

CHRISTINA M. CHIARELLI-HELMINIAC, PhD, MSW

West Chester University, Reynolds Hall ~ 610-436-3615 ~ cchiarelli-helminiak@wcupa.edu

EDUCATION

- PhD** University of Connecticut, Storrs, CT
School of Social Work, West Hartford, CT
Dissertation: Job Satisfaction and Burnout Among Forensic Interviewers
Graduate Certificate in College Instruction
- MSW** 2002, Marywood University, Scranton, PA
Client Systems Concentration
Advanced Standing Placement
- BA** 1999, Shippensburg University, Shippensburg, PA
Social Work major with Psychology minor

UNIVERSITY EXPERIENCE

Faculty Associate for Grants and Faculty Development

College of Business and Public Affairs
West Chester University, West Chester, PA
August 2015 – May 2016

Assistant Professor

Graduate Social Work Department
West Chester University, West Chester, PA
August 2014 – present

Courses:

SWG 511: HBSE: The Dialectic of Oppression and Diversity
SWG 542: Advanced Policy and Community Practice
SWG 554: HBSE: Individuals and Families
SWG 555: HBSE: Organizations and Communities
SWG 590: Human Rights and Social Work: Responding to Domestic and International Crises (taught at WCU and Abroad)

Assistant Director of the Undergraduate Programs in Human Rights, Graduate Assistant

Human Rights Institute
University of Connecticut, Storrs, CT
August 2011 – August 2014

Adjunct Faculty, Graduate Assistant

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School of Social Work

University of Connecticut, West Hartford, CT

August 2009 - July 2011

Adjunct Faculty, Full-Time Temporary

Department of Social Work and Gerontology

Shippensburg University, Shippensburg, PA

August 2008 – August 2009

PROFESSIONAL EXPERIENCE

Consultant

Children's Trust Fund, Hartford, CT

June 2011 - October 2011

Forensic Specialist and Consultant

York County Children's Advocacy Center, York, PA

November 2007 – May 2009

Enotah Child Advocacy & Family Support Center Founding Program Director, Forensic Interviewer, Education and Intervention Services Coordinator, Sexual Assault Program Coordinator, Prevention Specialist, Child Advocate and Weekend Shelter Manager

S.A.F.E., Blairsville, GA

October 2002 – October 2007

Anger Management Facilitator, Outpatient Therapist and In-Home Diversionary Team

Children's Service Center, Wilkes-Barre, PA

September 2000 – September 2002

Therapeutic Staff Support

LodgeQuest, Chambersburg, PA

March 2000 – September 2000

Prevention Specialist

Women In Need, Chambersburg, PA

January 2000 – September 2000

Intern

Center for Juvenile Justice Training and Research, Shippensburg, PA

September 1997 – May 2000

JOURNAL ARTICLES

Thomas, R. L., Chiarelli-Helminiak, C. M., Ferraj, B., & Barrette, K. (2016). Engaging MSW

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students in faculty research: Benefits of student involvement in a program evaluation. *Journal of Teaching Social Work*, 36(3), 275-288.

Thomas, R. L., **Chiarelli-Helminiak, C. M.**, Barrette, K. & Ferraj, B. (2015). Building relationships and facilitating immigrant community integration: An evaluation of a cultural navigator program. *Evaluation and Program Planning*, 55, 77-84.

Anyikwa, V., **Chiarelli-Helminiak, C. M.**, Hodge, D., & Wells-Wilbon, R. (2015). Women empowering women. *Journal of Social Work Education*, 51(4), 723-737. (authors listed alphabetically)

BOOK CHAPTERS

Thomas, R., **Chiarelli-Helminiak, C. M.**, & Ferraj, B. (2014). A case study in immigrant civic engagement research: Linking human rights to social work education. In K. Libal, M. Berthold, R. L. Thomas, & L. Healy (Eds.), *Advancing Human Rights in Social Work Education* (pp. 215-230). Alexandria, VA: CSWE Press.

