

West Chester University

Bachelors of Science in Health Science: General- Concentration in Sports Medicine Sciences

Guidance Record Sheet (revised Sept 2017)

Fall Year 1	Credits	Spring Year 1	Credits
HEA 210- Intro to Allied Health*	3	WRT 200,208 or 220	3
BIO 110 - General Biology*	3	BIO/L 259- Anat/Phys 1*	4
WRT 120- Eff. Writing 1	3	SMD/L 204- First Aid Health Prof*	3
PSY 100 (Gen Ed BSS1)-Psychology*	3	Gen Ed Behavioral Social Science 2	3
SPK 208- Public Speaking	3	Gen Ed "J"-HEA 110 -Transcultural Hlth*	3
Total:	15	Total:	16 (31)
Summer	Credits		
Gen Ed Arts	3		
Gen Ed Free Elective 3	3		
Total:	6 (37)		
Fall Year 2	Credits	Spring Year 2	Credits
BIO/L 269-Anat/Phys 2*	4	NTD 303- Intro Nutrition*	3
SMD 210("W", "I")	3	Gen Ed Humanities 1	3
MAT 121 – Statistics*	3	SMD 361- Kinesiology*	3
HEA 242-Intro Public Comm Hlth*	3	SMD 261- Surface Anatomy*	3
PHY 100 -Elements Physical Science*	3	Gen Ed Free Elective 2	3
		Gen Ed Free Elective 1	3
Total:	16 (53)	Total:	18 (71)
Summer	Credits		
CHE 107- Gen Chem Allied Hlth*	4		
CRL 107 - Lab*	1		
Total:	5 (76)		
Fall Year 3	Credits	Spring Year 3	Credits
EXS 380 - Exercise Physiology*	3	NTD 422- Nut for health, fitness & sport*	3
EXL 380- Exercise Physiology Lab*	1	HEA 419 Research Methods in Health*	3
SMD 420- Sports Medicine 1*	3	SMD 430- Sports Medicine 2*	3
HEA 377 Pharmacology*	2	SMD 450 Capstone*	3
SMD 400 Special Topics*	3	Gen Ed Hum2	3
HEA 341 Chronic & Comm Diseases*	3	EXS 102- Fund of resistance trng*	2
Total:	15 (91)	Total:	17 (108)
Summer 1^	Credits	Summer 2	Credits
SMD 502 Prvt. and Care of Injury and Illness	3	SMD 512 Orthopaedic Assessment 1	3
SMD 501 Human Cadaver Dissection	4		
Total:	7 (115)	Total:	3 (118)

Total Credits for BS program: 120 Major/related requirements (undergrad)= 41

Major Requirements (grad) =12

Gen Ed/Electives (undergrad)=67

*must earn a C or better in these classes

^Summer 1 after Year 3 through Spring Year 5: M.S. in Athletic Training; first 12 Credits from the MS in Athletic Training will be used to satisfy the final 12 credits for the BS Health Sciences: Concentration in Sports Medicine Sciences. Students will earn BS degree in December after year three.

Progression in to the MS in Athletic Training program:

Application: An application and notification of intent to progress in to the MS in Athletic Training program must be completed by the announced deadline in the spring semester of the sophomore year. (see below for details)

WEST CHESTER UNIVERSITY

BS Health Sciences: General-Sports Medicine Studies concentration ADVISING GUIDELINES

General Education Requirements :

I. Academic Foundations (18)

- A. English Writing Courses (6)
Satisfied by WRT120 and WRT 200-level approved gen ed course
- B. Mathematics: (3)
Satisfied by **MAT 121**
- C. Communications (3)
Satisfied by SPK approved gen ed course
- D. Diverse Communities (3)- One course with a “J” designation
Satisfied by **HEA 110** -Transcultural Hlth
- E. Interdisciplinary (3) - One course with an **I** (Interdisciplinary) designation.
Satisfied by **SMD 210**. An interdisciplinary course may simultaneously meet the interdisciplinary and foreign culture cluster requirements. An interdisciplinary course may not be used to fulfill a general education requirement in the distributive areas and may not simultaneously satisfy the interdisciplinary and diverse communities requirements..

