

# /si ɛs di/

E-NEWSLETTER  
PUBLISHED EACH MONTH  
DEPARTMENT OF COMMUNICATION SCIENCES AND DISORDERS  
WEST CHESTER UNIVERSITY



MARCH 2014

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## /si ɛs di/

shares the news of the  
Department of  
Communication Sciences  
and Disorders

West Chester University  
West Chester  
Pennsylvania

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**GOLDEN RAMS FOREVER!!!**

## WELCOME TO /si ɛs di/

As I write this, we at CSD at WCU are on Spring Break. We send our very best wishes to our students with our hopes that they return from their travels and visits safely. If past experience holds true, once we return from Spring Break we feel as if the remainder of our semester passes very quickly. We do have quite a bit planned for this period. Our WCU NSSLHA Chapter has the annual Banquet, the annual Conference, the 1<sup>st</sup> annual "Art with a Heart" event, and the annual officer elections. Many of us also plan to participate in the annual CHS Conference and the annual PSHA Convention. Soon we will extend invitations to students to become part of our Pre-Graduate Certificate Curriculum and our newest M.A. cohort (to start Fall Semester 2014). We await their acceptances with enthusiasm!

Please Send News Items To . . .  
[cgunter@wcupa.edu](mailto:cgunter@wcupa.edu)  
Thank You!



The M.A. Program  
Department of Communication Sciences and Disorders  
is accredited in Speech-Language Pathology by the  
Council on Academic Accreditation  
of the American Speech-Language-Hearing Association  
(Current Accreditation Effective 2007-2015)



"LIKE" US ON FACEBOOK  
<http://www.facebook.com/CsdWcu>



"FOLLOW" US ON TWITTER  
<http://www.twitter.com/CsdWcu>



Honor the history of CSD at WCU.  
Celebrate a special occasion.  
Show a student you are behind her or him.  
Thank a wonderful teacher or advisor.  
Invest in the future of CSD at WCU.  
Show your Golden Rams Pride!

We welcome your donation – in your own name or in honor of a student, faculty member, staff member, or another person – to one of our current CSD at WCU scholarships, awarded each year: Suppan (for B.A. students), Tyson (for Pre-Graduate Certificate students), and Graduate Research (for M.A. students).

To contribute to these scholarships,  
please visit the WCU Foundation web site,  
where you can easily donate online.  
<http://www.wcufoundation.org>

*Applications Are Now Available . . .*

Applications are now available for two CSD at WCU Scholarships. PLEASE review the scholarship information. CSD at WCU welcomes applications from qualified students! Please consult the scholarship information soon to allow ample time for application preparation. We hope that you will apply!

*Suppan Scholarship . . .*

Recipient: B.A. Student  
Amount of Award: \$1000  
Application Due Date: 04-11-2014  
Information Available: NSSLHA D2L Site

*Tyson Scholarship . . .*

Recipient: Pre-Graduate Certificate Student  
Amount of Award: \$500  
Application Due Date: 04-04-2014  
Information Available: PCP D2L Site

*Applications Are Now Available . . .  
For Additional Scholarships!*

APSCUF  
Undergraduate Scholarship  
Due Date: 0  
4-21-2014

Cumberland Therapy Services  
Graduate Scholarship  
Due Date: 05-01-2014

APSCUF Undergraduate Scholarship  
Announcement



The West Chester Chapter of Association of Pennsylvania State College & University Faculty and Coaches is pleased to sponsor two undergraduate student scholarships of \$1000 each. The awards will be made on the basis of the student's leadership on campus and academic achievement, with one of the scholarships going to a student who has an immediate family member who belongs to a recognized labor union.

**Program Guidelines and Requirements:**

(a) The applicant must be a student who has completed at least 30 credits at the time of application and has a GPA of 2.75 or higher.

(b) All of the above-stated credits must have been earned at one of the fourteen state-owned universities (see <http://www.apscuf.com/universities>) and be a WCU undergraduate at time of application who will continue for at least the next academic year at WCU.

(c) Transcript(s) must accompany the application.

(d) An applicant-written essay must accompany the application, "How My Education and Leadership Accomplishments Are Preparing Me For My Future Goals or Career." The essay should address some area of student leadership or activity as a student here at West Chester and how this has prepared you for your career. Please include a statement as to why you are attending college and what you hope to achieve as a result of your education. The essay should be no more than 500 words, typed, and double-spaced.

