



Join Peer Educators, Hayley & Nick, for a small group conversation around cannabis, joints, dabs, and the history of 4.20 evolving into a pop culture holiday celebrating cannabis consumption.

April 14th

Sponsored by
**Wellness
Promotion**



**Wellness Wednesday:
Joints, Dabs & More**
6-7pm
Remote



Join Dr. Catherine Jacquet (Louisiana State University), historian and author of *The Injustices of Rape: How Activists Responded to Sexual Violence, 1950-1980*, in a conversation with WCU students about the history of antirape activism in the US, the complicated intersections of racial and gender justice, and how the lessons from the past can inform our activism today.

Sponsored by
Center for Women & Gender Equity

**Equalitea
Speaker Series:
Antirape Activism
at the Crossroads
of Gender and
Racial Justice**
4pm
Remote



April 14th

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Yoga with PMSA
6-7pm
Remote

The WCU PMSA is hosting an online yoga event with yoga instructor Caroline Belmont.

Sponsored by
**West Chester Pre-Medical
Student Association**

Join the Darlington Biological Society (Bio Club) to learn about the feel good hormones and what well-being looks like in your body!

Sponsored by
Darlington Biological Society

April 13th



Biology of Well-Being
8-9pm
Remote

Meet alumni and employers who work in these fields to explore jobs and internships and gain insight into an industry or employer.

Sponsored by
Career Development Center

April 13th



**Communications, Marketing
& Sports Meet UP**
3:30pm - 5:30pm
Remote



April 9th



**Food Stamp
Awareness Shabbat**
5:30pm - 6:30pm
Remote

Educate students about food insecurity and ways to improve the global problem.

Sponsored by
Hillel



April 9th



Alumni Night
5pm - 6pm
Remote

Alumni that have been associated with pre-medical majors to share their wisdom and guidance with all of the current students.

Sponsored by
**West Chester Pre-Medical
Student Association**



Sponsored by
**Office of Student Leadership
and Involvement**

Student Leaders will connect with each other after hearing from Keynote speaker Drew Dudely on Day One Leadership.

**Student Leadership
Summit**
10am - 1pm
Remote



April 10th

April 10th



**Student Leadership
Summit**
10am - 1pm
Remote

Highlighted by Keynote speaker Drew Dudley join in a day of learning how to be a better leader for your organization and in every day life.

Sponsored by
**Office of Student Leadership
and Involvement**

**WCU
GAME
OF
WELL-BEING**

For additional information or questions about the Game of Well-Being, please email wellness@wcupa.edu.

April 9th - April 14th

KEY



Connection



Awareness



Insight



Purpose

