

**Fall 2019 and forward - Course Record Sheet for B.S. in Health & Physical Education – Teacher Certification**  
**Revised 5/5/2021**

**Name:** \_\_\_\_\_ **ID#** \_\_\_\_\_ **Sem/Yr Entering:** \_\_\_\_\_ **Advisor:** \_\_\_\_\_

*Students are bound by the major, minor, and related requirements in the catalog for the academic year for which they are accepted into the major or minor. Students are required to meet with their academic advisor every semester to discuss scheduling of next semester's classes and to unlock the hold. Always bring your up-to-date course record sheet. You must earn 120 credits to be eligible for graduation.*

**GENERAL EDUCATION REQUIREMENTS**

| Category (# credit hours)  | Title/Number of Course  | Credit Hours   | Semester /Year | Letter Grade or T |
|--|---|--|----------------|-------------------|
| <b>FIRST YEAR EXPERIENCE (4)</b>   | FYE 100D (Required for less than 24 credits transferred)  | <b>4</b>   |                |                   |
| <b>ACADEMIC FOUNDATIONS</b>  |   |  |                |                   |
| <b>A. English Composition (6 or 7)</b>   | WRT 120 or 123 and one of the following:  | <b>3 or 4</b>  |                |                   |
|  | WRT 200, 204, 205, 206, 208, or 220   | <b>3</b>   |                |                   |
| <b>B. Mathematics (6)</b>  | MAT 103 or higher   | <b>3</b>   |                |                   |
|  | A second MAT class is required by PDE; MAT course must be 103 or higher; can do second MAT course pass/fail | <b>3</b>   |                |                   |
| <b>C. Interdisciplinary "I" (3)</b>  | EDF 300 Democracy in Education  | <b>3</b>   |                |                   |
| <b>D. Diverse Communities "J" (3)</b>  | KIN 254 Disability Studies  | <b>3</b>   |                |                   |
| <b>E. Extra PDE &amp; Teacher Education Requirements</b>   | EDP 250 Educational Psychology  | <b>3</b>   |                |                   |
|  | LAN/ENG 382 Teaching English Language Learners (Clearances required see note *)T                            | <b>3</b>   |                |                   |
| <b>DISTRIBUTIVE REQUIREMENTS</b>   |   |  |                |                   |
| <b>A. Science (6)</b><br>Recommended NTD 303<br>See DPR for classes  |   | <b>3</b>   |                |                   |
|  |   | <b>3</b>   |                |                   |
| <b>B. Behavioral / Social Sciences (6)</b><br>See Degree Progress Report (DPR) for classes                           |   |  |                |                   |
|  |   | <b>3</b>   |                |                   |
| <b>C. Humanities (6)</b><br>See DPR for classes  |   | <b>3</b>   |                |                   |
|  |   | <b>3</b>   |                |                   |
| <b>D. Arts (3) See DPR for classes</b>   |   | <b>3</b>   |                |                   |
| <b>ADDITIONAL BACCALAUREATE REQUIREMENTS</b>   |   |  |                |                   |
| <b>A. ETHICS REQUIREMENT (2019/2020 transfer students exempt)</b>  |   | <b>3</b>   |                |                   |
| <b>B. WRITING EMPHASIS COURSES "W" (9)</b> See catalog for approved courses.   | <b>One "W" must be at the 300-400 level</b>   | <b>"W" courses may also be used to satisfy other requirements.</b> |                |                   |
| All students entering WCU with fewer than 40 credits, must complete 9 credits of "W" classes                         |   | <b>3</b>   |                |                   |
| Transfer students who bring to WCU 40-70 transfer credits must complete 6 credits of "W" classes.                    |   | <b>3</b>   |                |                   |
| Transfer students who bring to WCU more than 70 transfer credits must complete one 300-400 level 3 credit "W" class. |   | <b>3</b>   |                |                   |
| <b>C. SPEAKING EMPHASIS COURSES "S" (9)</b> See catalog for approved courses.  | <b>One "S" must be at the 300-400 level</b>   | <b>"S" courses may also be used to satisfy other requirements.</b> |                |                   |
| All students entering WCU with fewer than 40 credits, must complete 9 credits of "S" classes                         |   | <b>3</b>   |                |                   |
| Transfer students who bring to WCU 40-70 transfer credits must complete 6 credits of "S" classes.                    |   | <b>3</b>   |                |                   |
| Transfer students who bring to WCU more than 70 transfer credits must complete one 300-400 level 3 credit "S" class. |   | <b>3</b>   |                |                   |