Chiarelli-Helminiak, C. M. (2012). Social work 40 feet in the air. In L. Grobman & J. Clements (Eds.). *Riding the mutual aid bus and other adventures in group work: A days in the lives of social workers collection* (pp. 53-57). Harrisburg, PA: White Hat Communications.

Chiarelli-Helminiak, C. M., & Bradshaw, J. M. (2011). Victims of interpersonal abuse in rural communities. In L. Ginsberg (Ed.). *Social work in rural communities* (5th ed.) (pp. 327-346). Alexandria, VA: CSWE Press.

CASE VIGNETTE

Chiarelli-Helminiak, C. (2010). In K. Haynes & J. Mickelson (Eds.). *Affecting change: Social workers in the political arena* (7th ed.) (pp. 79-80). Boston: Allyn & Bacon.

ENCYCLOPEDIA ENTRY

Chiarelli-Helminiak, C. M. (2013). Empowerment. In J. Postmus (Ed.). *Sexual violence and abuse: An encyclopedia of prevention, impacts, and recovery*. Santa Barbara: ABC-CLIO.

TEACHING RESOURCES

Chiarelli-Helminiak, C.M., Blake, M., Hamilton-Mason, J., Hodge, D., Kominkiewicz, F., Lane, S. R., Silva-Martinez, E., & Simmons, C. A. (2016). Multiple faces of in *CSWE Learning Academy, Teaching Social Justice Series* feminism [Online teaching module]. Retrieved from <https://learningacademy.cswe.org/>. (committee chair listed first with remaining authors listed alphabetically)

CHRISTINA M. CHIARELLI-HELMINIAC, PhD, MSW

Chiarelli-Helminiak, C. M. (2013). Children's rights versus what is good for children. In M. C. Hokenstad, L. M. Healy, & U. A. Segal (Eds.). *Teaching human rights: Curriculum resources for social work educators, a resource manual* (pp. 197). Alexandria, VA: CSWE Press.

MANUSCRIPTS IN PREPARATION

Chiarelli-Helminiak, C. M. *Forensic interviewing is social work.*

Chiarelli-Helminiak, C. M., & Lewis, T. *Sustainable development goal 4: When access to education is not enough.*

Chiarelli-Helminiak, C. M., & Eggers, M. *Global issues in Social work with lesbian, gay, bisexual, transgender and queer populations.*

Chiarelli-Helminiak, C. M., Libal, K., & Eggers, M. *Advancing social work education through the integration of human rights.* (authors list alphabetically)

Chiarelli-Helminiak, C. M., Tower, L., Faul, A. C., & Hodge, D. M. *Job satisfaction and burnout among social work educators.*

Lane, T., Bohrman, C., **Chiarelli-Helminiak, C. M., & Lewis, T.** *The teachable moment: Engaging students in social justice movements.* (committee chair listed first with remaining authors listed alphabetically)

Lewis, T., & **Chiarelli-Helminiak, C. M.** *Advising from a human rights-based approach.*

Tower, L., **Chiarelli-Helminiak, C. M., Faul, A. C., & Hodge, D. M.** *Status of women in social work education in the USA*

TECHNICAL REPORTS

Thomas, R., **Chiarelli-Helminiak, C., Comaduran, R., Ferraj, B., & Barrette, K.** (2013). *Building relationships and bridging social capital: An inclusive approach to immigrant civic engagement within libraries, process and outcome evaluation.* University of Connecticut School of Social Work, West Hartford, CT. Funded by National Leadership Grants Institute of Museum and Library Services.

- Three Year Summary
- Year 3 Report

Thomas, R., **Chiarelli-Helminiak, C., Tigner, J., Comaduran, R., & Ferraj, B.** (2012). *Building Relationships and Bridging Social Capital: An Inclusive Approach to Immigrant Civic Engagement within Libraries, Process and Outcome Evaluation Year 2.* University of Connecticut School of Social Work, West Hartford, CT. Funded by National Leadership Grants Institute of Museum and Library Services.

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Thomas, R., **Chiarelli-Helminiak, C.**, Cahill, E., & Tigner, J. (2011). *Building Relationships and Bridging Social Capital: An Inclusive Approach to Immigrant Civic Engagement within Libraries, Process and Outcome Evaluation Year 1*. University of Connecticut School of Social Work, West Hartford, CT. Funded by National Leadership Grants Institute of Museum and Library Services.

