Amber M. Holbrook, LSW, Ph.D. Reynolds Hall 205 West Chester, PA 19383

## **EDUCATION**

Bryn Mawr College, Bryn Mawr, PA	Ph.D.	May 2009
University of New England, Biddeford, ME	MSW	August 2002
Hampshire College, Amherst, MA	BA	May 1997

## Work Experience

West Chester University, West Chester, PA Graduate Department of Social Work Assistant Professor August 2013-present

**Teaching** 

- Teach courses in the Graduate School of Social Work: Social Welfare Policies and Services, Methods of Social Work Research, Advanced Research Methods, Applied Research Seminar: Program Evaluation, Social Work with Substance Use Disorders
- Advise and mentor graduate social work students
- Develop and revise curricula in collaboration with colleagues to reflect professional best practices, including: taking the lead on the revision of Social Welfare Policies and Services course (SWG 541) and the Substance Use Disorders course (SWG 570); co-development of the advanced research curriculum focused on program evaluation (SWG 534); creation of new assignments for foundation research course (SWG 533); and development of new elective on environmental justice and social work (SWG 593).
- Engage in continuing education that supports expansion of knowledge in curriculum content areas and improvement of pedagogy
- Serve as department Assessment Coordinator from Fall 2014-Fall 2016, including oversight of data collection, plan for transition to EPAS 2015, and piloting of objective structured clinical examination (OSCE).

## Research and Scholarship

- Conduct research in the areas of substance use, mental health, and implementation science
- Present research results in peer-reviewed venues and publications
- Serve as a reviewer for peer-reviewed publications, including the American Journal of Drug and Alcohol Abuse, Journal for the Society of Social Work Research, Social Work in Health Care, and Social Work Research
- Serve as a reviewer for social work research textbooks
- Serve as a reviewer of submissions for national social work conferences, such as the *Council on Social Work Education*
- Submit applications for grant funding

Service

Department

- Serve as lead instructor for SWG 541 Social Welfare Policies and Services (Fall 2013-present)
- Participate in departmental curriculum committees, including policy and research
- Serve on departmental hiring committees for the MSW Recruiter, Department Secretary, and Adjunct Instructors to teach program evaluation
- Serve as Faculty Liaison to Recovery Task Force August 2015-present
- Serve as Department Representative to West Chester University chapter of APSCUF

University

- Serve on Title IX Faculty Committee
- Participate in Collegiate Recovery Program effort
- Serve on Charlotte W. Newcombe Scholarship committee (2016)
- Serve as proxy for Curriculum and Academic Policy Council (Fall 2016-present) Community and Profession
- Collaborate with community social service agencies to conduct program evaluations in conjunction with students from the advanced research courses.
- Serve as a consultant for community agencies seeking to improve measurement of program outcomes

Provide training on group facilitation and Wellness Recovery Action Planning to peer center staff

Serve on Outreach Committee for March for a Clean Energy Revolution (July 2016)

- Volunteer as an External Field Instructor for Women of Hope, Philadelphia, PA (2015-2016)
- Serve as a mentor for young researchers through the Society for Implementation Research Collaboration

# Peer-Reviewed Publications

Holbrook, A. (2015). Methadone versus buprenorphine for the treatment of opioid abuse in pregnancy: Science and stigma. *The American Journal of Drug and Alcohol Abuse*, 41(5), 371-373.

Holbrook, A., & Nguyen, V. (2015). Medication-assisted treatment for pregnant women: A systematic review of the evidence and implications for social work practice, *Journal of the Society for Social Work Research*, 6, 1-19.

Holbrook, A., Jones, H.E., *et al.* (2013). Induction of pregnant women onto opioidagonist maintenance medication: An analysis of withdrawal symptoms and study retention. *Drug and Alcohol Dependence*, 132(1), 329-334.

**Holbrook, A**., Baxter, J., *et al.* (2012). Infections and obstetrical outcomes in opioiddependent pregnant women maintained on methadone or buprenorphine. *Addiction*, 107 (Suppl 1), 83-90. **Holbrook, A**. & Kaltenbach, K. (2012). Co-occurring psychiatric symptoms in opioiddependent women: The prevalence of antenatal and postnatal depression. *The American Journal of Drug and Alcohol Abuse;* 38(6), 575-579.

Kaltenbach, K., **Holbrook, A**. *et al.* (2012). Predicting treatment of neonatal abstinence syndrome in infants born to women maintained on opioid agonist medication. *Addiction*, 107 (Suppl 1), 45-52.

McNicholas, L., **Holbrook, A**., *et al.* (2012). Effect of HCV status on liver enzymes in opioid dependent pregnant women maintained on agonist medication. *Addiction*, 107 (Suppl 1), 91-97.

**Holbrook, A**., & Kaltenbach, K. (2011). Effectiveness of a smoking cessation intervention for methadone-maintained women: A comparison of pregnant and parenting women. *International Journal of Pediatrics*; doi: 10.1155/2011/567056.

