

KEY



Connection



Awareness



Insight



Purpose



Event Incentive

WCU
GAME
OF
WELL-BEING

For additional information
or questions about the
Game of Well-Being, please
email wellness@wcupa.edu.

March 20th-March 26th

START

Mental Health Stigma

7-8pm
Remote

March 24th



Students will meet on NAMI On Campus' zoom link to talk about the stigma that surrounds mental health.

Sponsored by
NAMI On Campus

March 23rd



Microwaves & Mini-Fridays

7:15pm
Remote

Join us for a co-curricular program including a cooking demonstration and interactive game where you learn about the benefits of various foods and nutrients.

Sponsored by
Wellness Promotion

March 23rd



Clinical Experience Seminar

7:15pm
Remote
Club members who have had clinical experience will be able to share their stories as a way to provide information for their peers.

Sponsored by
West Chester Pre-Medical Student Association

March 22nd



Throwback Outdoor Movie

7pm and 9pm
In Person

Join the Student Activities Council on the Residential Quad for an outdoor showing of High School Musical!

Sponsored by
Student Activities Council

March 24th



Musical Mindfulness

7:30-8:30pm
Remote

Come on out to the Musical Mindfulness night featuring a music therapist as a speaker and a great time with friends!
Sponsored by
Collegiate Leadership Competition

March 24th



Art of Good Deeds

7:30pm
Remote

Join Hillel as part of their speaker series for a conversation with Micah Kaufman.
Sponsored by
Hillel

March 25th



Happy Hour: The Color of Drinking

12:15pm
Remote

Bring your lunch and join us for a conversation exploring the University of Wisconsin-Madison study of the impact of alcohol culture on Students of Color.

Sponsored by
Wellness Promotion

March 25th



Texas: A Case Study

7:30 - 8:30
Remote

Join CCES & SPE's to learn and discuss the environmental, social, and political causes of this man made natural disaster!

Sponsored by
Center of Civic Engagement & Social Impact + Office of Sustainability

March 26th



Health Hut Covid-19

2pm
In - Person

Join us on campus in the residential quad for a health hut filled with activities to learn more about COVID-19 and strategies to help reduce the spread of the virus.

Sponsored by
Wellness Promotion