Lyon, E., Bradshaw, J., **Chiarelli-Helminiak, C.**, Morneault, J., & Menard, A. (2011). *Non-residential domestic violence services: Survivors' experiences. The domestic violence non-residential services & supports study*. University of Connecticut, School of Social Work, Institute for Violence Prevention and Reduction, West Hartford, CT. Funded by Department of Health and Human Services Family Violence Prevention and Services Administration and administered by the National Institute of Justice.

- Washington Overview
- Massachusetts Overview
- Illinois Overview
- Casa de Esperanza Overview
- Asian & Pacific Islander Institute on Domestic Violence Overview
- Alabama Overview

WEBSITE

Founder, Associate Editor, and Contributor

Teaching Human Rights

<http://teachinghumanrights.uconn.edu>

2014-Present (2016-Present Associate Editor)

BLOG POSTS

Chiarelli-Helminiak, C. M., & Cicerelle, P. (2016, May 6). Teaching human rights outside the classroom [Web log content]. Retrieved from <http://teachinghumanrights.uconn.edu/category/blog/>

RESEARCH EXPERIENCE

Faculty Advisor

Mental Health and Domestic Violence: A Qualitative Study of Southeastern Pennsylvania Domestic Violence Shelters

Principal Investigator: Courtney Benner

West Chester University, Graduate Social Work Department, West Chester, PA

January 2016 – present

Faculty Affiliate

Economic and Social Rights Research Group

University of Connecticut, Human Rights Institute, Storrs, CT

2015 - present

CHRISTINA M. CHIARELLI-HELMINIYAK, PhD, MSW

Principle Investigator

Gender Differences among Social Work Faculty

West Chester University, Graduate Social Work Department, West Chester, PA

October 2014 – present

Researcher

Integrating Human Rights Learning in the Social Work Curriculum

Principal Investigator: Kathryn Libal, PhD

University of Connecticut, School of Social Work, West Hartford, CT

November 2012 - present

Research Coordinator

Building Relationships and Bridging Social Capital: An Inclusive Approach to Immigrant Civic

Engagement within Libraries

Principal Investigator: Rebecca Thomas, PhD

University of Connecticut, School of Social Work, West Hartford, CT

November 2010 - September 2013

Research Assistant

Nurturing Families Network, Depression Improvement Study

Principal Investigator: Marcia Hughes, PhD

University of Hartford, Center for Social Research, Hartford, CT

May 2010 - December 2012

Research Assistant

National Domestic Violence Non-Residential Services and Supports Study

Principal Investigator: Eleanor Lyon, PhD

University of Connecticut, School of Social Work, Institute for Violence Prevention and

Reduction, West Hartford, CT

May 2010 - August 2010

June 2011 - September 2011

Researcher

Retention and Resiliency in Child Welfare Workers

Principal Investigator: Jennifer Clements, PhD

Shippensburg University, Department of Social Work & Gerontology, Shippensburg, PA

February 2009 - May 2009

Faculty Co-Advisor

Shippensburg Student's Service to the Community

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Principal Investigator: Keith Mowery

Shippensburg University, Department of Social Work & Gerontology, Shippensburg, PA

January 2009 - May 2009

Faculty Advisor

Exploring Eating Disorders on Shippensburg University Campus

Principal Investigator: Amanda Abby

Shippensburg University, Department of Social Work & Gerontology, Shippensburg, PA

January 2009 - May 2009

Faculty Advisor

Dating Violence: The Need to Inform

Principal Investigator: Keith Mowery

Shippensburg University, Department of Social Work & Gerontology, Shippensburg, PA

September 2008 - December 2008

UNIVERSITY GRANTS RECEIVED

Job satisfaction and burnout among forensic interviewers national survey. (2015). College of Business and Public Affairs Research Initiative. West Chester University. Grant award as 3 credit Alternative Work Assignment.

Learning while leading: International faculty development seminar. (2015). Faculty Professional Development Grant. Pennsylvania State System of Higher Education. Grant award \$4,294.

