

**April 14th**



**Any Ram Can Workshop**

3pm  
Remote

'Any Ram Can' is program designed to engage students in conversations around being an active bystander with emphasis on alcohol use.

**Sponsored by  
Wellness Promotion**

**April 14th**



**Technology, Science & Health Meet Up**

3:30pm - 5:30pm  
Remote

Meet alumni and employers who work in these fields to explore jobs and internships and gain insight into an industry or employer.

**Sponsored by  
Career Development Center**

**April 16th**



**Miss WCU: Homelessness Awareness and Advocacy**

2pm  
Remote

Hear current Miss WCU, Allie Short, discuss her platform of Homelessness Awareness and Advocacy.

**Sponsored by  
Center of Civic Engagement  
& Social Impact**

**April 20th**



**Psychological Flexibility:  
A Values-Based  
Model for Mental Health**

2pm  
Remote

Dr. Arthur Dalton will facilitate an interactive presentation on psychological flexibility, an evidence-based model for mental well-being.

**Sponsored by  
Counseling and  
Psychological Services**

**April 22th**



**CHOICES Cannabis  
Workshop**  
3pm  
Remote

Join us for a Choices Cannabis Education Workshop. about the impact of cannabis use and WCU policies related to alcohol and/or drug use.

**Sponsored by  
Wellness Promotion**

**KEY**



**Connection**



**Awareness**



**Insight**



**Purpose**



**WCU  
GAME  
OF  
WELL-BEING**

**FINISH**

For additional information or questions about the Game of Well-Being, please email [wellness@wcupa.edu](mailto:wellness@wcupa.edu).

**April 14th - April 22nd**