

John Q. Public

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Drexel Hill, PA 19026

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EDUCATION

West Chester University of Pennsylvania, West Chester, PA

Bachelor of Science in Exercise Science, Concentration: Pre-Physical Therapy, May 2020

- Cumulative GPA 3.42 | Major GPA: 3.57

Relevant Coursework: Exercise Physiology & Exercise Physiology Lab, Biomechanics, & Motor Learning

Delaware County Community College, Media, PA

Associate of Applied Science in Health Studies, May 2018

SHADOWING & VOLUNTEER EXPERIENCE

Premier Physical Therapy at West Chester, West Chester PA

Shadow, August 2019-present

- Observe multiple physical therapists with varying specialties, i.e. joint replacement, knee replacement, hand & wrist, foot & ankle, interventional pain management, etc.

Full Range Physical Therapy, Drexel Hill, PA

Shadow, June 2019-August 2019

- Observed interaction and communication between physical therapist and patients to gain exposure to the field
- Participated in several training sessions to learn new techniques for enhanced outcomes

Bryn Mawr Rehab Hospital, Malvern, PA

Volunteer, September 2018-December 2018

- Volunteered twice weekly, accruing 150 hours overall
- Interact with rehab patients individually to provide support and/or assistance, as needed
- Provide transportation services for rehab patients to support full time staff
- Observed inpatient physical therapy rehabilitation services

PROFESSIONAL EXPERIENCE

Maris Grove – Erickson Living Community, Glen Mills, PA

Server, September 2017-present

- Deliver efficient and effective dinner service to elderly community members
- Communicate with residents consistently to ensure their satisfaction with the service they are receiving
- Coordinate with staff from various departments to assure time efficiency and organization for meal delivery

SKILLS & CERTIFICATIONS

- **American Heart Association**, *CPR and AED Certified*, 2018-present

PROFESSIONAL ASSOCIATIONS & INVOLVEMENT

- **National Strength and Conditioning Association (NSCA)**, *Member*, May 2019-present
- **Exercise Science Club**, West Chester University, *Member*, May 2019-present
- **Student Athletic Advisory Committee**, West Chester University, *Member*, August 2019-present