(e) For the Labor Union scholarship, the essay should address the points outlined above, but also include a discussion of the role of unions in promoting American ideals and higher education. Please attach evidence of union membership (i.e. copy of membership card, letter from administrator, etc.).

(f) Letter of recommendation by a faculty member or coach member of APSCUF.

Students may apply directly by emailing required materials to WCU APSCUF Office Manager Marie Cavacini – [mcavacini@wcupa.edu](mailto:mcavacini@wcupa.edu). Faculty/Coaches may nominate students either by e-mail or letter of recommendation to the same address. Applicants must complete the nomination form provided by APSCUF by April 21, 2014. Complete applications will be reviewed by the scholarship committee and winners will be announced May 6, 2014, at the annual APSCUF picnic.

## Cumberland Therapy Services Graduate Scholarship Announcement



Chicago, IL (PRWEB) February 20, 2014 -- Cumberland Therapy Services, a leading provider of therapy and related special education services, today announced the launch of its scholarship program. Cumberland will award scholarships to graduate students enrolled in an accredited speech-language pathology master's program with a desire to provide services to children in a school setting.

"Cumberland is thrilled to announce the launch our new scholarship program. We are proud to support the educational goals of future therapists as they pursue their education in speech-language pathology. We hope to alleviate some of the financial burden on these students through the scholarships awarded," said Erin Corcoran, President of Cumberland Therapy Services. "By investing in these students now, we hope to aid their path to a fulfilling career as a speech-language pathologist within our school systems."

Cumberland will be awarding two scholarships: The Bilingual Spanish Speech Therapy Scholarship and Passion for Peds Scholarship. Each scholarship will provide \$2500 that can be used for educational and clinical expenses including course and tuition payments, books, and clinical materials and equipment.

•The Bilingual Spanish Speech Scholarship will be awarded to a student who is fluent in English and Spanish and is enrolled in an accredited master's program for speech-language pathology for the 2014-2015 academic year. Applicants should have experience participating in programs for Spanish-speaking children and intend to pursue a career providing Spanish language speech therapy in a school setting.

•The Passion for Peds Scholarship will be awarded to a student enrolled in an accredited master's program for speech-language pathology for the 2014-2015 academic year, with displayed interest and experience working with programs for school-age children with special needs.

To apply, students must submit a completed application form, a 2,000-2,500 word essay detailing their educational and career aspirations, a current resume, a copy of their most recent (unofficial) transcript, and one reference from a faculty member.

Scholarship information and application and reference forms can be found at <http://www.cumberlandtherapy.com/scholarships/>.

Applications must be received by May 1, 2014. Finalists will be asked to complete a short phone interview. Scholarship winners will be notified and announced by June 30, 2014.

*From the CSD at WCU Family*

Congratulations to Adrian Curtin, son of Dr. Judith Curtin (CSD at WCU), on the publication of his first journal article with colleagues from Drexel University! Curtin, A., Izzetoglu, I., Reynolds, J., Menon, R., Izzetoglu, M., Osbakken, M., & Onaral, B. Functional near-infrared spectroscopy for the measurement of propofol effects in conscious sedation during outpatient elective colonoscopy. (2014). *NeuroImage*, 85 (1), 626-636.



Have you met Mitze and Katrina?  
They have not yet visited CSD at WCU . . .  
but we hope that they will honor us  
with their presence very soon!  
So, when you see them, be sure to say, "Hi!"  
If they are so inclined, they may say,  
"Purr, Meow, Purr, Meow," in response!  
Mitza and Katrina are dear friends of Dr. Koenig.



[www.cafepress.com](http://www.cafepress.com)



NSSLHA  
*Elections*

<https://orgsync.com/43773/forms/100361>  
contains the link to a wonderful opportunity!  
2014-2015  
NSSLHA Officer Nominations  
are now accepted!

Please complete the form at the link above to present your qualifications to the Nominations Committee for consideration for election as a NSSLHA Officer. Promote your department and your discipline in this valuable position!

Election Date  
Tuesday  
April 29

NSSLHA  
*Banquet*

Wednesday  
May 7  
5:00 p.m. to 7:00 p.m.  
Sykes Union Ballroom

Please join the WCU Chapter of NSSLHA for the Annual NSSLHA Banquet. Featured at this lovely event will be a delicious buffet dinner, the presentation of certificates to the active members to honor their contributions, and the announcement of the recipient of the Suppan Scholarship.

