

# BS Nutrition: Lifestyle Nutrition Concentration

Name: \_\_\_\_\_ ID: \_\_\_\_\_

S/Yr	1 <sup>st</sup> Semester	cr	gr	prereq	S/Yr	2 <sup>nd</sup> Semester	cr	gr	prereq
	BIO100 Intro Biology	3				CHE107 Gen Chem	4		
	First Year Experience	4				CRL107 Gen Chem Lab	1		
	NTD205 Food Select & Prep	3	C			MAT121 Intro Statistics	3	C	
	NTD303 Intro Human Nutr	3	C			NTD200 Nutr & Culture	3	C	
	WRT120 Effective Writing 1	3				WRT200-level (200, 204, 205, 206, 208, or 220)	3		
						NTD203 Intro Diet Profession <sup>A,B</sup>	1	C	
		16					15		
S/Yr	3 <sup>rd</sup> Semester	cr	gr	prereq	S/Yr	4 <sup>th</sup> Semester	cr	gr	prereq
	BIO259 Anat & Physio 1	4				BIO269 Anat & Physio 2	4		BIO259
	*I COURSE (highly recommend NTD/ANT277)	3				*ART	3		
	NTD309 Nutr Lifecycle	3	C	NTD303		SOC200 or ANT102	3		
	PSY100 Intro Psych	3				NTD310 Nutr Research	3	C	MAT121
	SPK199, 208, or 230 (S)	3				ECO111 Macro Economics <sup>A,B,C</sup>	3	C	
		16					16		
S/Yr	5 <sup>th</sup> Semester	cr	gr	prereq	S/Yr	6 <sup>th</sup> Semester	cr	gr	prereq
	NTD404 Nutr, Disease, Health <sup>A</sup>	3	C	NTD309		NTD420 Obesity	3	C	NTD303
	ELECTIVE	3				NTD410 Quantity Foods <sup>A,B,C</sup>	3	C	NTD205
	PHI180 (E)	3				MGT200 Management <sup>A,B,C</sup>	3		ECO111
	EXS180 Lifetime Fitness Concepts <sup>A,B</sup>	3				EXS380 Ex Physiology <sup>A,B,C</sup>	3		EXS180, BIO269
	ACC201 Accounting <sup>A,B,C</sup>	3				EXL380 Ex Physiol Lab <sup>A,B,C</sup>	1		BIO269
		15					13		
S/Yr	7 <sup>th</sup> Semester	cr	gr	prereq	S/Yr	8 <sup>th</sup> Semester	cr	gr	prereq
	NTD425 Entrepreneurial <sup>A</sup>	3	C	MGT200; NTD410		NTD415 Community Nutr <sup>A,B</sup>	3	C	NTD309
	NTD422 Sports Nutrition <sup>A,B</sup>	3	C	NTD303		NTD444 Lifestyle Nutr Capstone <sup>B</sup> (W)	3	C	NTD404; min 100 cr
	MKT250 Princ Marketing <sup>A,B,C</sup>	3	C	ECO111(C)		*LIT/CLS or HIS	3		
	ELECTIVE	3				ELECTIVE	3		
	ELECTIVE	3				ELECTIVE	3		
		15					15		

\* Go to <http://catalog.wcupa.edu/undergraduate/general-education-requirements/approved-gen-ed-course-list/> for list of currently approved Gen Ed courses; <sup>A</sup>Offered Fall semester; <sup>B</sup>Offered Spring semester; <sup>C</sup>Offered summer session.

	(W)	(W)	(W) NTD444	(I)	(J)NTD200	(S) SPK208,230,199	(S)	(S)	(E) PHI180
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Trans. Credits

Revised: May, 2019

Fall 2019

## Grade and General Education Requirement Information

### BS in Nutrition: Lifestyle Concentration

#### NTD GRADE REQUIREMENTS

- A "C" or better grade is required in all NTD courses and MAT121, and ECO111.
- If any core or cognate courses have prerequisites, the minimum grade requirements for those prerequisites must be met before the core or cognate course can be taken.
- Transfer courses need to meet these grade requirements to transfer to WCU.

#### GENERAL EDUCATION REQUIREMENTS

##### Covered by our major (NTD) requirements

- 2 Science courses (these are met by BIO100 and CHE107)
- 2 Behavioral and Social Science courses (satisfied by SOC200 or ANT102 & PSY100 in program)
- 1 Mathematics course (satisfied by program requirement of Statistics MAT121)
- 1 Speaking Emphasis Course (SPK208, 230 or 199)
- 1 "J" course = Diverse Communities (NTD200 is a "J" course)
- 1 "W" course (Writing Emphasis) (NTD444 is a "W" course)
- 1 "E" course (Ethics) (PHI180)

##### Not covered by our major (NTD) requirements

- TWO ENGLISH COMPOSITION courses: WRT120 plus one of the following: 200, 204, 205, 206, 208, or 220.
- TWO HUMANITIES courses (Literature/Comparative Lit. OR History) – these two must be from 2 different categories. Must be an approved Gen Ed course – see link for approved Gen Ed courses:  
<http://catalog.wcupa.edu/undergraduate/general-education-requirements/approved-gen-ed-course-list/>
- 1 ART course (Art, film/cinema, dance, music, photography, or theater). Must be an approved Gen Ed course – see link.  
<http://catalog.wcupa.edu/undergraduate/general-education-requirements/approved-gen-ed-course-list/>
- THREE SPEAKING EMPHASIS courses - you need a total of 3 courses, with one at the 300-400 level. *[If you transferred to WCU with 40-70 credits, only need 2 "S" courses. If you transferred in with >70 credits, you only need 1 "S" course.]* (SPK208, 230 or 199 are S courses)
- THREE WRITING EMPHASIS courses – you need a total of 3 courses, with one at the 300-400 level. *[If you transferred to WCU with 40-70 credits, you only need 2 "W" courses. If you transferred in with >70 credits, you only need 1 "W" course]* (NTD444 is a W course)

#### NOTES:

- YOU NEED TO EARN 120 CREDITS TO GRADUATE
- You can combine an "I" with a "W" course.
- J & W courses cannot be transferred from another institution: "I" courses can transfer from another institution.
- BIO 110 can substitute for BIO 100.
- Apply online for graduation no later than the end of the junior year or when 90 credits have been earned.