

# THE STALL SEAT JOURNAL



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## WHO LIKES PIZZA?

Whether you are eating at the pizza shop or in your residence hall room **consent always applies**

TOGETHER!

As members of the WCU community, we understand that consent is a voluntary decision by all people involved in a sexual encounter to engage in specific types of sexual activity communicated through clear actions and/or words.

## Consent should be ENTHUSIASTIC

Here are some ways to ask for enthusiastic consent during a sexual moment:

- “I would love to do [fill in the blank] to/with you, but I want to make sure you’re as excited about it as I am.”
- “Is it OK if I [fill in the blank]?”
- “Would you like it if I [fill in the blank]?”
- “You know what sounds really sexy to me? [Fill in the blank.] How does that sound to you?”
- “I’m trying to be really clear about practicing enthusiastic consent with my partners. Do you feel good about doing [fill in the blank]?”
- “I really want to do [fill in the blank] to/with you, but I’m not going to unless you ask me for it.”

## WHAT DOES ORDERING PIZZA HAVE IN COMMON WITH SEX?

### BOTH INVOLVE CONSENT

Establishing physical and emotional boundaries for consent is important regardless if you are in a relationship or just met someone earlier that night.

After all....you wouldn't order a pepperoni pizza for your vegetarian friend.

## HOLD THE ORDER...

Before posting pictures about your partner or relationship, consider your personal boundaries and talk with your partner about their boundaries. Ask questions such as:

- Can I tag or check us in?
- Can I follow your friends?
- What are the expectations for returning texts?
- Can I post our relationship status?
- Can I use your device?
- Can I share or comment about our relationship?

Decide together what is healthy for each of you and your relationship. If anything makes you feel uncomfortable or if your partner tries to control you, you can decide it is no longer healthy. You also can always decide to change what you are ok with.

Source: loveisrespect.org

## TIPS FOR SHARING A PIZZA:

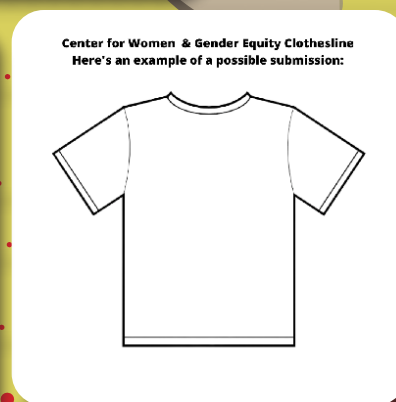
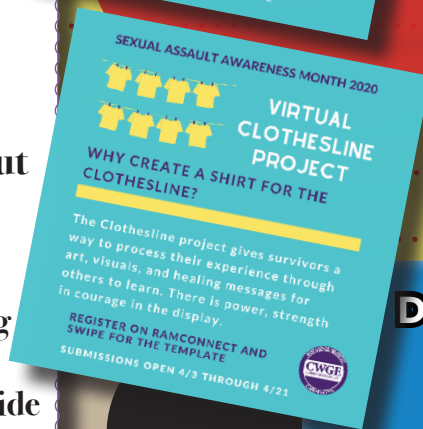
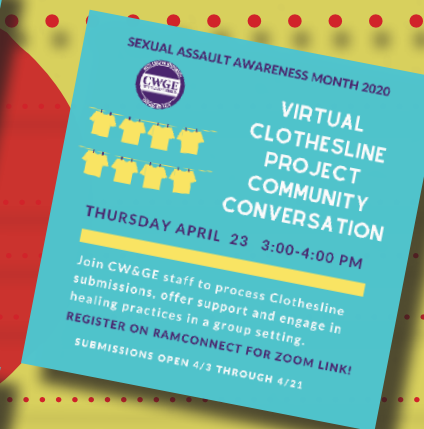
- Do you want to order pizza?
- Where do you want to order from?
- What type of toppings does each person want?

Just because you ordered cheese last week, does not mean that you want it this week. Each time you order a pizza, you talk about what kind you'd like.

There are a million different ways to eat pizza. No one way is right or wrong. Some days you don't want pizza. Some days we want pizza for dinner and other days for breakfast. We get to decide if and when we want pizza.

You wouldn't force a friend to eat pizza they didn't like.

You can likely see the relation of sharing pizza with having sex....



Digital consent in the age of COVID19:

## NOT SURE ABOUT TOPPING CHOICES?

When someone doesn't want to have sex

When someone isn't quite sure if they want to have sex

When someone definitely wants to have sex

\*click to view video

