

# I Can't Catch My Breath: Trauma & LGBTQIA+ Folks/Folx

*Please join Dr. Autumn Dae Miller and Dr. Tiff Lanza, LCSW, M.Ed. as they offer a short overview of LGBTQIA+ identities as an expedited foundation. Together, they will provide an overview of trauma's effects on the brain and body and then shift into situations, experiences, and recent socio-political pressures specifically affecting the mental health and wellness of LGBTQIA+ individuals. The need for cultural sensitivity and the impact of intersectional identities will also be covered. This training opportunity is a combination of 101 & 202 levels to be accessible to those who are newer to the topic and still be relevant for those in human services professions.*

**Dr. Autumn Dae Miller** (she/her) has been working in the fields of disability and sexuality for over 20 years. Autumn also has a passion for holistic wellness so she became a yoga teacher. Autumn is the Director of Clinical Department that provides supports to intellectually disabled and neurodivergent individuals. Since there are not enough people doing systemic mental health supports for intellectually disabled and neurodivergent couples, families, and teams; Autumn decided to go back and get her MFT.

**Dr. Tiff Lanza, LCSW, M.ED.**, (they/them/theirs), holds a PH.D. in Human Sexuality, a Masters in Social Work and a Masters in Human Sexuality. Dr. Lanza has worked in various settings throughout their career, including: child advocacy centers, psychiatric hospitals, rape crisis centers, disability services and community mental health. Dr. Lanza is currently the Executive Director at Maverique Therapeutic Services. Dr. Lanza is an EMDR Certified Therapist working specifically with LGBTQIA+, neurodivergent, physical disabilities, intellectual and developmental disabilities, BIPOC, and trauma (specifically survivors of child sexual abuse).

**May 11, 2023  
6pm-7:30pm**

**1.5 CEU's  
available**

**Register using the link or  
the QR Code provided**

<https://bit.ly/3L9Fs5V>



WCU has been designated as a pre-approved provider of professional Continuing Education Credits (Section 47.36 (a)(1)) for LSW and LCSW social workers, (Section 48.39(a)(1)) for LMFT, Licensed Marriage & Family Therapists, and (Section 49.23(a)(1)) for LPC, Licensed Professional Counselors by the PA State Board of Social Workers Marriage and Family Therapists, and Professional Counselors. Pre-tests, Post-tests, and the CEU and CoA Request Forms must be completed before certificates can be issued. 1.5 CE credits will be awarded to eligible participants who attend the entire program. Partial credit will not be awarded. Late arrivals or early departures will nullify CEU eligibility. Professionals who are not licensed LSW/LCSW/LMFT/LPCs may request a certificate of attendance.

