

Exercise Science Internship Evaluation

Q1 Please enter the information below:

☐ Name of Student Intern _____

☐ Name of Internship Site _____

☐ Name and Title of Site Supervisor/Evaluator

☐ Length of Internship (# of weeks) _____

☐ # of internship hours completed _____

Q2 Please select the type of evaluation you are completing today:

☐ Midterm evaluation

☐ Final evaluation

Q3 Please answer the following questions about the Student Intern's Attendance and Punctuality with the following choices:

	5 = Exceeds Expectations (1)	4 = Often Exceeds Expectations (2)	3 = Regularly Meets Expectations (3)	2 = Sometimes Doesn't Meet Expectations (4)	1 = Seldom Meets Expectations (5)	0 = Not Applicable (6)
1. Arrives to work prepared and on time, with few absences	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Proves responsible when completing assigned tasks	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q4 Please answer the following questions about the Student Intern's **Professionalism, Judgement, and Attitude** with the following choices:

	5 = Exceeds Expectations (1)	4 = Often Exceeds Expectations (2)	3 = Regularly Meets Expectations (3)	2 = Sometimes Doesn't Meet Expectations (4)	1 = Seldom Meets Expectations (5)	0 = Not Applicable (6)
1. Exhibits self-direction and responsibility for actions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Demonstrate compassion for clients/patients; maintains confidentiality	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. Exhibits enthusiasm and interest towards work	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. Establishes and maintains good rapport with co-workers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. Recognizes the value of teamwork and functions well as a member of the team	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. Exhibits a strong sense of ethical behavior	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. Is receptive to constructive suggestions or corrections	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. Responds calmly and effectively under pressure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. Observes rules of safety	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

10. Adjusts well to new tasks and situations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. Participates in continuing education and professional development	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. Demonstrates problem-solving skills	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q5 Please answer the following questions about the Student Intern's **Knowledge, Skills, and Abilities** with the following choices:

	5 = Exceeds Expectations (1)	4 = Often Exceeds Expectations (2)	3 = Regularly Meets Expectations (3)	2 = Sometimes Doesn't Meet Expectations (4)	1 = Seldom Meets Expectations (5)	0 = Not Applicable (6)
1. Demonstrates a working knowledge of the following principles: Exercise Physiology and related Exercise Science	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Special populations and Risk factors	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. Health appraisal, Fitness and Clinical Exercise Testing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. Electrocardiography and Diagnostic Techniques	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. Patient Management and Medications	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. Exercise Prescription and Programming	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. Nutrition and Weight Management	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. Human Behavior and Counseling	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. Safety, Injury Prevention and Emergency Procedures	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. Program Administration, Quality Assurance, and Outcome Assessment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q6 Please include any additional comments about the knowledge, skills, and abilities that the student intern has demonstrated:

Q7 Please answer the following questions with the following choices:

	5 = Exceeds Expectations (1)	4 = Often Exceeds Expectations (2)	3 = Regularly Meets Expectations (3)	2 = Sometimes Doesn't Meet Expectations (4)	1 = Seldom Meets Expectations (5)	0 = Not Applicable (6)
1. In general, the student intern was adequately prepared for this internship	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Given the opportunity, I would work with another intern from this program	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. The intern works independently	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q8 Please identify the student intern's **Strengths**

Q9 Please identify the student intern's **Weaknesses**

Q10 Please include any additional comments concerning the student intern, and/or internship experience:
