

# BS Nutrition: Lifestyle Nutrition Concentration

Name: \_\_\_\_\_ ID: \_\_\_\_\_

S/Yr	1 <sup>st</sup> Semester	cr	gr	prereq	S/Yr	2 <sup>nd</sup> Semester	cr	gr	prereq
	BIO100 Intro Biology	3				CHE107 Gen Chem	4		
	First Year Experience	4				CRL107 Gen Chem Lab	1		
	NTD205 Food Select & Prep	3	C			MAT121 Intro Statistics	3	C	
	NTD303 Intro Human Nutr	3	C			NTD200 Nutr & Culture	3	C	
	WRT120 Effective Writing 1	3				WRT200-level (200, 204, 205, 206, 208, or 220)	3		
						NTD203 Intro Diet Profession <sup>A,B</sup>	1	C	
		16					15		
S/Yr	3 <sup>rd</sup> Semester	cr	gr	prereq	S/Yr	4 <sup>th</sup> Semester	cr	gr	prereq
	BIO259 Anat & Physio 1	4				BIO269 Anat & Physio 2	4		BIO259
	*I COURSE (highly recommend NTD/ANT277)	3				*ART	3		
	NTD309 Nutr Lifecycle	3	C	NTD303		SOC100 or ANT102	3		
	PSY100 Intro Psych	3				NTD310 Nutr Research	3	C	MAT121
	SPK199, 208, or 230 (S)	3				ECO111 Macro Economics <sup>A,B,C</sup>	3		
		16					16		
S/Yr	5 <sup>th</sup> Semester	cr	gr	prereq	S/Yr	6 <sup>th</sup> Semester	cr	gr	prereq
	NTD404 Nutr, Disease, Health <sup>A</sup>	3	C	NTD309		NTD420 Obesity	3	C	NTD303
	NTD410 Quantity Foods <sup>A,B,C</sup>	3	C	NTD205		NTD416 Foodserv/Nutr Mgmt <sup>A,B</sup>	3	C	NTD410
	PHI180 (E) / *Humanities Gen Ed	3				*Humanities Gen Ed	3		
	EXS180 Lifetime Fitness Concepts <sup>A,B</sup>	3				EXS380 Ex Physiology <sup>A,B,C</sup>	3		EXS180, BIO269, BIO269
	ACC201 Accounting <sup>A,B,C</sup>	3				EXL380 Ex Physiol Lab <sup>A,B,C</sup>	1		
		15					13		
S/Yr	7 <sup>th</sup> Semester	cr	gr	prereq	S/Yr	8 <sup>th</sup> Semester	cr	gr	prereq
	NTD425 Entrepreneurial Nutr Mgt <sup>A</sup> (W)	3	C	NTD416		NTD415 Community Nutr <sup>A,B</sup>	3	C	NTD309
	NTD422 Sports Nutrition <sup>A,B</sup>	3	C	NTD303		NTD444 Lifestyle Nutr Capstone <sup>B</sup> (W)	3	C	NTD404; min 100 cr
	MKT250 Princ Marketing <sup>A,B,C</sup>	3				ELECTIVE	3		
	ELECTIVE	3				ELECTIVE	3		
	ELECTIVE	2				ELECTIVE	3		
		14					15		

\* Go to <http://catalog.wcupa.edu/undergraduate/general-education-requirements/approved-gen-ed-course-list/> for list of currently approved Gen Ed courses; <sup>A</sup>Offered Fall semester; <sup>B</sup>Offered Spring semester; <sup>C</sup>Offered summer session.

(W) NTD425 (W)	(W) NTD444 (I)	(J)NTD200 (S)	SPK208,230,199 (S)	(S)	(E)

Trans. Credits

Revised: May, 15 2020

Fall 2020



## **BS Nutrition: GENERAL EDUCATION/GRADUATION REQUIREMENTS**

### **Covered by our major (NTD) requirements**

- 2 Science courses (these are met by the program)
- 2 Behavioral and Social Science courses (satisfied by SOC100 & PSY100 in program)
- 1 Mathematics course (satisfied by program requirement of Statistics MAT121)
- 1 "Diverse Communities," or "J" course (satisfied by NTD200)
- One or two "W" courses - Writing Emphasis- see explanation below pertaining to individual tracks

### **"W" Writing Emphasis and "SE" Speaking Emphasis Courses**

W and SE courses are courses which place an extra emphasis on writing assignments and speaking assignments, respectively. "W" courses are not English composition [WRT] courses. A total of 3 writing emphasis courses and 3 speaking emphasis courses are required in all. However, *if you have transferred to WCU with 40-70 credits, you would only 2 "W" and 2 "SE" courses in all*. *If you transferred in with >70 credits, you would only need 1 "W" and 1 "SE" course*. Courses designated "W" or "SE" in the course schedule booklets may be taken at any time during your program. They may be any subject, and, if needed, you can take a "W" and/or "SE" course that is also an Art, or Humanities, or "I" course, to combine these requirements. It can also be one of your electives.

Please note: course(s) within each concentration count towards the W requirement as follows:

Dietetics Concentration: NTD409 is a "W" course

Lifestyle Concentration: NTD 425 and NTD444 are both "W" courses

Sustainable Food Systems Management Concentration: NTD 425 and NTD450 are both "W" courses

### **Not covered by our major (NTD) requirements**

- First Year Experience (required of all except Transfer students entering with 24 or more credits)
- TWO ENGLISH COMPOSITION courses: WRT120 plus one of the following: 200, 204, 205, 206, 208, or 220.
- TWO HUMANITIES courses – these two must be from 2 different categories. Must be an approved Gen Ed course – see link.
  - <http://catalog.wcupa.edu/undergraduate/general-education-requirements/approved-gen-ed-course-list/>
- 1 ART course (Art, film/cinema, dance, music, photography, or theater). Must be an approved Gen Ed course – see link.
  - <http://catalog.wcupa.edu/undergraduate/general-education-requirements/approved-gen-ed-course-list/>
- Ethics (3 credits) – no Ethics course required for Fall 2020 transfer students
- Speaking Emphasis (9 credits – 3 credits covered by SPK208/230) - only 3 credits (SPK208/230) required for Fall 2020 transfer students
- Electives (number of credits varies by concentration) – These courses CAN be transferred from another institution
- Interdisciplinary Course ("I" course) – Only SFSM concentration has a specific, required "I" course: NTD/ANT277; "I" courses **cannot** simultaneously fulfill requirements in the distributive areas (Arts, Science, Behavioral and Social Science)
- Remaining "W" courses (see information above)

### **GRADE REQUIREMENTS**

*~All grade requirements must be met in order to graduate~*

- If any core or cognate courses have prerequisites, the minimum grade requirements for those prerequisites must be met before the core or cognate course can be taken.
- Transfer courses need to meet these grade requirements or the course must be taken again.
- The following are the specific grade requirements for each concentration:
  - Dietetics concentration: "C" or better grade is required in all NTD, all science courses, and in MAT 121 (Statistics).
  - Lifestyle and SFSM concentrations: "C" or better grade is required in all NTD courses, as well as in MAT 121.

### **NOTES:**

- J & W courses cannot be transferred from another institution, but I courses can be transferred from another institution.
- BIO 110 can substitute for BIO 100, BIO 214 can substitute for BIO 204; but CHE231 CANNOT be used in place of CHE 230
- Language and culture courses are not required for this major, although they make excellent electives.
- **Apply online for graduation no later than the end of the junior year or when 90 credits have been earned.**