

West Chester University
 BS in Sports Medicine Studies
 MS in **Athletic Training**
 5 year Accelerated Program Guidance Record Sheet (Entry Fall 2020)

| Fall Year 1 | | Credits Spring Year 1 | | Credits |
|--|--------|--|---------------|----------------|
| SMD 100 – Intro to Sports Med | 2 | WRT 200,208 or 220 | | 3 |
| BIO 110 - General Biology* | 3 | BIO/L 259- Anat/Phys 1* | | 4 |
| WRT 120- Eff. Writing 1 | 3 | SMD/L 204- First Aid Health Prof* | | 3 |
| PSY 100 (Gen Ed BSS1)-Psychology* | 3 | Arts or SPK 208 – “S” | | 3 |
| First Year Experience (FYE) | 4 | Gen Ed “J”-HEA 110 -Transcultural Hlth | | 3 |
| Total: | 15 | | Total: | 16(31) |
| Fall Year 2 | | Credits Spring Year 2 | | Credits |
| BIO/L 269-Anat/Phys 2* | 4 | NTD 303- Intro Nutrition* | | 3 |
| SMD 210(“W”, “I”) | 3 | Gen Ed Humanities 1 (“E”) | | 3 |
| MAT 121 – Statistics* or SMD 261* | 3 | PHY 100 -Elements Physical Science* | | 3 |
| Gen Ed Student Elective 1 (“S”) | 3 | SMD 261- Surface Anatomy* or MAT 121 | | 3 |
| SMD 361- Kinesiology* | 3 | Arts or SPK 208 – “S” | | 3 |
| | | Gen Ed Student Elective 2 (“W” 300 level) | | 3 |
| Total: | 16(47) | | Total: | 18(65) |
| Fall Year 3 | | Credits Spring Year 3 | | Credits |
| EXS 380 - Exercise Physiology* | 3 | NTD 422- Nut for health, fitness & sport* | | 3 |
| EXL 380- Exercise Physiology Lab* | 1 | CHE 107- Gen Chem Allied Hlth* | | 4 |
| SMD 420- Sports Medicine 1* | 3 | CRL 107 - Lab* | | 1 |
| Gen Ed BSS 2 | 3 | SMD 430- Sports Medicine 2* | | 3 |
| SMD 400 Special Topics* | 3 | SMD 450 Capstone* | | 3 |
| Gen Ed Hum2 (“W”) | 3 | SMD 500 Human Cadaver Anatomy* | | 2 |
| HEA 377 Pharmacology* | 2 | | | |
| Total: | 18(81) | | Total: | 16(99) |
| Summer 1 (MS in AT courses) | | Credits Summer 2 (MS in AT courses) | | Credits |
| SMD 501 Human Cadaver Dissection | 4 | | | |
| SMD 502 Prvt. and Care of Inj. and Illness | 3 | SMD 512 Orthopaedic Assessment 1 | | 3 |
| Total: | 7(106) | | Total: | 3(109) |

| Course | Year 1 Fall semester | Credits |
|--|-----------------------------|----------------|
| SMD 505 Evidence Based Practice | | 3 |
| SMD 511 Principles of Rehabilitation | | 3 |
| SML 511 Principles of Rehabilitation lab | | 2 |
| SMD 513 Orthopaedic Assessment 2 | | 3 |
| Total | | 11 (120) |

*Must earn a “C” or better in these courses

^Beginning in Summer 1 after Year 3, 23 credits from the MS in Athletic Training will be used to satisfy the final 23 credits for the BS in Sports Medicine Studies. The remaining coursework to satisfy the MS in Athletic Training is listed below.

Progression in to the MS in Athletic Training program: Application: An application and notification of intent to progress in to the MS in Athletic Training program must be completed by the announced deadline in the spring semester of the sophomore year. (see below for details)

Revised March 2020

West Chester University
Master of Science in Athletic Training
Curriculum Guidance Sheet

| <i>Year 1 Summer session one</i> | <i>Credits</i> | <i>Year 1 Summer session two</i> | |
|---|----------------|----------------------------------|----------|
| SMD 501 Human Cadaver Dissection | 4 | | |
| SMD 502 Prvt. and Care of Inj.and Illness | <u>3</u> | SMD 512 Orthopaedic Assessment 1 | <u>3</u> |
| Total: | 7 | Total: | 3 (10) |

