

# MASTER OF PUBLIC HEALTH COMMUNITY HEALTH ELECTIVE TRACK

## GRADUATE STUDENT ADVISING SHEET (Effective Fall Semester 2019 - revised Jan 2021)

### MPH CORE COURSES (28 CREDITS)

Course	In Person	Online	Credits	Grade
HEA503 Foundations in Public Health	----	Fall/Sum	1	
HEA520 Public Health Epidemiology*	Fall	Fall/Spring	3	
HEA526 Biostatistics for Public Health*	Fall/Spring	Fall/Spring	3	
ENV530 General Environmental Health	----	Fall/Spring	3	
HEA516 Health Care Management	Fall	Fall/Spring	3	
HEA605 Utilizing Systems Thinking in Public Health	----	Spring/Sum	1	
HEA615 Policy in Public Health	----	Fall/Spring	3	
HEA632 Social and Behavioral Aspects of Health	Spring	Fall/Spring	3	
HEA647 Interprofessional Practice in Public Health	----	Spring	1	
HEA648 Research Methods in Public Health	Fall	Fall/Spring	3	
HEA649 Applied Learning Experience I** (Preparatory course taken during the second to last semester of the program)	----	Fall/Spring/Sum	1	
HEA650 Applied Learning Experience II*** (200-hour practicum - taken during the last semester of the program)	Fall/Spring/Sum	PRACTICUM	3	

\*Course prerequisite of MAT121 or equivalent, \*\*Course prerequisites HEA520 & HEA526, \*\*\* Course prerequisite: HEA649

NOTE: Please follow our recommended course rotations since some in-person core courses are offered in the same day/time and must be taken in different semesters.

### COMMUNITY HEALTH ELECTIVE COURSES (18 CREDITS)

Course	In Person	Online	Credits	Grade
HEA531 Community as a Basis for Health*	Fall	---	3	
HEA538 Evaluation of Health Programs	Spring	---	3	
HEA539 Health Promotion Program Planning	Spring	---	3	
HEA544 Program Admin. Health/Human Service	Summer	---	3	
HEA543 Transcultural Health	Fall	---	3	
HEA645 Global Community Health Promotion	Fall	---	3	

\* MPH Community Service program requirement met by completing service-learning activity in HEA531.

**Total of 46 credits for the MPH Program**

### ADVISING TIPS

**Recommended Course Rotations:** On the next page you will find several tables with the recommend course sequencing. Choose the table that is relevant to your situation, based on your starting semester (Fall or Spring) and your full-time (2-year) or part-time (3-year) status. In-person core courses are generally held on Mondays and Thursdays from 4:25-7:10pm; whereas, Community Health track courses are held on Tuesdays and Wednesdays from 4:25-7:10pm. It is recommended that you follow closely the course schedule relevant to you, to prevent any delays in graduation.

**Attend Track Group Advising Sessions:** Each track holds a virtual track-specific group advising session during the Fall/Spring semesters. Watch for an email from your Track Coordinator in September for Winter/Spring scheduling and in February for Summer/Fall scheduling. Please attend all group advising sessions.

**Meet with your Advisor:** Students are encouraged to schedule appointments with their academic advisor (1) to ensure appropriate course selection and sequencing, (2) to discuss career goals and professional development opportunities, and (3) to collaboratively problem-solve academic difficulties with possible referral to relevant campus supports. The Community Health Track Advisor and Track Coordinator is Dr. Ramona Stone. For general inquiries about the track and advising related questions, contact her at [rstone@wcupa.edu](mailto:rstone@wcupa.edu).

**Complete Required Undergraduate Statistics Course:** If your admissions letter indicates that you are required to complete MAT121 undergraduate statistics course or equivalent, a prerequisite for the biostatistics and the epidemiology courses, do so prior to starting the program. Options include enrolling in MAT121 at WCU, community college course equivalent, or BYU virtual STAT-105 Introduction to Statistics independent study (<https://is.byu.edu/catalog/STAT-105-M001>). If you choose to complete the pre-requisite while taking MPH courses, the course sequencing will need to be adjusted to your individual situation (see your advisor).