## HEALTH AND PHYSICAL EDUCATION TEACHER CERTIFICATION COURSE REQUIREMENTS

**Note:** 1) Teacher Candidacy (see [College of Education requirements](#)), 2) an EDF 030 on your transcript signifies you have achieved teacher candidacy, 3) must earn C or better (not C-) in all major-related classes.

**Student Teaching Prerequisites:** Teacher Candidacy documentation of [Praxis II trial](#)

**Graduation Prerequisite:** Cumulative GPA of 3.0 or higher & Pre-Professional Experiences (PPE's)

\* [Field Clearances Required](#) – Child Abuse, Police Check, FBI Fingerprinting, TB test (see College of Education)

| Course #   | Course Name  | Credits | Grade |
|--|--|---------|-------|
| <b>HPE-TC Foundations (9 Credits)</b>                              |  |         |       |
| HPE 108  | Introduction to School Wellness Education  | 6       |       |
| HPE 186  | Motor Development and Motor Learning   | 3       |       |
| <b>Wellness Education Pedagogy (30 Credits)</b>                    |  |         |       |
| HPE 205*   | Curriculum & Instruction: Inclusion in Health & Physical Education (Prereq: HPE 108, 186)  | 3       |       |
| HPE 206*   | Adapted Physical Education & Health for Students with Disabilities (Prereq: HPE 108, 186)  | 3       |       |
| HPE 300*   | Curriculum & Instruction: Elementary Physical Education (Prereq: HPE 108, 186)   | 3       |       |
| HPE 304*   | Secondary School Wellness Education (Prereq: HPE 108, 186)   | 6       |       |
| HPE 305  | Pedagogy and Critical Issues in Urban School Wellness Education (Prereq: HPE 108, 186)   | 3       |       |
| HPE 347*   | Assessment and Technology in Health and Physical Education   | 3       |       |
| HPE 403*   | School Wellness Education Practicum (Prereq: HPE 205/206, HPE 300, HPE 304, Teacher Candidacy)   | 6       |       |
| <b>Wellness and Applied Science Content Knowledge (12 Credits)</b> |  |         |       |
| EXS 241  | Body Systems and Applied Anatomy I   |         |       |
| EXS 361  | Body Systems and Applied Anatomy II (Recommend taking EXS 241 first)   | 3       |       |
| HEA 304  | Family Life and Sex Education  | 3       |       |
| HEA 316  | ATOD Prevention Education (Prereq: HPE 108)  | 3       |       |
| NTD 300  | Nutrition Pedagogy   | 3       |       |
| <b>Activity Module (14 Credits)</b>                                |  |         |       |
| HPE 102  | Adventure and Contemporary Activities  | 2       |       |
| HPE 104  | Fitness and Wellness I   | 2       |       |
| HPE 105  | Fitness and Wellness II (Prereq: HPE 104)  | 2       |       |
| HPE 140, 275 <u>or</u> 331   | Choose one of the following: HPE 140 – Aquatic Fundamentals and Emergency Water Safety, HPE 275 – Lifeguarding or HPE 331 – Water Safety Instruction | 2       |       |
| HPE 201  | Developmental Dance and Gymnastics   | 2       |       |
| HPE 202  | Invasion Games   | 2       |       |
| HPE 203  | Net and Wall Games   | 2       |       |
| <b>Student Teaching (12 Credits)</b>                               |  |         |       |
| HPE 489*   | Student Teaching (prerequisite; all major coursework; Teacher Candidacy)   | 6       |       |
| HPE 490*   | Student Teaching (prerequisite; all major coursework; Teacher Candidacy)   | 6       |       |
| <b>77 Credits</b>  |  |         |       |