



STALL SEAT JOURNAL

Vol. 14 Issue 1

August 28, 2017

Hey, First Year Students!
The clock is ticking to complete the *Think About It* alcohol education and sexual assault prevention online courses before a "hold" is placed on your account. Part two will hit your inboxes in October.

What in the Health is Going on at WCU?
Want to stay up to date with wellness news and events on campus? Look no further than the Stall Seat Journal- your source for staying healthy and up to date on campus events all year long! Look for us online: wcupa.edu/stallseatjournal
Want more wellness news you can use? Visit our blog: healthyramps.wordpress.com

Upcoming Events
Lunch with Mudd
Feeling homesick? Miss your dog? Come have lunch in the Counseling Center with Mudd the therapy dog!
*Mondays, 11:00am
241 Lawrence*
LGBTQA Welcome Back
Come out and join us for an afternoon of food and connecting.
*Mon, 8/28, 4:30pm
Sykes Ballrooms B & C*

Check Up from the Neck Up: Mental Health Screening Day
You may be used to getting check ups for your body, but what about check ups for your mind? Get screened and learn more about your mental health! Also, learn about ways you can improve your mental health, and connect with resources on campus.
Come early to get your free t-shirts!
*Wed, 9/20, 11:00am-1:00pm
Sykes Ballrooms*

Your Guide to Campus Resources
Whether you are a first-year student or a seasoned campus veteran, resources are available to help you get the most out of your WCU experience!

I.C.E. Breaker
Enjoy an ice cream sundae while upper-class students talk about I.C.E. (Interest and Career Exploration) with the Career Development Center. This program runs twice. T-shirts and prize giveaways.
*Thurs, 8/31/17 4:00 or 5:00pm
Sykes Ballrooms*

Know Your IX
No person on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance.

Student Health Services
*Health Center & Wellness Promotion
Ground Floor, Commonwealth Hall
610-436-2509*

Queering at WCU
Unsure how to navigate WCU as a gay, lesbian, bi, trans, asexual, or queer person? No matter your identity, join us to learn more about being queer at WCU.
*Thurs, 8/31, 5:00-6:00pm
Sykes 10A*

While often associated with women and athletics, Title IX means so much more. Grab your lunch, and join us as we break down Title IX, and what it means for our campus. Sessions are open to anyone who wants to know their IX.
Mondays, 12:00-12:50pm, Sykes 209

Counseling Center
**New location* | 241 Lawrence Center
610-436-2301*

Fall Involvement Fair
Come meet new people and learn how to get involved! Free food and giveaways.
*Wed, 9/6, 11:00am-3:00pm
Rain date: Fri, 9/8
Academic Quad*

9/18- What is Title IX?
What does Title IX mean for you at WCU?
9/25- Title IX Scope and Getting Support
Learn more about the support systems available for those who've experienced sexual misconduct.

Career Development Center
225 Lawrence Center
610-436-2501

Condom Bingo
It's BINGO, but with a twist. Free safer sex supplies and giveaways.
*Wed, 9/6, 7:00pm
Sykes Ballrooms*

Hate Has No Home at WCU
Earlier this month, Charlottesville, VA, a college town just like ours, came face to face with the presence of white nationalism, neo-Nazism, and anti-Semitism.

Office of Student Conduct
**New location* | 200 Ruby Jones
610-436-3511*

Sexism + Disability and Gender Bias
Maria Lepore-Stevens will discuss how people with disabilities experience gender bias that is rarely represented in national dialogue. Bring your lunch, we've got dessert.
*Wed, 9/20, 12:00-12:50pm
Sykes 115*

As we struggle to understand the events and motives behind them, it is important that we call the events what they were- hate fueled acts of domestic terrorism.
As a community, it is important that we reject acts of racism, Islamophobia, homophobia, sexism, and all other forms of hate and oppression in our halls, classrooms, or anywhere on or around our campus.

Learning Assistance Resource Center (LARC)
224 Lawrence Center
610-436-2535

Rams After Hours
9:00pm-1:00am

9/1	Sean Casey Labor Day Carnival 5:00-9:00pm
9/8	TRON Laser Tag
9/15	Treat Yourself Night

In times like these it can be helpful to come together, be in one another's company, and embrace and protect those among us who may be the target of such hatred. And for those with privileged identities, be an active part of the dialogue, but be sure to listen first.

Pre-Major Academic Advising
222 Lawrence Center
610-436-3505

SAC Movie
7:30pm & 10:30pm
Sykes Theater
\$2.00 Cash

Public Safety
690 S. Church St. (People's bldg.)
Emergency number 610-436-3311

Office of Social Equity
13/15 University Ave
610-436-2433

Residence Life and Housing
202 Lawrence Center
610-436-3307

Services for Students with Disabilities (OSSD)
223 Lawrence Center
610-436-2564

Center for Women and Gender Equity
2nd Floor, Lawrence
610-436-2122

Writing Center
2nd Floor, Lawrence & 3rd Floor, FHG Library
610-436-5664

LGBTQA Services
For department services: lgbtqa@wcupa.edu
Speak Outs: speakout@wcupa.edu
Sexuality and Gender Alliance (SAGA): SAGA@wcupa.edu