Graduate social work department faculty workshop. (2015). Committee for Excellence in Learning and Teaching. West Chester University. Grant award \$1,550.

Women's rights in the Middle East. (2013). UConn Reads Steering Committee. University of Connecticut. Grant award \$1,000.

Becoming a Leader in Social Change. (2008). Commission on Human Understanding, Office of Social Equity. Shippensburg University. Grant award \$4,980.

AWARDS

2014, June	Mark Moses Distinguished Fellowship, Network for Social Work Management, Los Angeles, CA
2014, June	Research to Practice Institute, Network for Social Work Management, Boston, MA
2014, May	Outstanding Woman Scholar, University of Connecticut Provost's Office, Alumni Association, and Women's Center, Storrs, CT

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2013, December	Doctorate Dissertation Fellowship, University of Connecticut Graduate School, Storrs, CT
2013, April	Graduate Student Research Funding, University of Connecticut Human Rights Institute, Storrs, CT
2011, June	Academic Scholarship, Connecticut and Western Massachusetts Mensa, Waterbury, CT
2008, December	Group Study Exchange, Rotary Foundation, York, PA
2002, May	Sister M. Eva Connors Peace Medal, Marywood University, Scranton, PA
2001, May	Immaculate Hearts of Mercy Graduate Scholarship, Marywood University, Scranton, PA

COMPETITIVE PRESENTATIONS (PAST TWO YEARS)

Chiarelli-Helminiak, C. M., & Young, T. (2016, January). *A tale of two studies: Multidisciplinary teams in child abuse investigations*. Society for Social Work and Research. Washington, DC.

Chiarelli-Helminiak, C. M. (2015, November). *Advancing human rights through local social work education*. Conference on Social Work in the Global Environment. Kutztown University. Kutztown, PA.

Chiarelli-Helminiak, C. M. (2015, November). *Women empowering women*. Your Leadership Story: Women's Leadership Conference. West Chester University. West Chester, PA.

Chiarelli-Helminiak, C. M., McPherson, J., & Berthold, S. M. (2015, October). *Taking a human rights-based approach to teaching micro-level social work*. Council on Social Work Education Annual Program Meeting. Denver, CO.

Bohrman, C., Lewis, T., **Chiarelli-Helminiak, C. M.**, Lane, T. (2015, October). *The social work response to police brutality*. Council on Social Work Education Annual Program Meeting. Denver, CO.

Thomas, R., **Chiarelli-Helminiak, C. M.**, & Barrette, K. (2015, October). *Cultural navigator program: A process and outcome evaluation*. Council on Social Work Education Annual Program Meeting. Denver, CO.

Chiarelli-Helminiak, C. M. (2015, July). *I love my job, but... Job satisfaction and burnout Among forensic interviewers*. American Professional Society on the Abuse of Children. Boston, MA.

Chiarelli-Helminiak, C. M. (2015, January). *Longevity in the workplace... Job satisfaction and*

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burnout among forensic interviewers. Society for Social Work and Research. New Orleans, LA.

Schmitz, C., Hamilton-Mason, J., Balestrery, J. E., Fisher-Borne, M., Maurer, M., **Chiarelli-Helminiak, C. M.**, Terrell, B. (2014, October). *Challenges and strengths of studying abroad for students from traditionally marginalized communities* [CSWE Connect]. Council on Social Work Education Annual Program Meeting. Tampa, FL.

Chiarelli-Helminiak, C. M. (2014, October). *I love my job, but... Job satisfaction and burnout among forensic interviewers* [Poster]. Council on Social Work Education Annual Program Meeting. Tampa, FL.

Chiarelli-Helminiak, C. M., Libal, K., & Eggers, M. (2014, October). *Advancing social work education through the integration of human rights* [Poster]. Council on Social Work Education Annual Program Meeting. Tampa, FL.

Thomas, R., & **Chiarelli-Helminiak, C. M.** (2014, October). *Social capital: A tool for practice with immigrants and refugees*. Council on Social Work Education Annual Program Meeting. Tampa, FL.