| | | | |
|---|-----------------------|---|-----------------------|
| | | | |
| <u>Course</u> | <u>Credits</u> | <u>Course</u> | <u>Credits</u> |
| Year 1 Fall semester | | Year 1 Spring semester | |
| SMD 505 Evidence Based Practice | 3 | SMD 510 Therapeutic Agents | 3 |
| SMD 511 Principles of Rehabilitation | 3 | SML 510 Therapeutic Agents lab | 1 |
| SML 511 Principles of Rehabilitation lab | 2 | SMD 514 General Medical Conditions and Pharm. | 3 |
| SMD 513 Orthopaedic Assessment 2 | 3 | | |
| SMD 515 Athletic Training Clinical Experience 1 | <u>3</u> | SMD 516 Athletic Training Clinical Experience 2 | <u>3</u> |
| Total | 14 (24) | Total | 10(34) |
| | | | |
| <u>Course</u> | <u>Credits</u> | <u>Course</u> | <u>Credits</u> |
| Year 2 Summer session one | | Year 2 Summer session two | |
| | | SMD 616 Athletic Training Clinical Experience 3 | <u>3</u> |
| | | Total | 3 (37) |
| | | | |
| <u>Course</u> | <u>Credits</u> | <u>Course</u> | <u>Credits</u> |
| Year 2 Fall semester | | Year 2 Spring semester | |
| SMD 530 Org/Admin of AT | 3 | SMD 618 Athletic Training Clinical Experience 5 | 4 |
| SMD 617 Athletic Training Clinical Experience 4 | 4 | SMD Elective (SMD 400) | 3 |
| SMD 654 Sport Phys. in Pop & Evn. | 3 | SMD 640 Injury Risk & Prevention Strategies | <u>3</u> |
| SML 654 Sport Phys. in Pop & Env. Lab | <u>1</u> | | |
| Total | 11 (48) | Total | 10 (58) |

Progression into the M.S. in Athletic Training Program:

An application and notification of intent to progress into the M.S. in Athletic Training program must be completed by the announced deadline in the spring semester of the sophomore year.

A student must achieve a grade of C or better in all undergraduate major and related required courses. Students must have a 3.0 cumulative GPA to progress into the M.S. in Athletic Training program. (If applicable, transfer course grades will be calculated in to determine GPA.)

An interview with department faculty may be required.

Please see the department website for technical standards for the M.S. in Athletic Training.

Graduation & Graduate Degree Requirements: see graduate catalog for complete list of requirements.

<http://catalog.wcupa.edu/graduate/academic-policies-procedures/graduation-degree-requirements/>

- Completion of all requisite courses and credits with a cumulative average of 3.00, and compliance with specific GPA requirements as stipulated by the individual degree program.

WEST CHESTER UNIVERSITY
B.S. in Sports Medicine Studies
General Education Advising Guidelines

I. First Year Experience (4)

II. Academic Foundations (15)

- A. English Writing Courses (6)
Satisfied by WRT120 and WRT 200-level approved gen ed course
- B. Mathematics: (3)
Satisfied by **MAT 121**
- C. Diverse Communities (3)- One course with a "J"
designation Satisfied by recommended
HEA 110 -Transcultural Hlth
- D. Interdisciplinary (3) - One course with an I (Interdisciplinary) designation.
Satisfied by **SMD 210**. An interdisciplinary course may simultaneously meet the interdisciplinary and foreign culture cluster requirements. An interdisciplinary course may not be used to fulfill a general education requirement in the distributive areas and may not simultaneously satisfy the interdisciplinary and diverse communities requirements..

III. Distributive Requirements (21) - ***student is responsible to ascertain the course is Gen Ed approved**

- A. Sciences - 6 credits* (check approved list)
Satisfied by PHY100, CHE/CRL 107, and BIO110 requirements
- B. Behavioral and Social Sciences - 6 credits* (check approved list)
Satisfied by PSY100 and SMD 100
- C. Humanities - 6 credits*: (check approved list)
Satisfied by 2 approved courses from the following areas: Literature or Classics (check approved list)
History –(check approved list)
Philosophy (Recommended 101 or 180; check approved list)
- D. Arts* – (3) *student Humanities - 6 credits*: (check approved list)
Satisfied by taking 3 credits worth of coursework in approved art, cinematography, dance, music, photography or theater.

IV. Capstone (3)

Satisfied by SMD 400

V. Speaking Emphasis Requirement (9)

Satisfied by SPK 208 and 2 other approved courses

VI. Ethics Requirement (3)

VII. Writing Emphasis Courses (**one must be at 300-400 level**) **9 credits**. Note for transfer students: Transfer students who enter with 40-70 credits must take 2 writing emphasis courses. Students who transfer with 70 credits must take 1 writing emphasis course.

| <u>Course</u> | <u>Title</u> |
|---------------|---|
| 1. SMD 210 | Psychosocial Perspectives of Sport/Recreational Injuries (required) |
| 2. | |
| 3. | |

Program requirements: A student must achieve a grade of **C or better** in all undergraduate major and related required courses. Students must have a 3.0 cumulative GPA to progress into the MS in Athletic Training program. (If applicable, transfer course grades will be calculated in to determine GPA).

Major/Core Requirements- undergraduate courses: SMD 100, 204, 210, 261, 361, 400, 420, 430, 450, 500;

graduate courses: SMD 501, 502, 505, 511, 512, 513, SML 511

Related Requirements: BIO 110, 259, 269, CHE 107, CRL 107, PHY 100, EXS 380, EXL 380, HEA 377, NTD 303, NTD 422, PSY100, MAT 121