

Nutrition Minor Curriculum Guide -18 credit hours

The Nutrition minor at West Chester University (WCU) is designed to impart fundamental nutrition knowledge and an interdisciplinary understanding of the relationship among nutrition, health, physical fitness, and wellbeing. The minor provides learning experiences that build upon and integrate knowledge from supporting disciplines. The curriculum focuses on nutrition with an emphasis on the application of knowledge regarding the maintenance of human health and wellbeing throughout the life cycle.

A minor in Nutrition requires students to complete two required courses, NTD 303 and NTD 309, plus four approved “NTD” elective courses for a total of 18 credit hours. A “C” grade or better must be earned in each of the courses before clearance for graduation with the minor will be granted. Refer to the table that follows.

Sem/Yr	Course	Cr	Grade	Req Gr	Prereq
	NTD 303 Intro Prin Human Nutrition	3		C	
	NTD 309 Nutr Thru Lifecycle	3		C	NTD303
	NTD Elective ^A	3		C	
	NTD Elective ^A	3		C	
	NTD Elective ^A	3		C	
	NTD Elective ^A	3		C	

^ANTD electives **exclude** the following courses: NTD 300, NTD 310, NTD 320, NTD 370, NTD 381, NTD 400, NTD 408, NTD 409, NTD 410, NTD 411, NTD 413, NTD 414, NTD 415, NTD 416, and NTD 425.

** NTD 199 courses can be reviewed by the Nutrition Minor advisor for consideration.

Note: At least 50 percent of minor coursework must be taken at WCU.

Procedures for Adding or Dropping a Nutrition Minor

1. Log-in to Ram Portal: <https://my.wcupa.edu>
2. From the student homepage, click on the “Academic Records” tile.
3. Click on “Change/Update/Add a plan” menu choice on the left side of the screen.
4. The current academic plan will be displayed along with current advisor(s).
5. Choose the action you’d like to make by clicking the down arrow to display the choices, then click on your action (Add Minor or Remove a Minor).
6. Click on “Submit.” Once submitted, the request will be reviewed by the appropriate advisors and department chairpersons for approval. You will be notified when a decision has been made. The change will be effective for the start of the next semester.
7. You will be routed to a new page to confirm your request. Click on “Ok” to submit the request. In an abundance of caution, you are asked to double check your choices and given a chance to cancel the request if needed. Check the choices and if it is accurate and still wanted, click the “OK” button.
8. Monitor your WCU email. You will be notified with the details of the request and a way to view its status.

During the process of graduation clearance, the Office of the Registrar will contact the Department of Nutrition for your minor clearance. Before graduation from the University is granted, either the requirements for the minor must have been met or you must remove the minor from your academic plan.

Should you have questions, feel free to call (X3113), e-mail (swalz@wcupa.edu), or visit with Dr. Sandra Walz (SECC 253), Nutrition Minor Program Advisor.

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