Please R.S.V.P.  
By Way of the Org Sync Portal  
By April 30



Art with a Heart

Benefitting:  
Small Steps in Speech



**NSSLHA  
“ART WITH A HEART”**

**Sykes Student Union Ballroom  
4:00 p.m. to 6:00 p.m.  
March 28, 2014**

The WCU Chapter of NSSLHA invites you to participate in “Art with a Heart,” an event to support Small Steps in Speech, a charity that provides financial support for clinical services for families who otherwise could not easily access the evaluations and treatments that their children need. For a modest admission fee of \$5.00, attendees at “Art with a Heart” can visit the Sykes Student Union Ballroom to browse artwork created by children, as well as by other contributors, then to participate in a silent auction to purchase these lovely creations. So, please mark this event on your calendar as you plan to support this worthwhile endeavor!

For More Information About  
Small Steps in Speech,  
Visit  
[www.smallstepsinspeech.org](http://www.smallstepsinspeech.org)  
[www.facebook.com/smallstepsinspeech](http://www.facebook.com/smallstepsinspeech)



**ANNUAL  
NSSLHA CONFERENCE  
“Global Voice Therapy Model”**

**Presenter:  
Elizabeth Grillo, Ph.D. CCC-SLP**

**Graduate Business Center**

**Also Featured:  
Career Fair  
Town Hall Session**

**8:30 a.m. to 5:00 p.m.  
April 25, 2014**

**Conference Description:**

Voice problems are the most common communication disorder, impacting approximately 7.5 million people in the USA. Clients with voice disorders seek vocal rehabilitation facilitated by you, the SLP. The main goal of voice therapy is to optimize the dynamic interactions between the respiratory, laryngeal, and resonating sub-systems for an improved vocal output across all communication tasks. Considering that each client presents with unique anatomy and physiology of phonation, we need the flexibility to determine the most effective voice production technique that will be used in therapy. We also need a voice therapy model that will facilitate generalization and maintenance of the “new” voice. The Global Voice Therapy Model (GVTM) is dedicated to achieving and maintaining the “new” voice in all communication tasks independent of a specific voice production technique. The purpose of this presentation is to explore the GVTM. Topics will include: description of voice, a review of voice assessment including low-tech and high-tech options, components and application of the GVTM in children and adults with video demonstrations, and an opportunity for practice using the GVTM with patient examples.

For More Information About  
The Annual NSSLHA Conference  
And To Register For This Event,  
<http://www.wcupa.edu/conference.services/conferences.asp>



## *Innovations and Strategies in*

# **PAIN MANAGEMENT**

**Friday, April 11 & Saturday, April 12**

### *You Are Invited . . .*

The West Chester University College of Health Sciences Spring Health Conference is open to community members and clinicians alike. CMEs and CEUs are available.

**FRIDAY, APRIL 11**

**7:30 pm - 8:30 pm**

*Asplundh Concert Hall, West Chester University*

**Keynote Address**

**The Power of the Brain Over Pain**

*David Patterson, PhD, ABPP*

A look at how the brain can both create suffering and alleviate it. Dr. Patterson will discuss how our habits can lead to chronic pain and the need to use a larger, biopsychosocial perspective when treating pain. He will review his work with immersive virtual reality and examine how some more Eastern concepts, such as mindfulness and acceptance, can be very powerful approaches to chronic pain management.

**SATURDAY, APRIL 12**

**8:00 am - 4:30 pm**

*WCU Graduate Business Center*

**Morning Workshop**

**A Biopsychosocial Perspective to Pain Management**

*David Patterson, PhD, ABPP*

This four hour workshop will examine how successful chronic pain management involves not only traditional Western medicine, but a variety of different perspectives. Dr. Patterson will discuss how chronic pain can be assessed from a biopsychosocial perspective, and how elements of this model can be used in treatment. Other treatments discussed include cognitive-behavior techniques, hypnosis, and mindfulness training. This workshop will provide a strong conceptual format for the variety of treatments to be discussed in the afternoon programs.

**Afternoon Break Out Sessions**



**Western Medicine and Pain  
Energy Based Treatment Modes  
Psychology of Pain and Treatment**

**For Additional Information:**

**[www.wcupa.edu/springhealthconference](http://www.wcupa.edu/springhealthconference)**

**New in 2014 . . .**  
**/si ɛs di/ Advice Column**  
**for Students**

In the previous issue of /si ɛs di/, CSD at WCU introduced a new column: *CSD at WCU Advice to Students*. The inspiration for this column was a faculty discussion (mentioned in January in the column on temporary faculty). The faculty members identified topics that may be of interest to students, with the idea that information about these topics would enhance the professional development of students. Students, if you have questions, please do not hesitate to share those with us, as well. In the meantime, the topic of the advice column this month is . . .

