



**Department of Kinesiology**  
**Bachelor of Science: Health and Physical Education**  
**Teacher Certification (HPETC) – Guidance Sheet**  
**Fall 2018 & Forward**

Name: \_\_\_\_\_ Student ID#: \_\_\_\_\_ Date Entered Program: \_\_\_\_\_

**Part I – General Education (51 Credits)**

**Academic Foundations (21 credits)**

Course Number	Course Name	Credits	Grade
WRT 120	Effective Writing	3	
WRT ____ (a)		3	
MAT ____ (b)		3	
SPK 208 or SPK 230		3	
LAN/ENG 382	Teaching English Language Learners*	3	
KIN 254 (c)	Disability Studies	3	
EDF 300 (d)	Democracy in Education	3	
Note: a) For WRT ____ course, select from WRT 200, 204, 205, 206, 208, or 220, b) for MAT ____ course, select MAT 103 or higher, c) KIN 254 fulfills diverse communities "J" course, d) EDF 300 fulfills interdisciplinary "I" course			

**Distributive Requirement (21 credits)**

<b>Science (6 credits)</b> Prefix BIO, CHE, ESS, PHY, CSC- <i>must take courses from two different disciplines</i>			
Course Number	Course Name	Credits	Grade
		3	
		3	

<b>Behavioral and Social Sciences (6 credits)</b> Prefix ANT, ECO, GEO, PSC, PSY, SOC - <i>must take courses from two different disciplines</i>			
Course Number	Course Name	Credits	Grade
		3	
		3	

<b>Humanities (6 credits)</b> Prefix LIT or CLS, HIS, PHI - <i>must take courses from two different disciplines</i>			
Course Number	Course Name	Credits	Grade
LIT or CLS ____		3	
		3	
Note: Recommend LIT 165 or CLS 165; LIT & CLS are the same discipline			

<b>The Arts (3 Credits)</b> courses in art, dance, film, music, or theater			
Course Number	Course Name	Credits	Grade
		3	
Note: Recommend DAN 136 (intro to ballroom) or DAN 133 (jazz dance I)			

**Student Electives (9 credits)**

Course Number	Course Name	Credits	Grade
EDP 250	Educational Psychology	3	
MAT ____		3	
		3	
Note: A second MAT class is required by PDE; MAT course must be 103 or higher; can do second MAT course pass/fail			

**Writing Emphasis (3 courses)** – Three writing emphasis courses are required for students with 0-39 transfer credits; two for students with 40-70 transfer credits; one for students with more than 70 transfer credits.

## Part II – Health and Physical Education Teacher Certification Program (77 Credits)

### Foundations (9 credits)

Course #	Course Name	Credits	Grade
KIN 108*	Introduction to School Wellness Education	6	
KIN 186*	Motor Development and Motor Learning	3	

### Wellness Education Pedagogy (27 credits)

Course #	Course Name	Credits	Grade
KIN 205*	Curriculum & Instruction: Student with Disabilities (Prereq: KIN 108, 186)	3	
KIN 206*	Adapted Physical Education & Health for Students with Disabilities (Prereq: KIN 108, 186)	3	
KIN 300*	Curriculum & Instruction: Elementary Physical Education (Prereq: KIN 108, 186)	3	
KIN 304*	Secondary School Wellness Education (Prereq: KIN 108, 186)	6	
KIN 305*	Pedagogy and Critical Issues in Urban School Wellness Education (Prereq: KIN 108, 186)	3	
KIN 347	Assessment and Technology in Health and Physical Education	3	
KIN 403*	School Wellness Education Practicum (Prereq: KIN 300, KIN 304, FATE)	6	
Note: KIN 205 and 206 are co-requisites (must be taken together)			

### Wellness and Applied Science Content Knowledge (15 credits)

Course #	Course Name	Credits	Grade
EXS 241	Body Systems and Applied Anatomy I	3	
EXS 361	Body Systems and Applied Anatomy II	3	
HEA 304	Family Life and Sex Education	3	
HEA 316	ATOD Prevention Education (Prereq: KIN 108)	3	
NTD 300	Nutrition Pedagogy	3	

### Activity Module (14 credits)

Course #	Course Name	Credits	Grade
KIN 102	Adventure and Contemporary Activities	2	
KIN 104	Fitness and Wellness I	2	
KIN 105	Fitness and Wellness II (Prereq: KIN 104)	2	
KIN 140, 275 <b>or</b> 331	Choose one of the following: KIN 140 – Aquatic Fundamentals and Emergency Water Safety, KIN 275 – Lifeguarding or KIN 331 – Water Safety Instruction	2	
KIN 201	Developmental Dance and Gymnastics	2	
KIN 202	Invasion Games	2	
KIN 203	Net and Wall Games	2	

### Student Teaching (12 credits)

Course #	Course Name	Credits	Grade
KIN 489*	Student Teaching	6	
KIN 490*	Student Teaching	6	

Note: 1) FATE is Formal Admission to Teacher Education (see College of Education requirements), 2) an EDF 030 on your transcript signifies you have been formally admitted, 3) must earn C or better (not C-) in all major-related classes  
**Student Teaching Prerequisites:** F.A.T.E., documentation of Praxis II trial and completion of Pre-Professional Experiences (PPE's)

**Graduation Prerequisite:** Cumulative GPA of 3.0 or higher

\* **Field Clearances Required** – Child Abuse, Police Check, FBI Fingerprinting, TB test (see College of Education)