

NAME: \_\_\_\_\_

AGE: \_\_\_\_\_

DATE: \_\_\_\_\_

SEX: \_\_\_\_\_

## THE SOCIAL NETWORKS INVENTORY

### *Psychological Quadrant*

The **PSYCHOLOGICAL QUADRANT** is defined as: The smallest number of significant persons, pets, or objects that affects your life. For example, family members, cousins, and very close friends. These are the people who are closest to you in your life. Include pets, objects, and deceased significant others.

Write down the names of these individuals and describe their relationship to you. **Rate** each person on the two scales listed beside each name. The **first scale** represents how close you **are** to each person. For the **second scale**, place yourself in the shoes of each person selected and estimate how close each person **thinks** they are to you. The rating of 1 on the scales indicates **extreme closeness**, while a rating of 7 indicates **extreme distance**. There is no limit to the number of people you may list.

NAME	Relationship To You	How Close Are You To This Person							How Close Does This Person Think They Are To You						
		Close				Distant			Close				Distant		
		1	2	3	4	5	6	7	1	2	3	4	5	6	7
1. _____	_____														
2. _____	_____														
3. _____	_____														
4. _____	_____														
5. _____	_____														
6. _____	_____														
7. _____	_____														
8. _____	_____														
9. _____	_____														
10. _____	_____														
11. _____	_____														

# THE SOCIAL NETWORKS INVENTORY

## Collective Quadrant

The **COLLECTIVE QUADRANT** is defined as: The smallest number groups you belong to that influence your life. Groups included in this quadrant must come from various "formal" and "informal" groups you belong to. For example, Knights of Columbus—Religious Group; Spa/Health Club—Exercise Group; Alcoholics Anonymous – Support Group; Peace Corp.—Volunteer Group; Fraternity/Sorority –Social Service Group.

Write down the name of each group and describe the group's relationship to you. **Rate** each group on the two scales listed beside each group name. The **first scale** represents how close you are to each group. For the **second scale**, place yourself in the shoes of each group you selected and estimate how close each group **thinks** they are to you. The rating of 1 on the scales indicates extreme closeness, while a rating of 7 indicates extreme distance. There is no limit to the number of groups you may list.

NAME	Type of Group	How Close Are You To This Group							How Close Does Group Think They Are To You						
		Close			Distant				Close			Distant			
		1	2	3	4	5	6	7	1	2	3	4	5	6	7
1. _____	_____														
2. _____	_____														
3. _____	_____														
4. _____	_____														
5. _____	_____														
6. _____	_____														
7. _____	_____														
8. _____	_____														
9. _____	_____														
10. _____	_____														
11. _____	_____														

# THE SOCIAL NETWORKS INVENTORY

## *Individual Quadrant*

The **INDIVIDUAL QUADRANT** is defined as: The smallest number of people from the collective quadrant that you have developed friendships with. For example, people included in this quadrant must come from various "formal" and "informal" groups you listed in your collective quadrant. Individuals listed in this quadrant are group members who are trustworthy, reliable, easy for you to talk or feel comfortable with.

Write down the names of these individuals, name of group they are a member of, and **rate** each person on the two scales listed beside each name. The **first scale** represents how close you **are** to each person. For the **second scale**, place yourself in the shoes of each person selected and estimate how close each person **thinks** they are to you. The rating of 1 on the scales indicates extreme closeness, while a rating of 7 indicates extreme distance. There is no limit to the number of individuals you may list.

NAME	Relationship To You	How Close Are You To This Person							How Close Does This Person Think They Are To You						
		Close                  Distant							Close                  Distant						
1. _____	_____	1	2	3	4	5	6	7	1	2	3	4	5	6	7
2. _____	_____	1	2	3	4	5	6	7	1	2	3	4	5	6	7
3. _____	_____	1	2	3	4	5	6	7	1	2	3	4	5	6	7
4. _____	_____	1	2	3	4	5	6	7	1	2	3	4	5	6	7
5. _____	_____	1	2	3	4	5	6	7	1	2	3	4	5	6	7
6. _____	_____	1	2	3	4	5	6	7	1	2	3	4	5	6	7
7. _____	_____	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8. _____	_____	1	2	3	4	5	6	7	1	2	3	4	5	6	7
9. _____	_____	1	2	3	4	5	6	7	1	2	3	4	5	6	7
10. _____	_____	1	2	3	4	5	6	7	1	2	3	4	5	6	7
11. _____	_____	1	2	3	4	5	6	7	1	2	3	4	5	6	7

# THE SOCIAL NETWORKS INVENTORY

## *Ideal Dream Quadrant*

The ***IDEAL DREAM QUADRANT*** is defined as: The smallest number of people “wished for” that could make your life “perfect”. For example, family members, cousins, very close friends and **imaginary** significant others. These are the people whom you would like to be closest to in your life. Include pets, objects, and deceased significant others.

Write down the name of these individuals, their relationship to you, and **rate** each person on the two scales listed beside each name. The **first scale** represents how close you **wish to be** to that person. For the **second scale**, place yourself in the shoes of each person you selected and estimate how close you **wish that person would want to feel** toward you. The rating of 1 on the scales indicates extreme closeness, while a rating of 7 indicates extreme distance. There is no limit to the number of people, pets, or objects you may list.

NAME	Relationship To You	How Close Do You Wish To Be To This Person							How Close Do You Wish That Person Would Want To Feel Toward You						
		Close				Distant			Close				Distant		
1. _____	_____	1	2	3	4	5	6	7	1	2	3	4	5	6	7
2. _____	_____	1	2	3	4	5	6	7	1	2	3	4	5	6	7
3. _____	_____	1	2	3	4	5	6	7	1	2	3	4	5	6	7
4. _____	_____	1	2	3	4	5	6	7	1	2	3	4	5	6	7
5. _____	_____	1	2	3	4	5	6	7	1	2	3	4	5	6	7
6. _____	_____	1	2	3	4	5	6	7	1	2	3	4	5	6	7
7. _____	_____	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8. _____	_____	1	2	3	4	5	6	7	1	2	3	4	5	6	7
9. _____	_____	1	2	3	4	5	6	7	1	2	3	4	5	6	7
10. _____	_____	1	2	3	4	5	6	7	1	2	3	4	5	6	7
11. _____	_____	1	2	3	4	5	6	7	1	2	3	4	5	6	7