**Holbrook, A.**, & Kaltenbach, K. (2010). Neonatal abstinence syndrome and gender: Does sex matter? *Drug and Alcohol Dependence*, 112, 156-159.

## Manuscripts in Progress

Holbrook, A., & Chen, W. (2016). *Learning by doing: An experiential approach to teaching program evaluation*. (Manuscript submitted for publication).

Holbrook, A., & Chen, W. (2016). *Building research capacity in a mobile psychiatric rehabilitation program: Service learning in a university-agency collaboration.* (Manuscript submitted for publication).

Holbrook, A. (2016). *Male gender role stress and choice of coping strategies: Dimensions in a diverse population of men.* (Manuscript submitted for publication).

Holbrook, A., Tennille, J., & Buck, P.B. (2016). *Building capacity for evidence-based practice together*. (Manuscript submitted for publication).

Holbrook, A., Hunt, S., & See, M.R. (2016). *Implementation of dialectical behavior therapy: A community-based training and evaluation model.* (Manuscript in preparation).

National Peer-Reviewed Presentations

Holbrook, A., Hunt, S., & See, M.R. (2017, January). *Implementation of Dialectical Behavior Therapy in a Residential Setting: Dissemination and Evaluation*. Poster session presented at the annual meeting of the Society of Social Work Research, New Orleans, LA (forthcoming).

Holbrook, A., & Akbar, G. (2016, November). *Incorporating environmental justice into social work education: A theoretical framework and application.* Interactive workshop presented at the annual meeting of the Council on Social Work Education, Atlanta, GA (forthcoming).

Berger, C., & Holbrook, A. (2016, November). *Development and implementation of standardized simulations for macro-level practice*. Panel presentation at the annual meeting of the Council on Social Work Education, Atlanta, GA (forthcoming).

Holbrook, A., & Hunt, S. (2016, January). *Implementation of an evidence-based practice in a community agency: Dissemination, evaluation, and lessons learned.* Poster session presented at the annual meeting of the Society of Social Work Research, Washington, D.C.

Holbrook, A., & Chen, W. (2015, October) *Teaching program evaluation to social work students: An agency collaboration model*. Interactive workshop presented at the annual meeting of the Council on Social Work Education, Denver, CO.

Chen, W., & Holbrook, A. (2015, October). *Learning by doing: An experiential approach to teaching program evaluation*. Paper presented at the annual meeting of the Council on Social Work Education, Denver, CO.

Tennille, J., Buck, P., & Holbrook, A. (2015, October). *Beyond implicit and explicit curricula: A third dimension for social work education*. Paper presented at the annual meeting of the Council on Social Work Education, Denver, CO.

Holbrook, A. (2015, January). *Do specific dimensions of male gender role stress predict choice of coping strategies?* Poster session presented at the annual meeting of the Society for Social Work Research, New Orleans, LA.

Holbrook, A. (2010, June). *Maternal methadone dose and neonatal abstinence syndrome*. Poster session presented at the annual meeting of the College on Problems in Drug Dependence, Scottsdale, AZ.

Holbrook, A., & Kaltenbach, K. (2009, June). *Neonatal abstinence syndrome and gender: Does sex matter*? Poster session presented at the annual meeting of the College on Problems in Drug Dependence, Reno, NV.

Holbrook, A. (2008, August). *Correlates of Missing Data in Longitudinal Analysis*. Poster session presented at the annual CALDAR Summer Institute, Los Angeles, CA.

**Regional Peer-Reviewed Presentations** 

Holbrook, A. (2016, April). *Implementation of an evidence-based practice in a community agency*. Paper presented at West Chester University Research Day, West Chester, PA.

Holbrook, A. (2008, May). *Male gender role stress, Attitudes towards women, and coping styles in heterosexual men.* Oral paper presented at the Violence Against Women and Children Institute, Rutgers University, New Brunswick, NJ.

## Local Presentations

Holbrook, A. (2007, November). *Effective Organization and Management of your Research Project*. Oral presentation at the annual MOTHER Principal Investigator/Research Project Coordinator Meeting, Annapolis, MD

## <u>Awards</u>

## 2016 Graduate Faculty Appreciation Award

2014 CBPA Research Initiative funding award Summer II

2010 NIDA Women & Sex/Gender Junior Investigator Travel Award

2008 CALDAR Summer Institute Travel Award

### **Professional Service**

- Reviewer for professional journals *Social Work Research* (2011-present) *Journal of the Society for Social Work and Research* (2013-present) *American Journal of Drug and Alcohol Abuse* (2015-present) *Social Work in Health Care* (2016-present)
- Reviewer of social work textbooks Evaluation Facilitation Techniques and Skills (2016)
- Reviewer of national conference submissions
  Council on Social Work Education (2016) Addictions track

#### **Professional Memberships**

Council on Social Work Education (Member since 2013) Society for Social Work Research (Member since 2014) Society for Implementation Research Collaboration (Member since 2015)

#### **Other Professional Experience**

Resources for Human Development, Inc., Philadelphia, PA January 2012- August 2013 **Proposal Writer/Program Developer** 

Responsible for writing proposals for local, state, and federal contracts and funds.