**What if I have a concern or a complaint?**  
Response Prepared By Dr. Gunter . . .

Sometimes you as students may have a concern or a complaint . . . perhaps about an instructor or another student, perhaps about a classroom or a clinic room, perhaps about policies and procedures, or perhaps about another situation entirely. You may not be quite sure how to deal with your concern. The CSD faculty members believe that you want to deal with your concern in the most appropriate, professional fashion . . . and we want to help you with that. So, here is our advice about what NOT to do, as well as what to do.

**“TOP TEN”**  
**RECOMMENDATIONS . . .**  
**WHAT NOT TO DO**

--Do not complain to everyone in the world who will listen to the exclusion of a conversation with the one person who can actually directly address a concern.

--Do not spread inaccurate information about the situation that is the focus of a concern or complaint.

--When you read complaints posted online, do not believe what you read until you have verified what may have been written in a moment of infuriation.

--Do not start at the “top” level of the complaint ladder. Work from the bottom step upward.

--Do not start a discussion with, “Well, I have talked with a LOT of students, and they all feel the same way that I do!” This is your complaint, not theirs.

--Do not end a discussion with, “Well, that’s NOT FAIR!” Ask, instead, for an explanation of decisions.

--Do not have your parents complain on your behalf. Because of privacy laws, we must discuss your concerns directly with you, not with other people.

--When you discuss a concern or complaint in person, leave your friends and other people at home.

--Do not threaten anyone with violence or retaliation. Such behavior may result in a call to Campus Security to have you detained for the safety of all involved.

--Do not disrespect established policies and procedures, and do not ask for an exception to these unless you meet the criteria for such an exemption.

**WHAT TO DO INSTEAD . . .**

These resources will describe the appropriate procedures to follow for specific kinds of concerns and complaints. We trust that these resources will be helpful to you and that you will follow these directions when you need to advocate for yourself.

For ALL Students

**WCU Ram’s Eye View Student Handbook**

[http://www.wcupa.edu/\\_services/stu.lif/ramseyeview/default.asp](http://www.wcupa.edu/_services/stu.lif/ramseyeview/default.asp)

For B.A. Students

**CSD at WCU B.A. Student Handbook**

[http://www.wcupa.edu/\\_ACADEMICS/HealthSciences/commdisorder/pregrad/CD-UG-handbook067.pdf](http://www.wcupa.edu/_ACADEMICS/HealthSciences/commdisorder/pregrad/CD-UG-handbook067.pdf)

**WCU Undergraduate Catalog**

[http://www.wcupa.edu/\\_information/official.documents/undergrad.catalog/](http://www.wcupa.edu/_information/official.documents/undergrad.catalog/)

For Pre-Graduate Certificate Students

**CSD at WCU Pre-Graduate Student Handbook**

[http://www.wcupa.edu/\\_ACADEMICS/HealthSciences/commdisorder/pregrad/handbook.pdf](http://www.wcupa.edu/_ACADEMICS/HealthSciences/commdisorder/pregrad/handbook.pdf)

For M.A. Students

**CSD at WCU M.A. Student Handbook**

[http://www.wcupa.edu/\\_ACADEMICS/HealthSciences/commdisorder/documents/MA%20Handbook%202013.pdf](http://www.wcupa.edu/_ACADEMICS/HealthSciences/commdisorder/documents/MA%20Handbook%202013.pdf)

**WCU Graduate Catalog**

[http://www.wcupa.edu/\\_INFORMATION/OFFICIAL.DOCUMENTS/GRADUATE.CATALOG/](http://www.wcupa.edu/_INFORMATION/OFFICIAL.DOCUMENTS/GRADUATE.CATALOG/)

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**A Final Word . . .**

**Need assistance with the resolution of a concern or complaint?**  
**Share your concern with your academic advisor!**

## Focus on CSD Faculty

In the past few months, /si ɛs di/ introduced the “Focus on CSD Faculty” series. Our featured faculty member for this issue is Dr. Patricia Swasey Washington. Dr. Swasey Washington answered a series of questions for /si ɛs di/. We hope that you enjoy this opportunity to know Dr. Swasey Washington better than ever before!

### QUESTION:

What is your name?

### ANSWER:

Patricia Swasey Washington, Ph.D. CCC-SLP

### QUESTION:

What is your position in CSD at WCU?

