

Suggested 4-year Course Schedule for **Exercise Science Specialist**

Year	Fall	Fall 2 nd option	Spring	Spring 2 nd option
1st	BIO 100 (3)		BIO 259 (4)	
	EXS 103 (3)	EXS 180 (3)	EXS 180 (3)	EXS 103 (3)
	FYE 100D (4)	Must take FYE 100D now	MAT 121 (3)	
	SOC 200 or 240 (3)	PSY 100 (3)	PSY 100 (3)	SOC 200 or 240 (3)
	WRT 120/123 (3/4)		WRT 200 level (3)	
	16/17 credits		16 credits	
2nd	BIO 269 (4)		PHY 100 (3)	
	EXS 223 (2) +280 (1)	EXS 270 (3)	EXS 270 (3)	EXS 223 (2) +280 (1)
	Take 3 Gen Ed Classes (9) from list: one I, one J, three S, three W, one ethics, one arts, two humanities. Double up on Gen Ed classes when you can.		NTD 303 (3)	
			Take 2 Gen Ed Classes (6) from list: one I, one J, three S, three W, one ethics, one arts, two humanities. Double up on Gen Ed classes when you can.	
16 credits		15 credits		
3rd	CHE/CRL 107 (4 +1)		EXS 375 (3)	
	EXS/EXL 362 (3+1)		EXS/EXL 381 (3 + 1)	
	EXS/EXL 380 (3 + 1)		Take 3 Gen Ed Classes (9) from list: one I, one J, three S, three W, one ethics, one arts, two humanities. Double up on Gen Ed classes when you can.	
	SMD 271 (2)	SMD 204 (3)		
	15 credits	16 credits	16 credits	
4th	EXS 482 (4)		EXS/EXL 489 (3 + 1)	
	EXS 484 (3)		EXS 490 (3 to 6)	
	EXS 486 (3)		Take 2 Gen Ed Classes (6) from list: one I, one J, three S, three W, one ethics, one arts, two humanities. Double up on Gen Ed classes when you can.	
	Take 2 Gen Ed Classes (6) from list: one I, one J, three S, three W, one ethics, one arts, two humanities. Double up on Gen Ed classes when you can.			
	16 credits		13 – 16 credits	