**Maintain a Cumulative GPA of 3.0:** Per the Graduate Catalog Probation/Dismissal Policy, students remain in good standing by maintaining a cumulative GPA of 3.0 or higher. Violation of this policy will result in academic probation and possibly dismissal. Students may earn a C- or better in individual courses; however, an F grade will automatically initiate a dismissal. Please see the Graduate Catalog and MPH Program Student Handbook for detailed info on policies & procedures.

**Participate in Professional Development Events & Create a LinkedIn Profile:** Regularly check your WCU email for virtual professional development events hosted by the MPH program, campus centers, and professional organizations. Develop a plan and attend relevant events to build your network and deepen your knowledge and skill set. Building your digital professional presence and network is important. Consider creating a LinkedIn profile and joining our WCU MPH Community LinkedIn (<https://www.linkedin.com/groups/6531281/>) where we share career, internship/fellowship, and professional development opportunities.

**Brainstorm Possible Agency Sites for your Applied Learning Experience Early in the Program:** You will complete a 200-hour practicum experience called the Applied Learning Experience (ALE) at the end of the program. This experience includes: (1) a 1-credit HEA649 (ALE I) preparatory online course to be taken in the 2<sup>nd</sup> to last semester of your program and (2) a 3-credit HEA650 (ALE II) 200-hour on-site experience during the last semester. HEA650 ALE II can only be taken in Spring or Summer semesters. We empower you to identify the site; hence, we recommend that you think early in the program about your career goals; preferences for agency setting, location, population, and practicum responsibilities; and seek professional development opportunities to assist in increasing your marketability when you interview with the site. Past students recommend reviewing job postings on LinkedIn and attending professional development events to identify a short-list of possible agencies well before HEA649 ALE I.

**Reach Out and Seek Support:** The MPH program faculty & staff and campus community are here to support you. In general, the chain of asking questions includes: (1) course instructor or academic advisor, (2) MPH Program Director & Graduate Coordinator Dr. Stacie Metz ([smetz@wcupa.edu](mailto:smetz@wcupa.edu)), (3) Department of Health Chair Dr. Jim Brenner ([jbrenner@wcupa.edu](mailto:jbrenner@wcupa.edu)). Dr. Stacie Metz is best to contact if you need detailed guidance on any policies/procedures such as course/term withdrawal, leave of absence, grade appeals, academic standing, or petitions for exception to policy.

## FALL START

2-YEAR (Full-time)			
Year	FALL1	SPRING1	SUMMER1
Y1	HEA503 Foundations in Public Health (1cr online) <sup>††</sup>	HEA647 Interprofessional Practice in Public Health (1cr online)	HEA544 Prog. Admin. Health/ Human Serv.
	HEA648 Research Methods in Public Health (Mon)	ENV530 General Environmental Health (online)	HEA605 Utilizing Systems Thinking in Public Health (1cr online) <sup>††</sup>
	HEA516 Health Care Management (Thu)	HEA632 Social & Behavioral Aspects of Health (Thu)	
	HEA543 Transcultural Health (Wed)	HEA539 Health Promotion Prog. Planning (Tue)	
	FALL2	SPRING2	SUMMER2 (GRAD)
Y2	HEA520 Public Health Epidemiology* (Thu)	HEA526 Biostatistics in Public Health* (Mon)	HEA650 ALE II***
	HEA531 Community as a Basis for Health <sup>†</sup> (Tue)	HEA615 Policy in Public Health (online)	
	HEA645 Global Community Health Promotion (Wed)	HEA538 Evaluation of Health Programs (Wed)	
		HEA649 ALE I**(1cr)	
*Course prerequisite of MAT121 or equivalent, **Course prerequisites HEA520 & HEA526, ***Course prerequisite: HEA649 †Course includes required program Community Service-Learning component, ††Course also available in Summer (GRAD) = graduation semester			
3-YEAR (Part-time)			
Year	FALL1	SPRING1	SUMMER1
Y1	HEA503 Foundations in Public Health (1cr online) <sup>††</sup>	HEA605 Utilizing Systems Thinking in Public Health (1cr online) <sup>††</sup>	HEA544 Prog. Admin. Health/ Human Serv.
	HEA648 Research Methods in Public Health (Mon)	HEA632 Social & Behavioral Aspects of Health (Thu)	
	HEA543 Transcultural Health (Wed)	HEA539 Health Promotion Prog. Planning (Tue)	
	FALL2	SPRING2	
Y2	HEA520 Public Health Epidemiology* (Thu)	HEA647 Interprofessional Practice in Public Health (1cr online)	
	HEA531 Community as a Basis for Health <sup>†</sup> (Tue)	HEA526 Biostatistics in Public Health* (Mon)	
		ENV530 General Environmental Health (online)	
	FALL3	SPRING3	SUMMER3 (GRAD)
Y3	HEA516 Health Care Management (Thu)	HEA615 Policy in Public Health (online)	HEA650 ALE II***
	HEA645 Global Community Health Promotion (Wed)	HEA538 Evaluation of Health Programs (Wed)	
		HEA649 ALE I**(1cr)	
*Course prerequisite of MAT121 or equivalent, **Course prerequisites HEA520 & HEA526, ***Course prerequisite: HEA649 †Course includes required program Community Service-Learning component, ††Course also available in Summer (GRAD) = graduation semester			

