

Join Us! The Center for Contemplative Studies

"Literature and Health"

Wednesday, March 6, 5:00–6:00pm

700 S. Church St., Ehinger Annex

Dr. Josie Billington

**Reader, and Deputy Director, Centre for
Research into Reading, Literature and Society
University of Liverpool**

This event is FREE and open to the community.
TO REGISTER – go to www.wcupa.edu/cs OR click here ->



Dr. Billington specializes in Victorian literature and in research on reading and health. Dr. Billington has published extensively on the power of literary reading to influence mental health and well-being, particularly in the areas of depression, dementia, and chronic pain, and has engaged in research on reading in prisons, reading with children and families, and the psychology of reading.



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