

## **Assisting Individuals in Crisis**

# <u>Course Dates & Times:</u> Fri & Sat, February 18 & 19, 2022 8:30a – 4:30p (8:00 am sign-in on Friday) <u>Location:</u> Chester County Public Safety Training Campus 137 Modena Road Coatesville, PA 19320

This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention. This course is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Business and Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress. This course is one of two courses required by county and regional CISM teams. Emergency services personnel (police officers, firefighters, EMS, dispatchers, emergency room personnel and coroners) are encouraged to attend as this course is geared toward peer-support. *This course will be followed up with a Group Crisis Intervention sometime in the spring/summer of 2022.* 

### **Program Highlights:**

- Psychological crisis and psychological crisis intervention
- Resistance, resiliency, recovery continuum
- Critical incident stress management
- Evidence-based practice
- Basic crisis communication techniques
- Common psychological and behavioral crisis reactions
- Putative and empirically-derived mechanisms
- SAFER-Revised model
- Suicide intervention
- Risks of iatrogenic "harm"

### **Registration, Cost, and Payment Information:**

- To register for this course, contact Jane M. Tucker (<u>itucker@wcupa.edu</u>) or call 484-686-7792.
- Registration deadline is Monday, February 14, 2022.
- Cost is \$100 per person (includes 2-day training, workbook, and completion certificate).
- Payment may be made via Venmo (through Jane Tucker) and/or by check provided at registration.
- Lunch will be provided by the Chester County CISM Team on site.

#### **Continuing Education Credits:**

- 13 Contact Hours: 1.3 General CEUs from UMBC Training Centers
- 13 Contact Hours: 13 CEUs for LSW, LCSW, LMFT, LMFT, LPCs through WCU (see below statement)

For any other questions, feel free to reach out to Jane M. Tucker using the contact information above.



WCU is a pre-approved provider of professional continuing education (Section 47.36(a)(1) for Licensed Social Workers and Licensed Clinical Social workers, (section 48.36(a)(1) for Licensed Marriage and Family Therapists and (Section 49.23(a)(1) Licensed Professional Counselors by the PA state Board of Social Workers, Marriage and Family Therapists and Professional Counselors. **Please request credit in advance.** 

