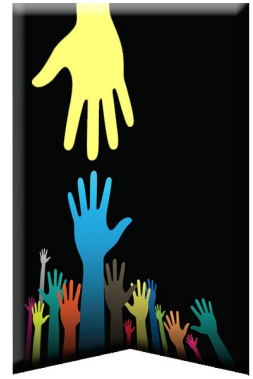




# YOUTH MENTAL HEALTH

*Mental Health is a fundamental part of our overall health and well-being, and mental health concerns affect virtually every family in America.*



## Would YOU know HOW to help?

**Become a Certified Mental Health First Aider**

Youth Mental Health First Aid (YMHFA) is a new public education program designed to teach everyday citizens the needed skills to help teens struggling with mental health concerns or facing crises. In 8 hours, participants:

1. Learn the risk factors, the warning signs and the impact of mental health concerns;
2. Practice the Mental Health First Aid action plan; Learn local resources for mental health and substance abuse treatment;
3. Receive a comprehensive, user-friendly 212-page manual;
4. Become a Certified Youth Mental Health First Aider and;
5. Participate in West Chester University's evaluation impact of YMHFA training.

Register today for **FREE** community training!  
**Seating Is Limited !**

Thursday, July 21, 2016  
7:45 am to 4:30 pm (check in at 7:30 am)  
SYKES Student Union Building, Ballroom A  
110 West Rosedale Avenue  
West Chester, PA 19382

Participants **MUST** attend **ENTIRE** session!

To register, contact [Linda Hershey](mailto:Linda.Hershey@holcombbhs.org) at  
[Linda.Hershey@holcombbhs.org](mailto:Linda.Hershey@holcombbhs.org)  
or by phone at 610-304-7204  
Lunch will be provided at session.

(Please indicate if special accommodations are needed.)

**Presented by:**

Chester County MHIDD, Child Guidance  
Resource Centers, The Coatesville Area  
School District, The COAD Group and  
The National Council on Behavioral Health

*Please note: You will be asked to participate in an evaluation project conducted through West Chester University of PA. It is voluntary and your consent will be needed if you are willing to assist with this important component of the training. Thank you.*

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