



Join us!

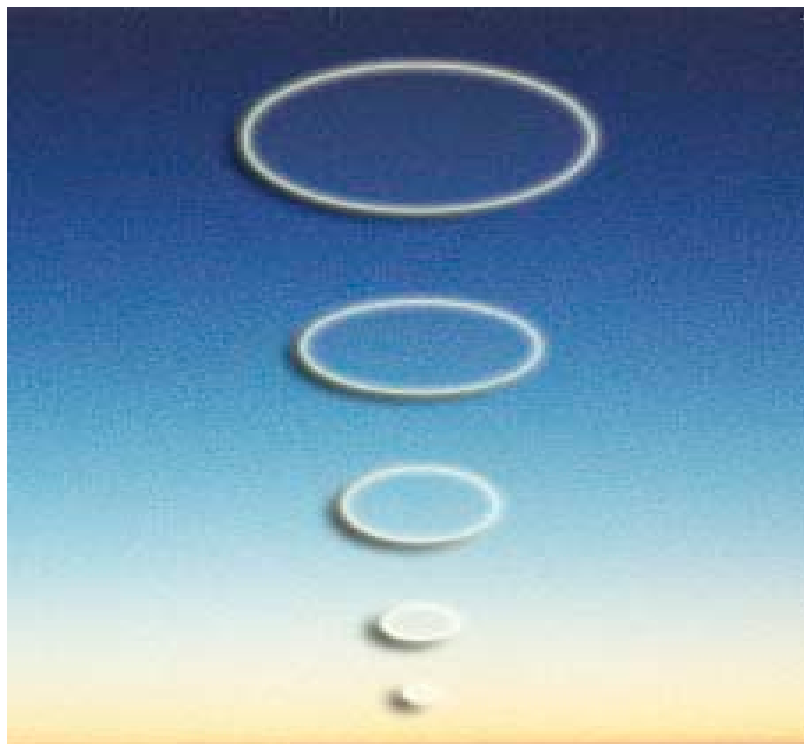
at the

Center for Contemplative Studies



MEDITATION

ALLOW YOURSELF TO DE-STRESS AND
FREE THE MIND



Where: Center for Contemplative Studies

When: Tuesdays 11:30 – 12 pm &

Thursdays 11:30 - 12 pm / 1:00 -1:30pm

Who: Open to all West Chester University students

Instructor: King

Email: KF865581@wcupa.edu