### ANSWER:

Assistant Professor  
Bilingual Emphasis Course Sequence (BECS)  
Coordinator  
NSSLHA Advisor

### QUESTION:

What is your education?

### ANSWER:

B.A. Douglass College, Rutgers University  
M.S. William Paterson University  
Ph.D. Temple University

### QUESTION:

When did you become WCU faculty?

### ANSWER:

Fall 2009

### QUESTION:

What are your hobbies?

### ANSWER:

Playing the Violin  
Learning Different Languages  
Reading  
Writing Poetry  
Cooking with My Family

### QUESTION:

What are your favorite current t.v. shows?

### ANSWER:

American Idol  
Arrow

### QUESTION:

What is your favorite movie?

### ANSWER:

The King's Speech

### QUESTION:

What are some facts that students/co-workers would be surprised to learn about you?

### ANSWER:

I love to play the violin and sing.

### QUESTION:

What book have you read most recently?

### ANSWER:

The Memory Keeper's Daughter

### QUESTION:

What is a quote that means a lot to you?

### ANSWER:

I would like to state two.

Psalm 19:14

*Let the words of my mouth and the meditation of my heart be acceptable in Thy sight, O LORD, my strength and my redeemer.*

Romans 12:9

*Let love be without dissimulation. Abhor that which is evil; cleave to that which is good.*

### QUESTION:

What is your current scholarly/research project?

### ANSWER:

Dr. Kim and I are collaborating on a research project investigating mother's speech directed to their monolingual English and bilingual Spanish-English and Korean-English children.

## CSD AT WCU CONTEST . . .

LAST MONTH /si ɛs di/ INVITED READERS TO

Visit <http://www.facebook.com/CsdWcu>.

For every time that you “LIKE” an item, we will place your name into the drawing 1 time.

For every time that you “COMMENT” on an item, we will place your name into the drawing 2 times.

If you win the drawing, you will win a wonderful clinical portfolio valued at \$25.00!

Well, you visited, and we drew your name!

*Congratulations Jo*

**LAURA LEYDEN**

Please collect your prize  
at the CSD Department Office!



[www.cafepress.com](http://www.cafepress.com)

# TWARDOWSKI CAREER DEVELOPMENT CENTER



“Before I left the Career Fair I was offered a phone interview. I got the job! My new position is a great fit for me. Thank you for facilitating this great find!”

The Twardowski Career Development Center (TCDC) supports student success by helping you identify career options, explore possibilities, and develop the skills necessary to secure a rewarding position.

We provide a full range of career programs, resources, employment recruiting, and networking opportunities that give WCU graduates a competitive edge in the job market.



**Twardowski Career Development Center**  
225 Lawrence Center

Web site: [www.wcupa.edu/cdc](http://www.wcupa.edu/cdc)  
E-mail: [cdc@wcupa.edu](mailto:cdc@wcupa.edu)  
Phone: 610-436-2501  
Fax: 610-436-3160

Facebook: [www.facebook.com/WCUCareerCenter](http://www.facebook.com/WCUCareerCenter)  
Twitter: @WCUCareerCenter



Fall/Spring Hours:  
Monday - Friday, 8:00 a.m. - 4:30 p.m.  
Summer Hours:  
Monday - Friday, 8:00 a.m. - 4:00 p.m.



“Thank you all for all your efforts in keeping me well informed through the process of preparing for the real world. There’s no depth of how grateful I am. Now, I just can’t wait to graduate!”



## We Help Students:

- Build a Personal Career Plan Using Appointments & Drop-in Hours
- Access Useful, Timely Career Information
- Develop Resume Writing, Interviewing, and Job Search Skills
- Obtain Jobs & Internships Via Our Online Career Database
- Make Networking Connections at Career Fairs & Special Events

“I had an interview AND was recently hired via a company I met at the career fair in October. I cannot thank you enough for all of the help, support, and guidance along the way!”

“With the insightful advice and encouragement by the career center, along with the informative resources provided, I was able to successfully enter into a professional career. I hope other students and alumni will take the time and opportunity to explore this valuable resource.”

## Decision-Making

*Identify where you are in the decision-making process and what next steps will be helpful for you.*

### Reflection & Action

Consider how things are going and your future goals.

### Preparation & Experience

Strengthen your professional skills by writing a resume and cover letter, interviewing, and applying to opportunities.

### Self-Awareness

Think about your dreams, interests, values, and skills and how they relate to majors and careers.

### Exploration

Review majors, careers, and student activities to help you narrow down your options.



[www.wcupa.edu/cdc](http://www.wcupa.edu/cdc)