

## Procedures for Declaring A Minor in Health Science

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1. Read this document carefully.
2. Obtain an "Application for Minor" form at the Registrar's Office.
3. Consult with your advisor and department chairperson in your **Major department** to obtain approval to minor in Health Science; a signature is required.
4. Review the requirements for the Minor in Health Science.
5. Take this document and the Application for Minor form to one of the minor advisors in the Department of Health, **Dr. Donald McCown (Rm. 312)**. You must get your advisor to initial your Application for Minor form.
6. Once you have met with your minor advisor, take the Application for Minor form to the Health Department Chairperson in H 207 (ext. 2931) for the final signature. Leave the form for the Chairperson's signature and return in 2-3 days to get the completed form.
7. Make a copy of the Application for Minor form and list of courses for you to keep.
8. Take the original, signed **Application to Minor Form** and deliver to the Registrar's Office in the E.O. Bull Center.
9. As you complete health courses, be sure to update your individual records and ensure you are meeting the necessary requirements.  
**Please Note:** to earn the minor, you must complete 15 credits of electives under advisement within the Elective Area you have chosen.
10. When you initiate the process for graduation clearance, the Registrar's Office also contacts the Department of Health for clearance in your minor. Your minor advisor will contact you at this time if necessary.

Name: \_\_\_\_\_ Major: \_\_\_\_\_

## Minor in Health Sciences

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**Purpose:** The Minor in Health Sciences is designed to provide you with focused coursework and learning experiences to complement your Major program and enhance your post-graduate career options.

**Curriculum:** The minor consists of **18 credits**. A **Common Core Course**, HEA 100: Dimensions is designed to give you a broad overview of concepts of health and wellness, as well as an opportunity for personal lifestyle changes to promote better health.

**Note:**

1. A "C-" or better is required for each HEA course in the minor
2. At least 9 of the 18 credits must be taken at the 300/400 level.
3. Up to 6 credits of HEA 435 Health Workshop can be completed for the minor.

**Date: 07/01/2014**

**Minor in Health Sciences Advising Sheet****Student Name:** \_\_\_\_\_

<b>Common Core Course:</b> Required for all Health Science Minors.		<b>Semester Taken</b>	<b>Grade</b>
HEA 100	Dimensions of Wellness	_____	_____

		<b>Semester Taken</b>	<b>Grade</b>
ENV 102 (I)	Humans & the Environment	_____	_____
HEA 103	Drugs & Society	_____	_____
HEA 104	Human Sexuality	_____	_____
HEA 106	Death and Dying	_____	_____
HEA 109	Health Issues of Women	_____	_____
HEA 110(J)	Transcultural Health	_____	_____
HEA 206	Human Development	_____	_____
HEA 230	Healthy Youth	_____	_____
HEA 300	Professional Ethics and the Health Professions	_____	_____
HEA 310 (W)	Love and Marriage	_____	_____
HEA 315 (W)	Mind, Body, and Health	_____	_____
HEA 320	Positive Aspects of Aging	_____	_____
HEA 325	Stress Management	_____	_____
HEA 330	Health Behavior	_____	_____
HEA 333	Alternative and Complementary Medicine	_____	_____
HEA 335	Botanical Medicines and Functional Foods	_____	_____
HEA 341	Chronic and Communicable Diseases	_____	_____
HEA 410	Mental Health	_____	_____
HEA 419	Research Methods in Health	_____	_____
HEA 435	Health Workshop	_____	_____
HEA 438	Understanding AIDS/HIV Infection	_____	_____