

GET FIT

Get in shape and be sure you're on the right track with the

BodPod

Body Composition Tracking System
at the HEAT Institute at West Chester University

To make sure you are changing your body composition and losing the unwanted weight, take advantage of the safe and accurate Body Mass Index Testing (BMI)!

At a great price, a **BodPod** complete body composition assessment is safe, comfortable, extremely accurate, and takes fewer than 10 minutes.

PRICE PER VISIT <i>(in 1 calendar year)</i>	1st	2nd	3rd
WCU Student	\$ 25	\$ 20	\$ 15
WCU Faculty/Staff/Alumni <i>(includes spouse/partner)</i>	\$ 45	\$ 35	\$ 25
WCU Faculty/Staff in Wellness Program	\$ 35	\$ 25	\$ 15
Community	\$ 65	\$ 45	\$ 25

GROUP RATES MAY APPLY!



To make an appointment please contact:
heatinst@wcupa.edu | 610.436.2878