

# Betty Helper

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## EDUCATION

**West Chester University of Pennsylvania**, West Chester, PA

Bachelor of Science in Public Health: Health Promotion, December 2013

- Graduated Summa Cum Laude; GPA: 3.83
- Minor: Spanish
- Certified Health Education Specialist Exam (Feb 2014)

*Honors:*

- Academic Dean's List, 2010-2013
- Outstanding Student Volunteer, Feb 2012: Awarded for bridging efforts between Alpha Phi Omega Service Fraternity and the Maternal & Child Health Consortium of Chester County

*Completed coursework:* Program Planning & Evaluation, Health Behavior, Chronic and Communicable Diseases, Research Methods in Health, Health Marketing and Communications, Health Curriculum and Instruction, Public/Community Health, Health Care Delivery, Human Sexuality, Health Issues of Women, Transcultural Health

## LEADERSHIP

**Alpha Phi Omega National Service Fraternity**, WCU

Sep 2010 - Dec 2013

- Vice President of Membership (2013): Mentored 12-member Spring 2013 pledge class
- Public Relations Chair (2012)
- Relay for Life Team: Co-Captain (Apr 2013) - Coordinated team of 30 volunteers; Awarded "Best Theme." Captain (Apr 2012) - Coordinated team of 30 volunteers
- Scouting & Youth Chair (2011): Liaison for youth-based organizations; coordinated weekly service opportunities for chapter

## EXPERIENCE

**Quality Assurance Intern**, Icon Clinical Research, North Wales, PA

Summers 2011, 2012

- Maintained organization of quality assurance archive room
- Oversaw archival and off-site shipment of over 100 studies
- Audited and accurately maintained randomization files

**Data Entry Specialist**, Icon Clinical Research, North Wales, PA

May - Aug 2010

- Assisted CDC in managing confidential study information
- Processed departmental query requests, serving as a liaison to site coordinators for query resolution

## ACTIVITIES

- Student Member**, Pennsylvania Public Health Association Sep 2010 - Dec 2013
- Summer Support Coordinator**, Kennett Square Family Center May - Aug 2012  
West Chester University Public Health Internship
- Developed new standards-based curriculum for Kindergarten Transition Program
  - Supervised 20 children during the three-hour school day
  - Coordinated additional summer programs which implement Parents As Teachers
- Volunteer**, Kennett Square Family Center Jun 2008 - Apr 2012
- Assisted with community-based events on a monthly basis, honing communication and teamwork skills through interactions with colleagues and clientele
  - Performed administrative duties including organizing files and reports, writing correspondence, and ordering supplies
  - Coordinated Dental Health Fair in June 2009 for 70 participants
- Tutor**, Sankofa Charter School West Chester, PA Oct 2010 - Mar 2011
- Served as a mentor to 6<sup>th</sup> and 7<sup>th</sup> grade students
  - Assisted students with Language Arts and Mathematics skills
  - Lead Health Education classes as needed
- Tutor**, Honickman Learning Center, Philadelphia, PA Feb - May 2010
- Participated in conjunction with 6-credit course at Chestnut Hill College
  - Assisted middle school students with daily assignments, leading to measurable improvements in skills within two months

## CONFERENCES

- Health Education Advocacy Summit, Washington D.C. Mar 2013
- Volunteer Leadership Retreat, West Chester University, PA Sep 2012
- Executive Leadership Retreat, Camp Saginaw, PA Sep 2012
- Integrative Health Conference, Childhood Obesity Trends, WCU Mar 2012

## COMPUTER SKILLS

- *Proficient*: Microsoft Word, PowerPoint, Excel; Macintosh and PC