



STALL SEAT JOURNAL

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Hey, First Year Students! The clock is ticking to complete the <i>Think About It</i> alcohol education and sexual assault prevention online courses before a “hold” is placed on your account. Part two will hit your inboxes in October.		What in the Health is Going on at WCU? Want to stay up to date with wellness news and events on campus? Look no further than the Stall Seat Journal- your source for staying healthy and up to date on campus events all year long! Look for us online: wcupa.edu/stallseatjournal Want more wellness news you can use? Visit our blog: healthyramps.wordpress.com							
Upcoming Events Lunch with Mudd Feeling homesick? Miss your dog? Come have lunch in the Counseling Center with Mudd the therapy dog! <i>Mondays, 11:00am 241 Lawrence</i> LGBTQA Welcome Back Come out and join us for an afternoon of food and connecting. <i>Mon, 8/28, 4:30pm Sykes Ballrooms B & C</i> I.C.E. Breaker Enjoy an ice cream sundae while upper-class students talk about I.C.E. (Interest and Career Exploration) with the Career Development Center. This program runs twice. T-shirts and prize giveaways. <i>Thurs, 8/31/17 4:00 or 5:00pm Sykes Ballrooms</i> Queering at WCU Unsure how to navigate WCU as a gay, lesbian, bi, trans, asexual, or queer person? No matter your identity, join us to learn more about being queer at WCU. <i>Thurs, 8/31, 5:00-6:00pm Sykes 10A</i> Fall Involvement Fair Come meet new people and learn how to get involved! Free food and giveaways. <i>Wed, 9/6, 11:00am-3:00pm Rain date: Fri, 9/8 Academic Quad</i> Condom Bingo It's BINGO, but with a twist. Free safer sex supplies and giveaways. <i>Wed, 9/6, 7:00pm Sykes Ballrooms</i> Sexism +: Disability and Gender Bias Maria Lepore-Stevens will discuss how people with disabilities experience gender bias that is rarely represented in national dialogue. Bring your lunch, we've got dessert. <i>Wed, 9/20, 12:00-12:50pm Sykes 115</i>		Check Up from the Neck Up: Mental Health Screening Day You may be used to getting check ups for your body, but what about check ups for your mind? Get screened and learn more about your mental health! Also, learn about ways you can improve your mental health, and connect with resources on campus. <i>*Come early to get your free t-shirts!*</i> <i>Wed, 9/20, 11:00am-1:00pm Sykes Ballrooms</i>							
Rams After Hours 9:00pm-1:00am <table><tr><td>9/1</td><td>Sean Casey Labor Day Carnival 5:00-9:00pm</td></tr><tr><td>9/8</td><td>TRON Laser Tag</td></tr><tr><td>9/15</td><td>Treat Yourself Night</td></tr></table> SAC Movie 7:30pm & 10:30pm Sykes Theater \$2.00 Cash		9/1	Sean Casey Labor Day Carnival 5:00-9:00pm	9/8	TRON Laser Tag	9/15	Treat Yourself Night	Know Your IX <i>No person on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance.</i> While often associated with women and athletics, Title IX means so much more. Grab your lunch, and join us as we break down Title IX, and what it means for our campus. Sessions are open to anyone who wants to know their IX. <i>Mondays, 12:00-12:50pm, Sykes 209</i> 9/18- What is Title IX? What does Title IX mean for you at WCU? 9/25- Title IX Scope and Getting Support Learn more about the support systems available for those who've experienced sexual misconduct.	
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Hate Has No Home at WCU Earlier this month, Charlottesville, VA, a college town just like ours, came face to face with the presence of white nationalism, neo-Nazism, and anti-Semitism. As we struggle to understand the events and motives behind them, it is important that we call the events what they were- hate fueled acts of domestic terrorism. As a community, it is important that we reject acts of racism, Islamophobia, homophobia, sexism, and all other forms of hate and oppression in our halls, classrooms, or anywhere on or around our campus. In times like these it can be helpful to come together, be in one another's company, and embrace and protect those among us who may be the target of such hatred. And for those with privileged identities, be an active part of the dialogue, but be sure to listen first.		Your Guide to Campus Resources Whether you are a first-year student or a seasoned campus veteran, resources are available to help you get the most out of your WCU experience! Student Health Services <i>Health Center & Wellness Promotion Ground Floor, Commonwealth Hall 610-436-2509</i> Counseling Center <i>*New location* 241 Lawrence Center 610-436-2301</i> Career Development Center 225 Lawrence Center 610-436-2501 Office of Student Conduct <i>*New location* 200 Ruby Jones 610-436-3511</i> Learning Assistance Resource Center (LARC) 224 Lawrence Center 610-436-2535 Pre-Major Academic Advising 222 Lawrence Center 610-436-3505 Public Safety 690 S. Church St. (People's bldg.) Emergency number 610-436-3311 Office of Social Equity 13/15 University Ave 610-436-2433 Residence Life and Housing 202 Lawrence Center 610-436-3307 Services for Students with Disabilities (OSSD) 223 Lawrence Center 610-436-2564 Center for Women and Gender Equity 2nd Floor, Lawrence 610-436-2122 Writing Center 2nd Floor, Lawrence & 3rd Floor, FHG Library 610-436-5664 LGBTQA Services For department services: lgbtqa@wcupa.edu Speak Outs: speakout@wcupa.edu Sexuality and Gender Alliance (SAGA): SAGA@wcupa.edu							