## SPRING START

2-YEAR (Full-time)			
Year	SPRING1	FALL1	SUMMER1 (before Fall1)
Y1	HEA632 Social & Behavioral Aspects of Health (Thu)	HEA503 Foundations in Public Health (1cr online) <sup>††</sup>	HEA544 Prog. Admin. Health/ Human Serv.
	ENV530 General Environmental Health (online)	HEA648 Research Methods in Public Health (Mon)	HEA605 Utilizing Systems Thinking in Public Health (1cr online) <sup>††</sup>
	HEA539 Health Promotion Prog. Planning (Tue)	HEA520 Public Health Epidemiology* (Thu)	
		HEA543 Transcultural Health (Wed)	
	SPRING2	FALL2	SPRING3 (GRAD)
Y2	HEA647 Interprofessional Practice in Public Health (1cr online)	HEA516 Health Care Management (Thu)	HEA650 ALE II***
	HEA526 Biostatistics in Public Health* (Mon)	HEA531 Community as a Basis for Health <sup>†</sup> (Tue)	
	HEA615 Policy in Public Health (online)	HEA645 Global Community Health Promotion (Wed)	
	HEA538 Evaluation of Health Programs (Wed)	HEA649 ALE I**(1cr)	
*Course prerequisite of MAT121 or equivalent, **Course prerequisites HEA520 & HEA526, ***Course prerequisite: HEA649 †Course includes required program Community Service-Learning component, ††Course also available in Summer (GRAD) = graduation semester			
3-YEAR (Part-time)			
Year	SPRING1	FALL1	SUMMER1 (before Fall1)
Y1	HEA605 Utilizing Systems Thinking in Public Health (1cr online) <sup>††</sup>	HEA503 Foundations in Public Health (1cr online) <sup>††</sup>	HEA544 Prog. Admin. Health/ Human Serv.
	HEA632 Social & Behavioral Aspects of Health (Thu)	HEA648 Research Methods in Public Health (Mon)	
	HEA539 Health Promotion Prog. Planning (Tue)	HEA543 Transcultural Health (Wed)	
	SPRING2	FALL2	
Y2	HEA647 Interprofessional Practice in Public Health (1cr online)	HEA520 Public Health Epidemiology*	
	HEA615 Policy in Public Health (online)	HEA531 Community as a Basis for Health <sup>†</sup> (Tue)	
	HEA538 Evaluation of Health Programs (Wed)		
	SPRING3	FALL3	SPRING3 (GRAD)
Y3	HEA526 Biostatistics in Public Health* (Mon)	HEA516 Health Care Management (Thu)	HEA650 ALE II***
	ENV530 General Environmental Health (online)	HEA645 Global Community Health Promotion (Wed)	
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