

# B.S. in Health & Physical Education – Teacher Certification (code s135)

## Course Record Sheet - starting Fall 2019 on

Name \_\_\_\_\_ Sem/Yr entering Major \_\_\_\_\_

(Students are bound by the major, minor, and related requirements in the catalog for the academic year for which they are accepted into the major or minor).

Advisor \_\_\_\_\_ (Students are required to meet with their academic advisor every semester to discuss scheduling of next semester's classes and to unlock the hold. Always bring your up-to-date course record sheet)

**You MUST successfully complete a minimum of 120 credit hours in order to graduate.**

### GENERAL EDUCATION REQUIREMENTS (Effective Fall 2019)

Category (# credit hours)	Title/Number of Course	Credit Hours	Semester /Year	Letter Grade or T
<b>FIRST YEAR EXPERIENCE (4)</b>	FYE 100D	<b>4</b>		
<b>ACADEMIC FOUNDATIONS</b>				
<b>A. English Composition (6 or 7)</b>	WRT 120 or 123 and one of the following:	<b>3 or 4</b>		
	WRT 200, 204, 205, 206, 208, or 220	<b>3</b>		
<b>B. Mathematics (6)</b>	MAT 103 or higher	<b>3</b>		
	A second MAT class is required by PDE; MAT course must be 103 or higher; can do second MAT course pass/fail	<b>3</b>		
<b>C. Interdisciplinary "I" (3)</b>	EDF 300	<b>3</b>		
<b>D. Diverse Communities "J" (3)</b>	KIN 254	<b>3</b>		
<b>E. Extra PDE &amp; Teacher Education Requirements</b>	EDP 250	<b>3</b>		
	LAN/ENG 382 (Clearances required see note *)	<b>3</b>		
<b>DISTRIBUTIVE REQUIREMENTS</b>				
<b>A. Science (6)</b> See catalog for all approved courses.		<b>3</b>		
		<b>3</b>		
<b>B. Behavioral / Social Sciences (6)</b> See catalog for all approved courses		<b>3</b>		
		<b>3</b>		
<b>C. Humanities (6)</b> See catalog for all approved courses		<b>3</b>		
		<b>3</b>		
<b>D. Arts (3)</b> See catalog for courses.		<b>3</b>		
		<b>3</b>		
<b>ADDITIONAL BACCALAUREATE REQUIREMENTS</b>				
<b>A. ETHICS REQUIREMENT</b>		<b>3</b>		
<b>B. WRITING EMPHASIS COURSES "W" (9)</b> See catalog for approved courses.	<b>One "W" must be at the 300-400 level</b>	<b>"W" courses may also be used to satisfy other requirements.</b>		
All students entering WCU with fewer <u>than 40 credits</u> , must complete 9 credits of "W" classes		<b>3</b>		
Transfer students who bring to WCU 40-70 transfer credits must <u>complete 6 credits of "W" classes</u> .		<b>3</b>		
Transfer students who bring to WCU more than 70 transfer credits must <u>complete one 300-400 level 3 credit "W" class</u> .		<b>3</b>		
<b>C. SPEAKING EMPHASIS COURSES "S" (9)</b> See catalog for approved courses.	<b>One "S" must be at the 300-400 level</b>	<b>"S" courses may also be used to satisfy other requirements.</b>		
All students entering WCU with fewer <u>than 40 credits</u> , must complete 9 credits of "S" classes		<b>3</b>		
Transfer students who bring to WCU 40-70 transfer credits must <u>complete 6 credits of "S" classes</u> .		<b>3</b>		
Transfer students who bring to WCU more than 70 transfer credits must <u>complete one 300-400 level 3 credit "S" class</u> .		<b>3</b>		

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### HEALTH AND PHYSICAL EDUCATION TEACHER CERTIFICATION COURSE REQUIREMENTS (Effective Fall 2019)

