
- ServSafe Manager Certified, Fall 2019

NUTRITION VOLUNTEERING:

- Metropolitan Area Neighborhood Nutrition Alliance (MANNA) – Early Bird Volunteer
- The Melton Center - Teach, under supervision of RD, nutritional education lesson for children grades K-7
- Created meal plans for 6 Type I Diabetic children