



*Join us!*  
at the  
Center for Contemplative Studies



# Exploring Neuroscience and Consciousness

Lecture: Friday, March 27, 6:30 – 8:30pm | Workshop: Saturday, March 28, 9:00 to Noon



Karen Newell, co-founder of Sacred Acoustics and Eben Alexander MD, the New York Times best-selling author of *Proof of Heaven*.

Join Eben Alexander, New York Times best-selling author of *Proof of Heaven: A Neurosurgeon's Journey into the Afterlife*, for an inspiring Friday night talk. While in a coma with his brain shut down, Dr. Alexander experienced a spectacular odyssey to realms beyond our known physical universe—an ultra-real journey that ran counter to all conventional neuroscientific views about brain, mind and consciousness. He will share some of the insights from his near-death experience and the revolutionary shift now underway within our scientific understanding of the neuroscience of consciousness and the mindful universe. We will consider the age-old questions: Who are we? Where did we come from, and why are we here?

In Saturday's workshop, Dr. Alexander and Karen Newell—co-founder of Sacred Acoustics— will take us further into experience of consciousness and the mindful universe. Through an experiential group sound journey, we will participate in a group sound journey and explore the heart's crucial role in moving us away from the linguistic brain to access profound insight from personal experience. Through meditation, strengthened heart connections and soul perspective, we can learn to live beyond the illusion, knowing that the answers truly lie within us all.

**Philips Autograph Library, 700 S High St, West Chester, PA 19383**

**Registration: Lecture \$20; Workshop \$20; Both \$30**

**Student registration: \$5 for each event [Register here](#)**

Supported by Kendal-Crosslands Communities



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