Course #	Course Name	Credits	Grade
<b>HPE-TC Foundations</b>			
HPE 108	Introduction to School Wellness Education	6	
HPE 186	Motor Development and Motor Learning	3	
<b>Wellness Education Pedagogy</b>			
HPE 205*	Curriculum & Instruction: Student with Disabilities (Prereq: HPE 108, 186)	3	
HPE 206*	Adapted Physical Education & Health for Students with Disabilities (Prereq: HPE 108, 186)	3	
HPE 300*	Curriculum & Instruction: Elementary Physical Education (Prereq: HPE 108, 186)	3	
HPE 304*	Secondary School Wellness Education (Prereq: HPE 108, 186)	6	
HPE 305	Pedagogy and Critical Issues in Urban School Wellness Education (Prereq: HPE 108, 186)	3	
HPE 347*	Assessment and Technology in Health and Physical Education	3	
HPE 403*	School Wellness Education Practicum (Prereq: HPE 300, HPE 304, FATE)	6	
<b>Wellness and Applied Science Content Knowledge</b>			
EXS 241	Body Systems and Applied Anatomy I	3	
EXS 361	Body Systems and Applied Anatomy II	3	
HEA 304	Family Life and Sex Education	3	
HEA 316	ATOD Prevention Education (Prereq: HPE 108)	3	
NTD 300	Nutrition Pedagogy	3	
<b>Activity Module</b>			
HPE 102	Adventure and Contemporary Activities	2	
HPE 104	Fitness and Wellness I	2	
HPE 105	Fitness and Wellness II (Prereq: HPE 104)	2	
HPE 140, 275 or 331	Choose one of the following: HPE 140 – Aquatic Fundamentals and Emergency Water Safety, HPE 275 – Lifeguarding or HPE 331 – Water Safety Instruction	2	
HPE 201	Developmental Dance and Gymnastics	2	
HPE 202	Invasion Games	2	
HPE 203	Net and Wall Games	2	
<b>Student Teaching</b>			
HPE 489*	Student Teaching	6	
HPE 490*	Student Teaching	6	

**Note:** 1) FATE is Formal Admission to Teacher Education (see College of Education requirements), 2) an EDF 030 on your transcript signifies you have been formally admitted, 3) must earn C or better (not C-) in all major-related classes.

**Student Teaching Prerequisites:** F.A.T.E., documentation of Praxis II trial and completion of Pre-Professional Experiences (PPE's)

**Graduation Prerequisite:** Cumulative GPA of 3.0 or higher

**\* Field Clearances Required** – Child Abuse, Police Check, FBI Fingerprinting, TB test (see College of Education)

Effective Fall 2019

## Suggested 4-year Course Schedule for HPE-Teacher Certification

Year	Fall	Spring
1 <sup>st</sup>	FYE 100D (4) <b>Must take FYE 100D now</b>	HPE 102 (2)
	HPE 104 (2)	HPE 105 (2) (pre-req = HPE 104)
	HPE 108 (6) (pre-req = clearances done)	MAT class #1 (3)
	HPE 140 (2) or KIN 275 (2)	WRT 120/123 (3/4)
	HPE 186 (3) (pre-req = clearances done)	Take 2 Gen Ed Classes (6) from list: 3 S, 3 W, 1 ethics, 1 arts, 2 humanities, 2 soc/behavioral sciences, 2 sciences. <b>Double up on Gen Ed classes when you can.</b>
	<b>17 credits</b>	<b>16/17 credits</b>
2 <sup>nd</sup>	EDP 250 (3) (pre-req = clearances done)	HEA 316 (3) (prereq: HPE 108)
	EXS 241 (3)	EXS 361 (3)
	HEA 304 (3)	HPE 201 (2)
	KIN 254 (3) satisfies "J" class requirement	HPE 205 (3) (prereq: HPE 108, 186, clearances)
	MAT class #2 (3)	HPE 206 (3) (prereq: HPE 108, 186, clearances)
	WRT 200 level (3)	NTD 300 (3)
	<b>18 credits</b>	<b>17 credits</b>
3 <sup>rd</sup>	HPE 202 (2)	ENG/LAN 382 (3) satisfies PDE requirement
	HPE 300 (3) (prereq: HPE 108, 186, clearances)	HPE 203 (2)
	HPE 304 (6) (prereq: HPE 108, 186, clearances)	HPE 305 (3) (prereq: HPE 108, 186, clearances)
	Take 2 Gen Ed Classes (6) from list: 3 S, 3 W, 1 ethics, 1 arts, 2 humanities, 2 soc/behavioral sciences, 2 sciences. <b>Double up on Gen Ed classes when you can.</b>	HPE 347 (3)
		Take 2 Gen Ed Classes (6) from list: 3 S, 3 W, 1 ethics, 1 arts, 2 humanities, 2 soc/behavioral sciences, 2 sciences. <b>Double up on Gen Ed classes when you can.</b>
	<b>17 credits</b>	<b>17 credits</b>
4 <sup>th</sup>	EDF 300 (3) satisfies "I" class requirement	HPE 489 (6)
	HPE 403 (6) (prereq HPE 300, 304, FATE, clearances)	HPE 490 (6)
	Take 3 Gen Ed Classes (9) from list: 3 S, 3 W, 1 ethics, 1 arts, 2 humanities, 2 soc/behavioral sciences, 2 sciences. <b>Double up on Gen Ed classes when you can.</b>	
	<b>18 credits</b>	<b>12 credits</b>