INVITED LECTURES (PAST TWO YEARS)

Chiarelli-Helminiak, C. M. (2015, December). *Human rights-based social work practice with attention to working with immigrants* [Round Table]. Diversity Seminar, Center for Social Work Education, Widener University. Chester, PA.

Chiarelli-Helminiak, C. M., & Libal, K. (2015, November). *Integrating human rights and social justice into advising and teaching*. West Chester University, Philadelphia, PA.

Chiarelli-Helminiak, C. M. (2015, October). *I love my job, but... Job satisfaction and burnout among forensic interviewers*. Research Methods Course, Undergraduate Social Work Department, West Chester University. West Chester, PA.

Chiarelli-Helminiak, C. M. (2015, March). *I love my job, but... Job satisfaction and burnout among forensic interviewers* [Poster]. Research Day. West Chester University.

Johnson, D., **Chiarelli-Helminiak, C. M.**, & Osayande, E. (2015, February). *Nonviolent strategy workshop*. West Chester University. West Chester, PA.

Chiarelli-Helminiak, C. M. (2014, November). *Building relationships and bridging social capital through the immigrant civic engagement project: A program evaluation*. Program Evaluation Course, Graduate Social Work Department, West Chester University. West Chester, PA.

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SERVICE CONTRIBUTIONS: GRADUATE SOCIAL WORK DEPARTMENT

2015 – 2016	Faculty Advisor, Graduate Social Work Organization
2015	Department Representative, CBPA New Building Furniture Committee
2014 – present	Chair, International Curriculum Committee
2014 – present	Member, Diversity and Inclusion Curriculum Committee
2014 – present	Member, Curriculum Committee (Distance Education Focus)
2014 – present	Lead Instructor, HBSE: Individuals and Families Curriculum
2014 – 2015	Member, Department Secretary Search Committee

SERVICE CONTRIBUTIONS: WEST CHESTER UNIVERSITY

2016 – present	Steering Committee Member, Peace and Conflict Studies
2016	Participant, Brandywine Project
2015 – 2016	Co-Chair, WCU in Philadelphia Inaugural Graduation Committee
2015 – 2016	Cohort Member, Blended Learning Workgroup
2015 – present	Member, Service Learning Faculty Work Group
2015 – present	Member, International Service-Learning Committee
2015	Delegate, WCU-Turkey Initiative
2015	Member, Graduate Executive Council
2014 – present	Member, Committee on Excellence in Teaching and Learning Book Group
2014 – 2015	Cohort Member, Distance Education Initiative 2014-15
2014 – 2015	Mentee, New Faculty Mentor Program

SERVICE CONTRIBUTIONS: PROFESSIONAL

2015 – 2016	Field Instructor, Domestic Violence Center of Chester County
2014 – present	Member, Ad-hoc Sub-committee on Children's Rights, Council on Social Work Education Commission on Global Education's Committee on Human Rights
2014 – present	Founder and Editorial Board member, Teaching Human Rights website
2013 - present	Councilor, Council on Social Work Education Council on the Role and Status of Women in Social Work Education, Alexandria, VA

CONFERENCES/TRAINING ATTENDED (PAST TWO YEARS)

2015, November	Childhood Stress and Urban Poverty: The Impact of ACEs on Health, Philadelphia, PA
2015, October	Council on Social Work Education Annual Program Meeting, Denver, CO
2015, July	American Professional Society on the Abuse of Children, Boston, MA
2015, June	Learning While Leading: International Faculty Development Seminar, Madrid, Spain
2015, April	LGBTQ 101, West Chester University, PA

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2015, February	Institutional Review Board Workshop, West Chester, PA
2015, February	Introduction to Geographical Information Systems, West Chester, PA
2014, November	Distance Education Boot Camp, West Chester, PA
2014, November	Essentials of Trauma-Informed Care, West Chester, PA
2014, October	Council on Social Work Education Annual Program Meeting, Tampa, FL

PROFESSIONAL AFFILIATIONS

American Professional Society on the Abuse of Children
Council on Social Work Education
Network for Social Work Management
Society for Social Work and Research