- •Evaluate potential funding opportunities
- •Work with clinical staff to design new programs and expand existing services

- •Write funding proposals in response to local, State, and Federal RFPs, and obtain renewal for existing contracts and funding streams
- •Served as Writing Coach in RHD's Leadership Development Program to develop management and supervisory skills in non-profit staff

Thomas Jefferson University, Philadelphia, PAJune 2006- December 2011Division Research Coordinator, Maternal Addiction Treatment Education ResearchResponsible for coordination of the research program at a substance abuse treatmentcenter for pregnant and parenting women.

- Supervised research staff
- Oversaw implementation of multiple protocols, both federal and privately funded
- Acted as lead site coordinator for multi-center longitudinal research
- Conducted program evaluation of MATER treatment programs
- Performed grant writing, submission of progress reports and assistance with competitive grant renewals
- Conducted statistical analysis, using Excel, SPSS, SAS and STATA

## Rutgers University, Camden, NJ

Summer 2006- Fall 2011

# Graduate Department of Social Work Adjunct Instructor

Methods in Social Work Research 1, Family Violence, Fundraising and Marketing in the Social Services

New Jersey Coalition for Battered Women, Trenton, NJ

# **Domestic Violence Certification Coordinator**

Responsible for coordinating statewide domestic violence specialist (DVS) certification program which aims to ensure that standards of knowledge around family violence are met in the helping professions.

- Worked with certification committee to revise and update certification standards as needed
- Provided technical assistance to applicants for the DVS certifications
- Monitored quality and quantity of domestic violence training opportunities offered within the state.
- Organized the New Jersey Domestic Violence Professionals annual conference
- Served on committee to develop standards for batterer intervention programs in state of New Jersey.

Philadelphia Women's Center, Philadelphia, PADecember 2003- October 2004Counseling CoordinatorDecember 2003- October 2004

Responsible for supervision of counseling staff and volunteer program in a reproductive health clinic.

- Supervised counselors and volunteers
- Provided reproductive health, pregnancy options, and post-abortion counseling to patients
- Conducted in-service trainings for staff on mental health, trauma, and domestic violence

• Created standard training modules for use with volunteers

Northwestern Human Services, Sharon Hill, PA

April 2003- January 2004

## Adult Outpatient Therapist

Mental health outpatient therapist for a base service unit of Delaware County

- Provided individual mental health counseling for adults
- Conducted mental health intake assessments on children, adolescents, and adults.

## Abused Women's Advocacy Project, Auburn, ME September 1999- March 2003 Hospital-based Program Coordinator

Responsible for developing and delivering a hospital-based domestic violence program.

- Developed good working relationships with hospital administration, medical personnel, social service, and security staff.
- Developed and presented in-service trainings on domestic violence to hospital personnel
- Served in an advisory capacity to the St. Mary's Hospital Domestic Violence Task team
- Assisted hospital in developing policies and protocols for addressing domestic violence, including a safety protocol for Family Birthing Unit and a hospital-wide policy for responding to employees who are victims of domestic violence
- Provided individual support and advocacy for patients and employees affected by domestic violence
- Facilitated trauma support group for female survivors of adult and childhood abuse
- Served on the Androscoggin County Domestic Violence Taskforce

# MSW Intern

- Provided support and crisis intervention to victims of domestic violence on 24-hr hotline
- Assisted victims of domestic violence in obtaining Protection from Abuse Orders through Androscoggin Justice Project, and accompanied victims to court proceedings
- Developed and delivered curriculum for a six-month educational empowerment group for victims of domestic violence
- Delivered mental health and confronting oppression segments of volunteer trainings
- Wrote successful grants for the Androscoggin Justice Project and Voices Changing Choices Youth Program

Caring Unlimited, Sanford, ME

## Shelter-based Women's Advocate

Responsible for providing support and advocacy to women and children residing in domestic violence shelter.

- Provided individual support and case management to women
- Initiated activities for women and children

October 2000- July 2001

• Provided conflict resolution for shelter residents

Fair Harbor Shelter and Group Home, Portland, MEMarch 1999- September 2000Youth CounselorMarch 1999- September 2000

Responsible for providing support and supervision for girls ages 7-17 in an emergency shelter setting.

- Provided individual support, crisis intervention, and conflict resolution
- Completed intake paperwork and case notes

## **Relief Worker**

Responsible for support and supervision of girls ages 14-18 in a group home setting.

- Provided individual support, crisis intervention, and conflict resolution
- Lead group activities and oversaw daily activities of residents