

Fall 2023

NAVIGATING RELATIONSHIPS THERAPY GROUP

Are you concerned about your relationships? Social anxiety? Family issues? Asking for what you need? Figuring out who you are? These weekly groups will offer a safe, confidential place to discuss these issues with other students. The leaders will facilitate group discussions to help participants better understand themselves and their relationships with others.

Monday 1:00 PM – 2:30 PM:

Co-Facilitators: Bree Gould, PsyD & Michele Clark, BA

Tuesday 4:00 PM – 5:30 PM:

Facilitator: Meg Hoffer-Collins, PsyD & Michele Cooper, LCSW

Wednesday 2:00 PM – 3:30 PM:

Co-Facilitators: Ken Volk, PsyD & Mara Cash, EdS

All group sessions meet weekly in the Counseling Center.
Stop by Lawrence Suite 241 or call 610-436-2301 to sign up!