II. Distributive Requirements (18) - *student is responsible to ascertain the course is Gen Ed approved

- A. Sciences - 6 credits* (check approved list)
Satisfied by PHY100,CHE/CRL 107, and BIO110 requirements
- B. Behavioral and Social Sciences - 6 credits* (check approved list)
Satisfied by PSY100 requirement plus 1 approved course from one other area:
1. ANT, 2. SOC, 3. ECO, 4. GEO, 5. PSC
Approved courses*: ANT 102, 103; SOC 200, 240; ECO 101, 111, 112; GEO 101, 103; PSC 100, 101, 213
- C. Humanities - 6 credits*: (check approved list)
Satisfied by 2 approved courses from the following areas:
Literature or Classics (check approved list)
History –(check approved list)
Philosophy (Recommended 101 or 180; check approved list)

III. Arts* – (3) *student is responsible to ascertain the course is Gen Ed approved

Satisfied by taking 3 credits worth of coursework in approved art,cinematography,dance,music,photography,or theater

IV.Student Electives (9)

Must be satisfied by courses not required by General Education or your major. Students interested in Medical School, Physical Therapy, or similar graduate programs should take CHE/CRL 103-104, and PHY/L 130-140, and an advanced Biology course. Consult your advisor for details.

V. Writing Emphasis Courses (one must be at 300-400 level) **9 credits**. Note for transfer students:Transfer students who enter with 40-70 credits must take 2 writing emphasis courses. Students who transfer with 70 credits must take 1 writing emphasis course.

<u>Course</u>	<u>Title</u>	<u>Semester/Year</u>
1. SMD 210	Psychosocial Perspectives of Sport/Recreational Injuries (required)	Fall, Year 2
2.		
3.		

Program requirements: A student must achieve a grade of **C or better** in all undergraduate major and related required courses. Students must have a 3.0 cumulative GPA to progress into the MS in Athletic Training program. (If applicable, transfer course grades will be calculated in to determine GPA). Graduate policy will apply for all graduate courses.

Major/Core Requirements- undergraduate courses: HEA 110, 210, 242, 341, 377, 499, NTD 303, SMD 204, 210, 261,361,400,420,430,450; graduate courses: SMD 501, 502, 505, 512

Related Requirements: BIO 110, 259, 269, CHE 107, CRL 107, PHY 100, EXS 102, 380, EXL 280, NTD 422, PSY 100, MAT 121.

West Chester University
Department of Sports Medicine
MS in Athletic Training

Progression in to the MS in Athletic Training program:

Application: An application and notification of intent to progress in to the MS in Athletic Training program must be completed by the announced deadline in the spring semester of the sophomore year.

Grades- A student must achieve a grade of C or better in all undergraduate major and related required courses. Students must have a 3.0 cumulative GPA to progress into the MS in Athletic Training program. (If applicable, transfer course grades will be calculated in to determine GPA). Graduate policy will apply for all graduate courses.

Interview: an interview with department faculty may be required.

Technical Standards for the MS in Athletic Training Major: see website

Course Year 1 Summer session one SMD 502 Prevent/Care of inj/illnesses 3 SMD 501 Human Cadaver Anatomy Lab 4 Total 7 (7)	Course Year 1 Summer session two SMD 512 Orthopaedic Assessment 1 3 Total 3 (10)
Course Year 1 Fall semester SMD 505 Evidence Based Practice Sports Med 3 SMD 513 Orthopaedic Assessment 2 3 SMD 511 Principles of Rehabilitation 3 SML 511 Principles of Rehabilitation lab 2 SMD 515 Athletic Training Clinical Exp 1 3 Total 14 (24)	Course Year 1 Spring semester SMD 510 Therapeutic Agents 3 SML 510 Therapeutic Agents lab 1 SMD 514 Gen med conditions/pharmacology 3 SMD 516 Athletic Training Clinical Exp 2 3 Total 10 (34)
Course Year 2 Summer session one 	Course Year 2 Summer session two SMD 616 Athletic Training Clinical Exp 3 3 Total 3 (37)
Course Year 2 Fall semester SMD 530 Org/Admin of AT 3 SMD 617 Athletic Training Clinical Exp 4 4 SMD 640 Injury Risk/Prevention Strategies 3 SMD 654 Sport Phys in Pop & Evn 3 SML 654 Sport Phys in Pop & Env Lab 1 Total 14 (51)	Course Year 2 Spring semester SMD 618 Athletic Training Clinical Exp 5 4 SMD Elective 3 Total 7 (58)

Graduation & Degree Requirements: see graduate catalog for complete list of requirements.

<http://catalog.wcupa.edu/graduate/academic-policies-procedures/graduation-degree-requirements/>

- Completion of all requisite courses and credits with a cumulative average of 3.00, and compliance with specific GPA requirements as stipulated by the individual degree program.