## West Chester University's Trauma-Informed Education Workshop

When? August 5<sup>th</sup>-9<sup>th</sup>, 2019

## Participants of this workshop will:

- Identify adverse childhood experiences and their impact on a child's mental and physical health
- Engage in examining, assessing, and evaluating the impact of trauma on one's view of self and relationship to others
- Establish goals for incorporating trauma-informed education for the classroom and individual children

## After these 32 hours of training, participants will be able to:

- Develop school, classroom and individual child practices that focus on trauma-informed education.
- Incorporate mindfulness techniques, cognitive behavioral approaches, self-regulation, as well as other research based interventions into the school and classroom
- Understand and analyze how to work with individual students incorporating a brain based model.

Registration and Payment due July 15<sup>th</sup>!

https://wcupa.edu/education-socialWork/forms/traumaEducation/