

EXERCISE SCIENCE B.S.

Program Goals

1. To utilize knowledge (cognitive domain), skills (psychomotor domain), and abilities (affective domain) to evaluate risk factors and apply exercise prescriptions for individuals who are healthy, at risk, or who have known disease.
2. To utilize knowledge, skills, and abilities to conduct and evaluate exercise and fitness assessments.
3. To demonstrate ability to access and evaluate information and incorporate exercise science research into practice for improving individuals' exercise and fitness behaviors.
4. To prepare undergraduate Exercise Science students as entry level professionals for careers in exercise science related professions, related allied health fields, or graduate level education.
5. To prepare undergraduate Exercise Science students for professional certifications from national organizations.
6. To demonstrate effective professional communication, promote cultural awareness, and demonstrate a commitment to learning.

Student Retention

The retention levels for the Exercise Science program over the past three years are as follows:

Academic Year 2015-2016: 82% of undergraduate students were retained following their fourth semester. Of those students, 44% graduated within 4 years and 71% graduation within 5 years.

Academic Year 2014-2015: 76% of undergraduate students were retained following their fourth semester. Of those students, 49% graduated within 4 years and 70% graduation within 5 years.

Academic Year 2013-2014: 78% of undergraduate students were retained following their fourth semester. Of those students, 44% graduated within 4 years and 73% graduation within 5 years.